















A COMPREHENSIVE GUIDE FOR SENIORS AND PERSONS WITH DISABILITIES

# When you need us most, our family is here for you.

ENDURING A LOSS IS A CONFUSING AND DISORIENTING TIME, BUT THERE IS COMFORT TO BE FOUND IN KNOWING THAT WE ARE HERE TO HANDLE THINGS FOR YOU. A.J. HOLLY & SONS IS HERE TO SERVE YOU WITH A TRADITION OF CARE AND A LEGACY OF EXCELLENCE.

Respect
Dignity
Empathy

- Pre-arrangement
- Cremation
- Funeral
- Monument Services

# COMPASSION AND UNDERSTANDING IN YOUR TIME OF NEED

# A.J. HOLLY & SONS FUNERAL HOME

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	920-622-3774		CNIZ

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Serving Calumet, Outagamie and Waupaca Counties

# www.yourADRCresource.org

1-866-739-2372 (TOLL FREE)

For persons with hearing or speech impairments, CALL Wisconsin Relay Text Telephone

(TTY) 7-1-1

#### **CALUMET COUNTY**

206 Court St. Chilton, WI 53014

920-849-1451

#### **OUTAGAMIE COUNTY**

401 S. Elm St. Appleton, WI 54911

920-832-5178

#### WAUPACA COUNTY

811 Harding St. Waupaca, WI 54981

715-258-6400



Serving Calumet, Outagamie and Waupaca Counties

Your no-cost, single point of contact for information and assistance.

# We can help you sort through all of the options available and make informed decisions about:

- Maintaining your independence
- Choices for long-term care and related services
- Medicare benefits and other health-related benefits
- Social Security benefits
- Health and wellness programs
- Support services and resources in your community

We provide unbiased information about the providers and services in your community, their availability, and costs. Our team of professionals will work with you to find the right fit of options for your individual situation and provide the information you need to make the best decisions.

#### **■ WHO WE SERVE**

The Aging & Disability Resource Center of Calumet, Outagamie and Waupaca Counties serves adults who are in need of information and assistance, benefit specialist services, and health and wellness programs. This includes people who meet one or more of the following criteria:

- Have a developmental disability
- Have a physical disability
- Have a mental health issue
- Have substance abuse issues
- Are over age 60
- Are young adults with a disability who are transitioning to adulthood
- Are families, caregivers, or advocates for any of these individuals

Call for an appointment to meet with us at one of our locations, at your home or at another location in the community.



Serving Calumet, Outagamie and Waupaca Counties

# OUR PURPOSE AND MISSION

■ Our mission is to offer adults, families and the community a single point of contact for information and assistance, plus individualized service planning to enhance self-sufficiency and quality of life. We want to help people make the best decisions to prevent or postpone the need for long-term care services and preserve personal resources for as long as possible.

# www.your ADRCresource.org



# 1226 Berlin Street • Waupaca, Wisconsin 54981 Phone: (715) 258-5521 • Toll-free 1 (800) 310-5521 www.Bethanyof Waupaca.com





**Shadow Woods** consists of 40 duplexes differing in sizes and layouts, serving those 55 years and older. All duplexes have riverfront, lakefront or wooded views. Many amenities and services are offered.





Bethany Pines offers outstanding Assisted Living Apartments for active people who need some help with tasks of daily living. Floor plans include studio, one and two bedroom units. The staff of Bethany Pines is focused on the individual needs of residents and strive to make this a comfortable home for tenants, family and friends.





Bethany is a skilled nursing and rehabilitation facility serving residents requiring rehabilitation services or extensive assistance with daily living activities.

From the moment you come through the doors at Bethany, our professional team of Nurses, Therapists, Spiritual Leaders, Social Worker and Business Personnel will assist you in providing whatever support you need every step of the way.



Bethany employs Physical, Occupational and Speech Therapists whose specialized services include but are not limited to the following.

- Postoperative Rehabilitation
- Joint Replacement Therapy
- Stroke Management and Retraining Continence Management
- Fall Prevention and Positioning
- Arthritis Management
- Edema Control
- Management for Peripheral Neuropathy Wound Care Services
- Physical Conditioning and Cognitive Re-training for Community Re-entry
- Manual Techniques Including Trigger Point Release & MFR
- Modality treatments including e-stim, ultrasound & TENS
- Home evaluations prior to discharge

It is the policy of Bethany Home, Inc. to admit, treat, and serve all residents, clients, and visitors without regard to age, race, color, national origin, sex, religion, or disability.



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# **AGING AGENCIES**

### GREATER WISCONSIN AGENCY ON AGING RESOURCES

1414 MacArthur Road, Suite A Madison, WI 53714

608-243-5670

#### www.gwaar.org

Robert Kellerman, Executive Director
The Greater Wisconsin Agency on Aging Resources
provides advocacy, planning, coordination and
information to multiple county and tribal aging
departments and administers federal and state aging
funding to counties.

#### ■ BUREAU OF AGING AND DISABILITY RESOURCES

1 W. Wilson Street - Room 450 P.O. Box 7851 Madison, WI 53707-7851

Consumer Inquiries: 608-266-2536

#### http://dhs.wisconsin.gov

Donna McDowell, Bureau Director

The Bureau of Aging and Disability Resources is the state administrative agency for the Older Americans Act and other federal and state aging programs.

# The Source

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#### ■ DISABILITY BENEFIT SPECIALIST

Waupaca County Department of Health & Human Services 811 Harding Street Waupaca, WI 54981 715-258-6400

See Benefit Assistance

#### **■** ELDERCARE LOCATOR

715-258-6400 • 800-677-1116

#### www.eldercare.gov

9 a.m. to 6 p.m. Eastern Standard Time, Monday through Friday

Spanish speaking information specialists are on duty. The Eldercare Locator is a public service of the U.S. Administration on Aging. It is the first step to finding resources for older adults in any U.S. community. Just one phone call or Web site visit provides an instant connection to resources that enable older persons to live independently in their communities. The service links those who need assistance with state and local area agencies on aging and community-based organizations that serve older adults and their caregivers.

#### **■ ELDER BENEFIT SPECIALIST**

Waupaca County Dept. of Health & Human Services Aging & Disability Resource Unit 811 Harding Street Waupaca, WI 54981

715-258-6278

See Benefit Assistance

# ■ WAUPACA COUNTY DEPARTMENT OF HEALTH & HUMAN SERVICES

811 Harding Street Waupaca, WI 54981

715-258-6300

## www.co.waupaca.wi.us

Provides a myriad of services to the general public. Divisions include: Public & Community Health, Family & Community Services, Aging & Disability Resources, Community Behavioral Health, Child & Youth Services, and Economic & Employment Support.



## ■ WAUPACA COUNTY DEPARTMENT **OF HEALTH & HUMAN SERVICES**

AGING & DISABILITY RESOURCE UNIT 811 Harding Street Waupaca, WI 54981

715-258-6400

#### www.co.waupaca.wi.us

Aging and Disability Resource Centers (ADRCs) are the first place to go to get accurate, unbiased information on all aspects of life related to aging or living with a disability. ADRCs are friendly, welcoming places where anyone -- individuals, concerned families or friends, or professionals working with issues related to aging or disabilities -- can go for information specifically tailored to their situation. The ADRC provides information on a broad range of programs and services, helps people understand the various long term care options available to them, helps people apply for programs and benefits, and serves as the access point for publicly-funded long term care. These services can be provided at the ADRC, via telephone, or through a home visit, whichever is more convenient to the individual seeking help. The following services are available through the Aging & Disability Resource Center:

#### ■ ALZHEIMER'S FAMILY & CAREGIVER SUPPORT PROGRAM

Provides caregiver support and funding for respite care and adult day care for a family member of any age having Alzheimer's or any other irreversible dementia. See Caregiver Support

#### DISABILITY BENEFIT SPECIALIST

A Disability Benefit Specialist (DBS) is trained to counsel people ages 18-59 with physical disabilities, developmental disabilities, and/or mental illness and substance abuse issues about private or public benefits. DBSs are experts at helping people with extensive paperwork that is often required in benefit programs. Disability Benefit Specialists are continually trained by Disability Rights Wisconsin attorneys knowledgeable in disability benefits and who work closely with other state and local professionals.

Disability Benefit Specialists help answer questions and solve problems related to Social Security, Medicare, health insurance and other public and private benefits for people with disabilities. Services may include assistance with application and appeals procedures. Services are free and confidential.

#### See Benefit Assistance

#### **■ ELDER BENEFIT SPECIALIST PROGRAM**

An Elder benefit specialist is a person trained to help persons, age 60 or older, who are having a problem with their private or government benefits. They receive ongoing training and are monitored by attorneys knowledgeable in elder law. The attorneys are also available to assist older persons in need of legal representation on benefit matters.

#### Who Should Seek Help From An Elder Benefit Specialist?

- Residents 60 years of age and older who need assitance on public and private benefit issues.
- Older persons who need help in organizing the paperwork to apply for benefits.
- Older persons who have been denied a benefit that they think they are entitled to receive.

#### What can an Elder Benefit Specialist Do?

- Work closely with federal, state and local professionals connecting older persons to needed resources.
- Advocate on the your behalf with other parties.

## Benefit Specialists can help you with a variety of programs and issues, including:

- Medicare Part A, B & D
- Medicare Supplemental Insurance;
- Medicate Advantage Plans (Part C)
- Social Security
- Medical Assistance
- Homestead Tax Credit or Referral
- Housing & Utility Issues
- Wisconsin SeniorCare
- **Food Share**
- Legal Benefits and other concerns affecting people 60 and older.

#### See Benefit Assistance

#### ■ INFORMATION AND ASSISTANCE

AGING AND DISABILITY RESOURCE CENTER (ADRC) 715-258-6400

#### www.co.waupaca.wi.us

Under Health & Human Services select ADRC and/or Aging/Disability Newsletter

#### www.youradrcresource.org

Connects older adults, their families and caregivers with much needed information, services and programs in the community. Even if an older family member lives outside of the county or state, the department will help families access the services and agencies needed. The Aging & Disability Resource Unit also publishes a quarterly newsletter - the ADRC Connection.

## ■ LONG-TERM CARE OPTIONS COUNSELLING AGING AND DISABILITY RESOURCE CENTER

715-258-6400

#### www.co.waupaca.wi.us

Under Health & Human Services select ADRC

#### www.youradrcresource.org

The Aging and Disability Resource Center helps individuals and their families determine medical and other support needs as well as how to obtain those supports, so that individuals can remain independent and safe in their own homes. Options counselling also addresses eligibility for public funding and provides direction regarding how individuals can best use personal resources to pay for service needs. Options counselling is scheduled in the home of the individual.

## NATIONAL FAMILY CAREGIVER SUPPORT PROGRAM (NFCSP)

Supports and assists family caregiver with information and assistance in accessing services along with counselling, training, support groups and funds for respite care and supplemental services.

**See Caregiver Support** 

#### ■ NUTRITION PROGRAM FELLOWSHIP, FOOD & FUN

Provides an opportunity for persons age 60 and over and their spouses to enjoy a nutritious meal in a social setting at one of seven sites. For home bound individuals, home-delivered meals are available. All meals provided by this program are on a contribution basis, with donations a very necessary part of the budget.

See Food - Senior Dining Sites

#### **■ TRANSPORTATION PROGRAM**

Helps older and disabled adults access services and programs they need in order to remain independent. The Volunteer Driver Program provides certified drivers who provide rides for necessary medical appointments within Wisconsin.

See Transportation and Volunteer Opportunities

#### **■ VOLUNTEER PROGRAM**

This program is essential to helping the department meet the growing needs of older adults. Volunteers play a key role in the Congregate and Home Delivered Meal programs, and Volunteer Driver Program and many other key programs, too numerous to mention, within the agency.

**See Volunteer Opportunities** 

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# **ABUSE: ELDER & DOMESTIC**

TO REPORT ELDER ABUSE, PLEASE CALL:

## ■ WAUPACA COUNTY DEPARTMENT OF HEALTH & HUMAN SERVICES – AGING & DISABILITY RESOURCE UNIT

811 Harding Street Waupaca, WI 54981

715-258-6400

Help for families of all ages in crisis.

**CRISIS HOTLINE: 800-719-4418** 

#### **■ ELDER FINANCIAL EMPOWERMENT PROJECT**

Coalition of Wisconsin Aging Groups 6320 Monona Drive Madison, WI 53716

800-488-2596 • 608-224-0606

#### www.cwag.org

Provides information, advocacy and referral to elder victims of financial abuse.

#### ■ WISCONSIN COALITION AGAINST DOMESTIC VIOLENCE

307 S Paterson St., Madison

608-255-0539

www.wcadv.org

Advocacy network for domestic violence victims.

#### ■ WISCONSIN COALITION AGAINST SEXUAL ASSAULT, INC

600 Williamson St., Madison

608-257-1516

www.wcasa.org

# ADAPTIVE MEDICAL EQUIPMENT

#### **■** BILL-RAY HOME MOBILITY, LLC

1110 W. Kennedy Ave., Suite C Kimberly, WI 54136

920-257-4001

#### www.friendlybeds.com

The makers of Friendly Beds which provide heavyduty framework that goes over all ready existing beds, keeping your life as normal as possible yet giving heavy duty assistance for safety, mobility and overall independence.

#### ■ CEREBRAL PALSY, INC

Green Bay: 920-337-1122 TTY: 920-337-8811

#### www.cp-center.org/assistive

Providing persons with comprehensive assistive technology services and loan closet with augmentation devices.

# **ABUSE**

## **ELDER ADULT/ADULT-AT-RISK**

#### ■ WHAT IS AN ELDER ADULT/ADULT-AT-RISK?

Any adult (18-59) who has a physical or mental condition that substantially impairs his or her ability to care for his or her needs - or elder adult (age 60 and older) and who has experienced, is currently experiencing, or is at risk of experiencing abuse, neglect, self-neglect, or financial exploitation as defined below:

Physical/Sexual Abuse is the intentional or reckless infliction of physical pain or injury, illness, or any impairment of physical condition. It includes, but is not limited to beating, choking, burning, inappropriate medication, tying, locking a person up and a violation of criminal assault law.

**Financial Exploitation** is the misuse of an elder adult/ adult-at-risk's money or property. It includes deception, diverting income, mismanagement of funds, taking money or possessions against a person's will, failure of a fiscal agent to fulfill his or her responsibilities, identity theft and financial transaction card crimes.

**Neglect** occurs when a caregiver's failure to provide adequate food, shelter, clothing, medical or dental care results in significant danger to the physical or mental health of an elder adult/adult-at-risk person in their care.

**Self-Neglect** occurs when there is significant danger to an individual's physical or mental health because the individual is responsible for his or her own care but fails to obtain adequate care, including food, shelter, clothing, or medical or dental care.

#### ■ WARNING SIGNS OF ELDER ADULT/ADULTS-AT-RISK ABUSE:

- Sudden changes in behavior or finances
- · Physical injuries, dehydration or malnourishment
- Extreme withdrawal, depression or anxiety
- Absence of basic care or necessities
- Kept away from others
- Unsanitary living conditions
- Personal items missing

#### ■ SPEAK UP FOR ELDERS/ADULTS-AT-RISK!

How to report suspected abuse regarding an elder adult/adult-at-risk:

**Waupaca County Adult Protective Services** 715-258-6400 or after hours toll free 1-866-739-2372

All calls can be made anonymously and you do not need to prove that abuse is occurring. A social worker will investigate your suspicions and based on circumstances will offer support, assistance, or connections to the right services.

#### ■ ERICKSON HOME MEDICAL EQUIPMENT

8 S. Main Street Clintonville, WI 54929

715-823-2106 • 800-342-3085

#### www.ericksonhomemedicalequipment.com

Wheelchairs, scooters, ramps, lifts and other handicap equipment

#### ■ GT MOBILITY & SERVICES LLC

Green Bay: 844 Ontario Road

920-491-8384

Monona: 6045 Monona Drive

608-395-2350

Oshkosh: 2909 Green Hill Court

920-657-8890

Stevens Point: 2833 Stanley Street

715-341-2712

Toll Free: 877-741-8413 www.atmobilitv.com

#### **■ JERNIGAN'S HEALTH MART**

1301 Mill Street New London, WI 54961 920-982-7670 • 800-924-7670 www.jerniganshealthmart.com

#### ■ LARSEN-WINCHESTER LIONS - LOAN LOCKER

**Used Medical Equipment: 920-427-3244** 

**Build Ramps: 920-427-3236** 

(leave message--your call will be returned) Store open on Tuesdays 10 a.m. to 2 p.m. and 6 p.m. to 7 p.m. No appointment required. Location: We are located in the town of Larsen two buildings behind Clayton Town Hall and Fire Department building next to trailhead park.

#### **■** LINCARE

5009 Cove Drive Stevens Point, WI 54481

855-338-5027 • 715-343-5440

#### www.lincare.com

The mission of Lincare is to set standards of excellence for providing respiratory care, infusion therapy and medical equipment to patients in the home. Our company's success, which is characterized by responsiveness and clinical excellence, has been founded on the dedication of our professionals to quality care. Physicians, caregivers and patients trust Lincare to provide the quality care they expect and deserve.

#### MOBILITY FOR VETS WHEELCHAIR SHOP INC.

270 Grand Seasons Dr. • Waupaca, WI 54981 715-281-6175

Used Scooters, wheelchairs, walkers, etc. Quality repairs and services for the mobility needs of Veterans, their families, and others in need of such service.

#### ■ MUSCULAR DYSTROPHY ASSOCIATION

2625 Development Dr., #10 Green Bay, WI 54311 920-499-4571 www.mda.org

#### NUMOTION

920 N Westhill Blvd., Appleton 920-749-3777 • 888-599-4446

#### www.reliantrehab.com

Adult and pediatric custom rehab medical equipment. Equipment sales, rental and service. Retail showroom. Provides wheelchairs, medical equipment and rental equipment for sale or loan. Specializing in mobility products.

# "One today is worth two tomorrows."

-Benjamin Franklin

#### ■ OFFICE FOR THE BLIND AND VISUALLY IMPAIRED

3262 Church Street Stevens Point, WI 54481 800-382-8484, Ext. 223

www.dhs.wisconsin.gov/blind

Contact: Marge Lebrick

#### ■ OFFICE FOR THE DEAF & HARD OF HEARING

Northeastern Region 608-266-5641 www.dhs.wisconsin.gov/sensory

#### ■ SWEET MEDICINE PRESCRIPTIONS PLUS

155 N. Main St. • Iola, WI 54945

715-445-3117

#### **■** TELECOMMUNICATIONS EQUIPMENT PURCHASE PROGRAM (TEPP)

**Public Service Commission** P O Box 7854, Madison

800-231-3305 Voice • 800-251-8345 TTY

## http://psc.wi.gov/consumerinfo/

assistanceprograms/tepp/tepp-ind.htm Helps persons with disabilities buy equipment they need in order to use basic telephone services.

#### **■ THEDACARE AT HOME**

800-984-5554

www.thedacare.org

Waupaca: 710 Riverside Dr., 8:30 a.m. to 5 p.m., Mon—Fri

**Appleton:** 3000 E. College Ave., Suite A, 8:30 a.m. to 5 p.m., Mon, Tue, Wed, Fri and

8:30 a.m. to 7 p.m. Thur.

New London: 1405 Mill Street, 8:30 a.m. to 5 p.m., Mon-Fri Oshkosh: 2100 Omro Road. 8:30 a.m. to 5 p.m., Mon-Fri Shawano: 100 County Road B, 8:30 a.m. to 5 p.m. Mon-Fri

#### **■ TOY LENDING LIBRARY**

36 Broad Street, Suite 120 • Oshkosh, WI 54901

920-424-4071 • 800-261-1895

#### www.cpmideastwis.com/toy.html

Sponsored by Cerebral Palsy of Mideast Wisconsin. For children of all ages. A child with a disability may need modifications or adapted toys in order to interact with the environment intellectually. Toys are available, at no cost, for children with developmental delays, special needs or physical disabilities. Adaptive bike rentals available

■ USED HOME MEDICAL EQUIPMENT - USEDHME.COM A free listing service where people can buy, sell or donate used home medical equipment. Mobility scooters, powerchairs, stairlifts, wheel chair asccessible conversion vans, liftchairs, mobility batteries, patient lifts, scooter lifts, powerchair lifts, daily living aids, porchlifts, vertical lifts, portable ramps and bariatric equipment.

email: info@usedHME.com 920-471-7900

#### ■ WHEELCHAIR RECYCLING PROGRAM

Madison: 2554 Advance Road, 53718

608-243-1785

Brookfield: 3540 N. 126th St., Unit F, 53005

262-439-8248 www.wrp.org

#### ■ WINCHESTER LIONS CLUB

RAMP BUILDING PROGRAM: By Appointment (920)-427-3236

## ■ WISCONSIN COUNCIL OF THE BLIND & VISUALLY IMPAIRED

754 Williamson Street • Madison, WI 53703 800-783-5213 www.wcblind.org

#### ■ WISCONSIN TALKING BOOK & BRAILLE LIBRARY

813 West Wells Street • Milwaukee, WI 53233

Milwaukee: 414-286-3045

Elsewhere in Wisconsin: 800-242-8822

www.talkingbooks.wi.gov

Services: Recorded books, magazines, "talking books" and playback equipment loaned free of charge.

#### WISLOAN

877-463-3778

http://www.dhs.wisconsin.gov/disabilities/ wistech/wisloan.htm

Provides financing options to allow Wisconsin residents to purchase assistive technology devices.

# **ADAPTIVE EQUIPMENT: DRIVING** AIDS & VAN CONVERSION COMPANIES

#### ■ A & J MOBILITY

333 Washington Street Valders, WI 54245

920-775-9333

#### www.aandjmobility.com

Adaptive equipment for cars, trucks, and vans. Vehicle lifts, Bruno lifts, wheelchair equipment, vehicle modifications, etc.

#### ADVANTAGE MOBILITY

2833 Stanley St., Stevens Point 800-859-9041 • 715-341-2712

#### www.advmobility.net

Adaptive equipment for cars, truck, vans, vehicle lifts, etc.

#### BACH MOBILITIES

1617 N. 28th Street Escanaba, MI 49829

906-789-9490 • 800-828-2224 www.bachmobilities.com

#### **■ ERICKSON AUTO TRIM AND MOBILITIES**

644 Valley Road Menasha, WI 54952

920-731-7910 • 800-731-7910 www.myericksonmobility.com

#### **■** GT MOBILITY & SERVICES

Green Bay: 844 Ontario Road, I-43 Industrial Park

920-491-8384 • 877-741-8413 Stevens Point: 2833 Stanley Street 715-341-2712 • 800-859-9041

#### www.gtmobility.com

Adaptive equipment for cars, trucks and vans. Vehicle lifts, platform lifts, stair lifts, lift recliners, scooters, Bruno lifts, wheelchair equipment, portable ramps, vehicle modifications, Toiletvators, etc.

#### ■ ROLLX VANS

6591 W. Highway 13 Savage, MN 55378 800-956-6668 www.rollxvans.com

# **ADULT DAY SERVICES**

#### ■ CAHOOTS ADULT DAY SERVICES

Waupaca: 1035 Royalton St.

715-802-5002

Amherst: 137 N. Main St.

715-824-4341

#### CLARITY CARE INC.

424 Washington Ave. Oshkosh, WI 54901

920-236-6560 • 877-674-2273

#### www.information@claritycare.org

Provide services to persons with developmental disabilities and the Elder. Services include residential, home health, vocational employment, Respite, CBRF and day services.

#### ■ CROSSROADS CARE CENTER

717 E. Alfred Street Weyauwega, WI 54983 **920-867-3121** 

#### **■** GREENTREE HEALTH & REHAB CENTER

70 Greentree Road Clintonville, WI 54929

715-823-2194

www.greentreehealthandrehab.com

#### ■ IOLA LIVING ASSISTANCE

185 S. Chet Krause Drive - P.O. Box 237 Iola, WI 54945

715-445-2412

www.iolalivingassistance.org

#### ■ MANAWA COMMUNITY NURSING CENTER

400 E. Fourth Street Manawa, WI 54949 **920-596-2566** 

www.manawanursingcenter.com

# NEW LONDON ADULT DAY SERVICES – DEVELOPMENTAL DISABILITIES

Lutheran Social Services 500 W. Washington Street New London, WI 54961 920-982-9267 www.lsswis.org

# **ADVOCACY**

#### ■ AARP - AMERICAN ASSOCIATION OF RETIRED PERSONS

National: 888-687-2277

www.aarp.org

Wisconsin: 866-448-3611 www.aarp.org/states/wi,

Email: wistate@aarp.org

A national organization serving the needs of people age 50 and older through advocacy, research and consumer information.

#### ■ ACT NOW (OPTIONS FOR INDEPENDENT LIVING)

888-465-1515 • TTY: 920-490-0600

Legislative advocacy network for persons with disabilities or the Elder.

#### ACTION ALERT

800-332-1677 Madison 608-266-7826 www.dawninfo.org help@wcdd.org

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#### ■ ARC – WAUPACA COUNTY

715-823-2823

For Developmentally Disabled Individuals

#### AUTISM SOCIETY FOX VALLEY

1806 Appleton Rd, Menasha

920-968-6829

#### www.focal.org/asfv

Provides information, advocacy, support and education to persons with autism and their families

#### AUTISM SOCIETY OF WISCONSIN

888-428-8479

#### www.asw4autism.org

Provides information and advocacy about autism and provides resource links.

#### ■ BOARD ON AGING AND LONG TERM CARE (BOALTC)

Long Term Care Ombudsman Program

715-345-5229 • 800-815-0015

## www.dhs.state.wi.us/aging/BOALTC/LTCOMBUD.htm

Protects and promotes the rights of long term care consumers. Responds to complaints and problems of nursing home and community based residential facility residents and their families.

#### ■ BRAIN INJURY ASSOCIATION OF WISCONSIN (BIAW)

Helpline: 800-882-9289

#### www.biaw.org

Provides advocacy, education, information, resources, prevention and support services to persons with brain injury.

# COALITION OF WISCONSIN AGING GROUPS (CWAG) WISCONSIN GUARDIANSHIP SUPPORT

2850 Dairy Drive, Suite 100 Madison, WI 53718

608-224-0606, Ext. 314 · · 800-366-2990

800-488-2596, Ext. 314

www.cwag.org

#### www.cwag.org/legal/guardian-support

Nonprofit, nonpartisan group providing information on concerns of Wisconsin's older persons. Advocacy representation on civic and political issues.



#### DISABILITY BENEFIT SPECIALIST

Waupaca County Department of Health & Human Services Aging & Disability Resource Center 811 Harding Street Waupaca, WI 54981

715-258-6400

\*Serves people ages 18-59

See Benefit Assistance.

#### **■ DISABILITY RIGHTS OFFICE**

Federal Communications Commission Consumer and Governmental Affairs Bureau 445 12th St. SW Washington, DC 20554

888-225-5322

#### www.fcc.gov/cgb/dro

It is a very high priority with us that people with disabilities, such as a hearing, visual, speech or other types of disability, get the same opportunities as everyone else to telecommunicate.

#### **■ DISABILITY RIGHTS WISCONSIN**

131 W. Wilson Street, Suite 700 Madison, WI 53703 608-267-0214 • 800-928-8778 www.disabilityrightswi.org

#### **■ ELDER BENEFIT SPECIALIST**

Waupaca County Department of Health & Human Services Aging & Disability Resource Center 811 Harding Street Waupaca, WI 54981

715-258-6400

\*Serves people age 60+

See Benefit Assistance

#### ■ FAIR HOUSING CENTER OF NORTHEAST WISCONSIN

2323 A W. Everett St., Appleton 920-733-7417 • 877-647-3247 www.fairhousingwisconsin.com

#### **■** GREAT LAKES INTERTRIBAL COUNCIL

P.O. Box 9 Lac du Flambeau, WI 54538 800-472-7207 www.glitc.org

> "Try to be a rainbow in someone's cloud."

> > -Maya Angelou

#### ■ GREATER WISCONSIN AGENCY ON AGING RESOURCES

1414 MacArthur Road, Suite A Madison, WI 53714

608-243-5670

#### www.gwaar.org

Robert Kellerman, Executive Director Provides advocacy, planning, coordination and information to multiple county and tribal aging departments. Administers federal and state aging funding to counties.

#### **■ KATIE BECKETT PROGRAM**

608-266-3236

#### www.katiebeckettwisconsin.org

The Katie Beckett Program is a special eligibility process that allows certain children who are residents of Wisconsin with long-term disabilities or complex medical needs, living at home with their families, to obtain a Wisconsin Medicaid card. Certain criteria must be met.

#### ■ LONG-TERM CARE OMBUDSMAN PROGRAM

715-345-5229 • 800-815-0015

#### http://longtermcare.wi.gov

Responds to complaints and problems of nursing home and community based residential facility residents and their families.

#### ■ NAMI FOX VALLEY, INC.

211 E. Franklin St., Appleton

920-954-1550

#### www.namifoxvalley.org

Provides advocacy, education and support to persons with brain disorders and mental illness.

#### OPTIONS FOR INDEPENDENT LIVING INC.

Thompson Community Center Appleton: 820 W College Ave

920-997-9999 • 920-882-9309

Green Bay: 555 Country Club Rd, P O Box 11967

888-465-1515

#### www.optionsil.com

Assists persons living independently who have disabilities by providing advocacy, peer support, assistive/medical equipment, skills training, benefits counselling etc.

#### ■ TAXPAYER ADVOCATE SERVICE

877-777-4778

#### www.irs.gov

Helps taxpayers resolve ongoing tax issues that cannot be resolved through the IRS.

#### U.S. DEPARTMENT OF HOUSING AND URBAN DEVELOPMENT – HOUSING DISCRIMINATION

Hotline: 800-669-9777

Provides information on fair housing rights and responsibilities. Accepts housing complaints.

# ■ WAUPACA COUNTY DEPARTMENT OF HEALTH & HUMAN SERVICES AGING & DISABILITY RESOURCE UNIT

811 Harding Street Waupaca, WI 54981

715-258-6400

#### www.co.waupaca.wi.us

Aging and Disability Resource Centers (ADRCs) are the first place to go to get accurate, unbiased information on all aspects of life related to aging or living with a disability. ADRCs are friendly, welcoming places where anyone — individuals, concerned families or friends, or professionals working with issues related to aging or disabilities — can go for information specifically tailored to their situation. The ADRC provides information on a broad range of programs and services, helps people understand the various long term care options available to them, helps people apply for programs and benefits, and serves as the access point for publicly-funded long term care. These services can be provided at the ADRC, via telephone, or through a home visit, whichever is more convenient to the individual seeking help.

#### ■ WAUPACA COUNTY DEPARTMENT OF HEALTH & HUMAN SERVICES

811 Harding Street • Waupaca, WI 54981

715-258-6300

#### www.co.waupaca.wi.us

Provides a myriad of services to the general public. Divisions include: Public & Community Health, Family & Community Services, Aging & Disability Resources, Community Behavioral Health, Child & Youth Services, and Economic & Employment Support.

## WISCONSIN COUNCIL ON DEVELOPMENTAL DISABILITIES (WCDD)

201 W Washington Ave. • Madison 888-332-1677 • 608-266-6660 TTY www.wcdd.org

#### **■ WISCONSIN PARKINSON ASSOCIATION**

Aurora Sinai Center 945 N 12th St. • Milwaukee, WI

800-972-5455

#### www.parkinson.org

Advocacy, support and educational programs for persons with Parkinson disease and their families.

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# RESOURCES FOR FAMILIES WITH SPECIAL NEEDS CHILDREN

Statewide agencies supporting Wisconsin families who have a child with a disability:

## ■ GREAT LAKES INTERTRIBAL COUNCIL CHILDREN WITH SPECIAL HEALTH CARE NEEDS PROGRAM AND BIRTH TO 3 PROGRAM

P.O. Box 9 Lac du Flambeau, WI 54538

800-472-7207 www.glitc.org

# ■ NORTHEAST REGIONAL CENTER FOR CHILDREN & YOUTH WITH SPECIAL HEALTH CARE NEEDS (CYSHCN)

Children's Hospital of Wisconsin – Fox Valley Concorde Building 325 Commercial Street, Suite 400 Neenah, WI 54956 920-969-5325

920-969-5325 877-568-5205

www.northeastregionalcenter.org

# ■ WISCONSIN FAMILY ASSISTANCE CENTER FOR EDUCATION, TRAINING & SUPPORT (WIFACETS)

414-374-4645 877-374-0511 Fax: 414-374-4655 www.wifacets.org

Providing opportunities to enhance the quality of life for children and adults with disabilities and their families.

#### **■** WISCONSIN FAMILY TIES

800-422-7145 (This number, parents only please.) 608-267-6888 (Other) www.wifamilyties.org

A statewide not-for-profit organization run by families for families that include children and adolescents who have emotional, behavioral and mental disorders - without judgment - because we've been there too.

#### ■ WISCONSIN FIRST STEP HOTLINE

800-642-7837 (24/7, 365 days a year.)

(During business hours, line is answered by parent specialists who have children with special needs).

#### www.mch-hotlines.org

Does your child, ages 0-21, have special needs? Do you have questions and don't know where to get answers? We provide specialized information and referral services in the following areas: financial assistance, early intervention, advocacy, support groups, medical/health counselling, transportation and assistive technology.

# ■ WISCONSIN STATEWIDE PARENT-EDUCATOR INITIATIVE (WSPEI)

877-844-4925

http://dpi.wi.gov/sped/parent.html

# **ALCOHOL, AODA**

#### ■ ADDICTION TREATMENT HOTLINE

866-244-4986

#### ■ ALCOHOLICS ANONYMOUS

P.O. Box 435

Stevens Point, WI 54481

AA Hotline: 888-292-6677

http://district04.tige.net

Other areas:

Appleton Hotline: 920-731-4331 Oshkosh Helpline: 920-410-4620

www.district02aa.org

#### ■ AFFINITY BEHAVIORAL HEALTH SERVICES

St. Elizabeth Hospital 1506 S Oneida St. Appleton, WI

920-730-4411

## www.affinityhealth.org

Alcohol and drug abuse treatment

#### ■ CASA CLARE - WOMEN'S FACILITY

Intensive Inpatient Program
Transitional Phase
Apartment Program
After Care (Maintain Recovery)
201 S Glenridge Court
Appleton, WI
920-731-3981

#### ■ FAMILY SERVICES OF NORTHEAST WISCONSIN, INC.

1810 Appleton Rd. Menasha, WI

920-739-4226

## www.familyservicesnew.org

Alcohol and drug abuse assessment and counselling

# ■ LUTHERAN SOCIAL SERVICES OF WISCONSIN AND UPPER MICHIGAN

Thompson Community Center 820 W. College Ave. Appleton, WI 54914 **920-225-1700 (Side By Side)** 

www.lsswis.org

#### ■ MOORING HOUSE - MEN'S FACILITY

Intensive Inpatient Program
Transitional Phase
Apartment Program
After Care (Maintain Recovery)
607 W. 7th Street
Appleton, WI 54911

Toll Free: 1-877-747-2253

#### ■ SERENITY RECOVERY CLINIC

P.O. Box 404 401 W. Water St. #203 New London, WI 54961 920-250-5738

FAX: 920-250-5736

Services for those dealing with substance abuse and chemical dependency.

#### **■ THEDACARE BEHAVIORAL HEALTH**

1095 Midway Road Menasha, WI 54952

920-720-2300 • 800-501-8247

Alcohol and substance abuse counseling

# ■ WAUPACA COUNTY DEPARTMENT OF HEALTH & HUMAN SERVICES – COMMUNITY BEHAVIORAL HEALTH

811 Harding Street Waupaca WI 54981

715-258-6304 • 715-258-6305

# ALZHEIMER'S DISEASE, DEMENTIA SERVICES

## ALZHEIMER'S ASSOCIATION OF GREATER WISCONSIN CHAPTER

2900 Curry Lane, Suite A Green Bay, WI 54311 **920-469-2110** 

Fox Valley Outreach Office-1535 Lyon Drive Neenah, WI 54956

920-727-5541

Helpline: 800-272-3900

(24 hours a day, 365 days a year)

#### www.alz.org/gwwi

Provides Alzheimer's-related information and referral for support services, including the Helpline, educational and respite care programs, support groups, etc.

#### ■ ALZHEIMER'S CENTER OF EXCELLENCE

ThedaCare Behavioral Health 444 N Westhill Blvd. Appleton 54914

920-720-2300

#### www.thedacare.org

Provides accurate diagnosis and comprehensive treatment in helping Alzheimer's disease and dementia patients.

## ALZHEIMER'S FAMILY & CAREGIVER SUPPORT PROGRAM (AFCSP) AND ALZHEIMER'S NATIONAL FAMILY & CAREGIVER SUPPORT PROGRAM (NFCSP)

Waupaca County Department of Health & Human Services – Aging & Disability Resource Unit 811 Harding Street Waupaca, WI 54981

715-258-6400

See Caregiver Support

## CAREGIVER SUPPORT GROUP FOR FAMILY CAREGIVERS AND FRIENDS

Aging and Disability Resource Center (ADRC)

715-258-6400

#### www.youradrcresource.org

Several caregiver support programs are held throughout the area. Please call for the one most convenient for you.

Information is also available for support groups for long distance caregivers. The ADRC will help you to locate one nearest you. Funding may be available to help with respite and transportation to a support group or other caregiver support program. Just what you need to get the support and care for you.

See Caregiver Support

#### **■ FOX VALLEY MEMORY PROJECT**

Thompson Community Center 820 W. College Ave. Appleton, WI 54914

920-225-1724

www.foxvalleymemoryproject.org

#### **■** GERIATRIC MEMORY DISORDERS CLINIC

Froedtert Hospital • East Clinic 4th Floor Internal Medicine Clinic 9200 W. Wisconsin Ave. Milwaukee WI 53226

414-805-6644

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#### ■ HOME SAFETY FOR DEMENTIA CARE

#### www.thiscaringhome.org

Provides information on best practices and home safety for dementia care and social networking to caregivers to share information.

#### ■ NEUROSCIENCE GROUP OF NORTHEAST WISCONSIN

1305 W American Dr., Neenah

920-725-9373 • 800-201-1194

Provides dementia diagnosis and management.

#### **■ SAFE RETURN**

#### 888-572-8566

Alzheimer's Association Safe Return® is a nationwide identification, support and enrollment program that provides assistance when a person with Alzheimer's or a related dementia wanders and becomes lost locally or far from home. Assistance is available 24 hours a day, 365 days a year. If an enrollee is missing, one call immediately activates a community support network to help reunite the lost person with his or her caregiver. Safe Return faxes the enrolled person's information and photo, if provided, to local law enforcement. When the person is found, a citizen or law official calls the 800 number on the identification products and Safe Return notifies listed contacts. The nearest Alzheimer's Association office provides information and support during the search and rescue efforts.

# ■ TAKING CARE OF YOU: POWERFUL TOOLS FOR CAREGIVING

Aging and Disability Resource Center

715-258-6400 (Information on future sessions.)

This is a 6-week program that is offered at least two times a year. If you need respite or supervision for your loved one so that you can attend, please call for arrangements.

## ■ THE PROGRESSION OF DEMENTIA: SEEING GEMS, NOT JUST LOSS

Waupaca Senior Center

715-258-4437

Wednesdays, 1:30 – 3:00 pm

This free 6-week program is repeated throughout the year & describes the changes at various stages as well as helpful tips for caregivers, family & friends of people with dementia. With video excerpts from national dementia expert, Teepa Snow, and facilitated by staff of Bethany Home.

#### ■ WISCONSIN ALZHEIMER'S INSTITUTE

www.wai.wisc.edu

#### MEMORY DISORDER CLINICS

#### ■ ASPIRUS MEMORY CLINIC

2720 Plaza Drive, Suite 1400B Wausau, WI 54403

715-847-2004 • 866-236-1573

#### **■** CARE PARTNERS CLINTONVILLE

59 Industrial Ave. Clintonville, WI 54929

715-460-3466

#### **■ CENTER FOR SENIOR HEALTH AND LONGEVITY**

Sinai Samaritan Medical Center 1020 N. 12th Street Milwaukee, WI 53233

414-219-7300

Primary care and other consult services available.

#### ■ FROEDTERT HOSPITAL AND MEDICAL COLLEGE

**Community Memorial Medical Commons** Geriatric Memory Disorders Clinic Senior Health Program West 129 N7055 Northfield Dr., Suite 302 Menominee Falls, WI 53051 262-253-5400

#### ■ FROEDTERT HOSPITAL AND MEDICAL COLLEGE

**Neurology Memory Disorders Clinic** 414-805-3666 • 800-272-3666

#### **■** GERIATRIC MEMORY DISORDERS CLINIC

Froedtert Hospital East Clinic, 4th Floor Internal Medicine Clinic 9200 W. Wisconsin Ave. Milwaukee WI 53226

414-805-6644

#### ■ MANAWA COMMUNITY LIVING CENTER

400 E.4th St. Manawa, WI 54949 920-596-2566

#### ■ MARSHFIELD CLINIC - NEUROSCIENCES

MEMORY DISORDERS CLINIC 1000 N. Oak Avenue Marshfield, WI 54449 715-387-5350 • 800-699-3377 www.marshfieldclinic.org

#### ■ PSYCHIATRY-ALZHEIMER'S CENTER OF EXCELLENCE

ThedaCare Behavioral Health 1095 Midway Road Menasha, WI 54952 920-720-2300 • 800-501-8247

## ■ UNIVERSITY OF WISCONSIN HEALTH HOSPITAL AND CLINICS - MEMORY ASSESSMENT CLINIC

2880 University Avenue Madison, WI 53705 608-263-7740 www.uwhealth.org

# ASSISTED LIVING: ELDERLY

## ADULT FAMILY HOME (AFH)

#### ■ AURORA RESIDENTIAL ALTERNATIVES #118

N2349 Ashley Court Waupaca, WI 54981 715-256-0485

#### **■** BRENDAN HOUSE

2289 Appletree Lane Waupaca, WI 54981 715-258-7308

#### ■ CLARITY CARE PINE STREET

359 Pine Street Manawa, WI 54949 920-596-2633

#### ■ COMFORTS OF HOME OF IOLA

410 E. Ellefson Street Iola, WI 54945 715-445-5325

#### GUARDIAN ANGEL

N3535 Beat City Road New London, WI 54961 920-982-7348

#### ■ GUARDIAN ANGEL II FOSTER CARE

1416 Werner-Allen Road New London, WI 54961 920-284-2402

## ■ MAPLECREST DAVIS AFH

E5753 North Water Drive Manawa, WI 54949 920-596-2417

#### ■ PARK LANE

207 Park Lane Clintonville, WI 54929 920-236-6560

#### ■ PARTRIDGE

530 Partridge Drive New London, WI 54961 920-236-6560

#### ■ PHEASANT

531 Pheasant Drive New London, WI 54961 920-236-6560

#### COMMUNITY BASED RESIDENTIAL FACILITIES (CBRF)

#### ■ BEACON HOUSE

307 W Cook St New London WI 54961 920-982-7352

#### ■ CARE PARTNERS ASSISTED LIVING

59 Industrial Avenue Clintonville, WI 54929 715-460-3466 715-460-3477

http://www.carepartners-countryterrace.com

#### ■ GARDEN PARK HOUSE

109 W Lake Street Waupaca, WI 54981 715-258-2191

#### ■ KINDRED HEARTS

Clintonville: 76 W Greentree Road, 54929,

715-823-7300

New London: 1706 Taubel Boulevard, 54961,

920-982-0686 www.khearts.com



gardenparkhouse@yahoo.com

#### ■ MANAWA COMMUNITY LIVING CENTER - ASSISTED LIVING

401 E.4th Street Manawa, WI 54949 920-596-2566

#### ■ MCKINLEY HOUSE

75 N Park St Clintonville WI 54929 715-582-3032

#### ■ PARK VISTA – THE LEGACY

1403 Churchill St. Waupaca, WI 54981 Contact: Kelley Robinson – RN Administrator kelley.robinson@parkvistaliving.org

715.942.0047

#### parkvistaliving.org

22 Bed CBRF Class CNA facility. 55 and older persons requiring intermediate care needs or dementia services. Private rooms with full bathrooms. Spa Room with whirlpool tub. Secured door system, emergency pendants, emergency pull cords. Nurse available. 24/7 staff access. Respite services available. Peaceful, park-like setting nestled up to Waupaca's Crystal River. Secured patio area. Free w/c accessible transportation services. Social, physical and creative activities. Home cooked meals served daily.

#### STRONG HAVEN

N3501 Hwy 110 Weyauwega, WI 54983 920-867-2801

#### ■ TRINITY TERRACE

1835 Division Street New London, WI 54961 920-982-5354

#### ■ WAUPACA ELDER CARE

510 River Street Waupaca, WI 54981 715-258-9681

## ■ WHISTLING PINES NORTH LLC

121 Hwy QQ, Building K Waupaca, WI 54981 715-256-9193

## RESIDENTIAL CARE APARTMENT COMPLEXES (RCAC)

#### ASTER ASSISTED LIVING OF CLINTONVILLE

38 North Main Street Clintonville, WI 54929

715-823-4344

#### BETHANY PINES

50 Shadow Woods Lane Waupaca, WI 54981

715-258-5521

#### LIVING OAKS

505 W. Iola Street Iola, WI 54945

715-445-4440

#### ■ PARK VISTA RETIREMENT LIVING

950 Hwy QQ Waupaca, WI 54981 715-256-0100

#### **■** THE WASHINGTON CENTER

500 Washington Street New London, WI 54961 920-982-5354

#### APARTMENT COMPLEXES WITH SUPPORT SERVICES

#### **■ BUTTERNUT RIDGE APARTMENTS**

185 S. Chet Krause Drive Iola, WI 54945

715-445-2412

Eligibility requirements: Age 55 and over.

#### ■ MARIAN HEIGHTS APARTMENTS

101 E. Beckert Rd New London, WI 54961 920-982-5354

#### **■** THE WASHINGTON CENTER

500 Washington Street New London, WI 54961 920-982-9200

# **ASSISTED LIVING: DEVELOPMENTALLY DISABLED**

# **ADULT FAMILY HOME (AFH)**

#### ■ AURORA RESIDENTIAL ALTERNATIVES #118

N2349 Ashley Court Waupaca, WI 54981

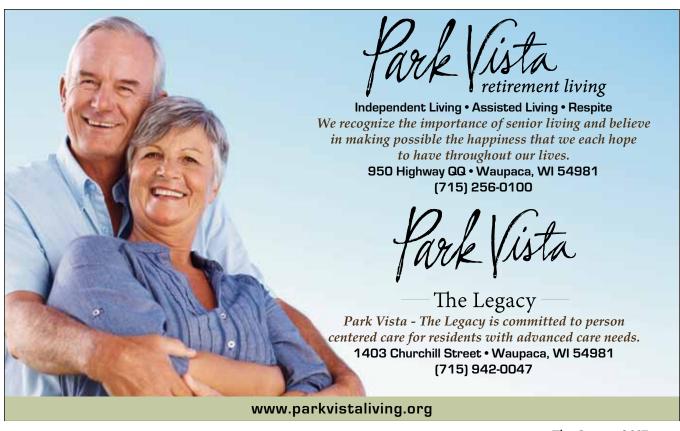
715-256-0485

#### **■** BRENDAN HOUSE

2289 Appletree Lane Waupaca, WI 54981

715-258-7308

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# **HOW TO CHOOSE** THE RIGHT ASSISTED LIVING FACILITY

#### ■ WHAT IS ASSISTED LIVING?

Assisted living facilities offer housing alternatives for older adults who may need help with dressing, bathing, eating, and toileting, but do not require the intensive medical and nursing care provided in nursing homes.

Assisted living facilities may be part of a retirement community, nursing home, senior-housing complex, or may stand-alone. Licensing requirements for assisted living facilities vary by state and can be known by as many as 26 different names including: residential care, board and care, congregate care, and personal care.

#### ■ WHAT SERVICES ARE PROVIDED?

Residents of assisted living facilities usually have their own units or apartment. In addition to having a support staff and providing meals, most assisted living facilities also offer at least some of the following services:

- Health care management and monitoring
- · Help with activities of daily living such as bathing, dressing, and eating
- Housekeeping and laundry
- Medication reminders and/or help with medications
- Recreational activities
- Security
- Transportation

#### ■ HOW TO CHOOSE A FACILITY?

A good match between a facility and a resident's needs depends as much on the philosophy and services of the assisted living facility as it does on the quality of care.

The following suggestions can help you get started in your search for a safe, comfortable and appropriate assisted living facility:

- Think ahead. What will the resident's future needs be and how will the facility meet those needs?
- Is the facility close to family and friends? Are there any shopping centers or other businesses nearby (within walking distance)?
- Do admission and retention policies exclude people with severe cognitive impairments or severe physical disabilities?
- Does the facility provide a written statement of the philosophy of care?
- · Visit each facility more than once, sometimes unannounced.
- Visit at meal times, sample the food, and observe the quality of mealtime and the service.
  - Observe interactions among residents and staff.

- · Check to see if the facility offers social, recreational, and spiritual activities?
  - Talk to residents.
- Learn what types of training staff receive and how frequently they receive training.
  - Review state licensing reports.

## **■ THE FOLLOWING STEPS SHOULD ALSO BE CONSIDERED:**

- Contact your state's long-term care ombudsman to see if any complaints have recently been filed against the assisted living facility you are interested in. In many states, the ombudsman checks on conditions at assisted living units as well as nursing homes.
- Contact the local Better Business Bureau to see if that agency has received any complaints about the assisted living facility.
- If the assisted living facility is connected to a nursing home, ask for information about it, too. (Information on nursing homes can be found on the Medicare website at http://www.medicare.gov/nhcompare/home.asp).

#### ■ WHAT IS THE COST FOR ASSISTED LIVING?

Although assisted living costs less than nursing home care, it is still fairly expensive. Depending on the kind of assisted living facility and type of services an older person chooses, the price costs can range from less than \$10,000 a year to more than \$50,000 a year. Across the U.S., monthly rates average \$1,800 per month.

Because there can be extra fees for additional services, it is very important for older persons to find out what is included in the basic rate and how much other services will cost.

Primarily, older persons or their families pay the cost of assisted living. Some health and long-term care insurance policies may cover some of the costs associated with assisted living. In addition, some residences have their own financial assistance programs.

The federal Medicare program does not cover the costs of assisted living facilities or the care they provide. In some states, Medicaid may pay for the service component of assisted living. Medicaid is the joint federal and state program that helps older people and those with disabilities pay for health care when they are not able to afford the expenses themselves.

For information on local resources call the Aging and Disability Resources Center at 715-258-6400.



If you're looking for a place to maintain your current independent lifestyle, yet receive some assistance with daily living, The Washington Center is for you.

We offer efficiency, one- and two-bedroom apartments with a variety of amenities, social activities and care, all depending on your individual needs, such as:

- Well-balanced meal plans
- Housekeeping and laundry services
- 24-hour on call Registered Nurse
- Therapy services available
- Medication management
- All utilities included

The Washington Center is operated by St. Joseph Residence - The Washington Center, Inc.

500 W. Washington St., New London, WI • 920-982-5354 www.StJosephResidence.com



Trinity Terrace - Assisted Living is designed for people who would like moderate assistance with daily living activities. With 24 hour-a-day assistance available, residents maintain a level of independence according to individual ability, while enjoying the socialization as part of a small community.

#### Services include:

- Registered Nurse directed Plan of Care 24-hour Certified Nursing Assistant staff • Balanced meals • Medication management • Health monitoring • Registered Nurse on call 24-hours a day • Daily activities • Chapel services
- Housekeeping and laundry Utilities, cable TV, phone, wireless internet included

1835 Division St., New London, WI • 920-982-5354 www.StJosephResidence.com



St. Joseph Residence is a faith-based organization offering you the highest quality nursing care and rehabilitation services for the mind, body and spirit.

#### Rehabilitation

- Physical therapy Occupational therapy Speech therapy
- Respiratory therapy Individualized goal-focused approach Home safety evaluations prior to discharge
- Outpatient therapy to provide continuity of care

#### **Skilled Nursing**

- Intravenous antibiotics Tube feedings Ostomy care
- Non-ventilator tracheostomy care Wound care

St. Joseph Residence is licensed to provide care for private pay residents, as well as those insured by Medicare, Medicaid and many private insurance plans.

107 East Beckert Road, New London, WI • 920-982-5354 www.StJosephResidence.com



You'll find convenience, comfort and security when you make your home here. Designed especially for independent seniors—offering the comforts of a private home with the benefits of community.

Your one- or two-bedroom apartment features all you need for carefree living plus the special extras that truly enrich your retirement years, including:

- Cable TV TV security system Independent climate control with a/c • Emergency call system • Heated underground parking • Attractive lounge and dining room
- Stove and refrigerator Lawn care, snow removal and garbage collection

#### **Additional options:**

 Dietary consultations • Noon meals for general and restricted diets • Room service meals during short-term illnesses • Housekeeping • Laundry Service

101 East Beckert Rd., New London, WI • 920-982-5354 www.StJosephResidence.com

# **HOUSING WITH SUPPORTIVE SERVICES:** OPTIONS FOR OLDER PEOPLE

The following describes the various options available to older people who need supportive services in their place of residence. Choice of a suitable alternative depends on a number of factors, including lifestyle preferences, the level of support needed, cost, and the options available in a particular community. Some of the options are subject to specific government regulation, while others are not.

#### IN HOME CARE

Care services can be provided to older people in their own home or apartment. Homemaker, chore services, home delivered meals, home health care, attendant care, and transportation are some of the services that make it possible for people with long term care needs to remain in their homes. These can be arranged through public social service agencies, purchased from private agencies, or provided by family and friends. While most services are unregulated, home health agencies are licensed by the state and services arranged under the Community Options and Medicaid waivers are monitored by a case manager.

## ■ SENIOR HOUSING/INDEPENDENT LIVING **APARTMENTS**

Senior housing is multi-unit rental housing that is specially designed for and marketed to elder tenants. Most offer studio and/or one bedroom apartments and some have a recreation room or other common space for social gatherings. There may be a manager available to make referrals, organize events, or assist with independent living. Tenants may individually arrange for supportive services from outside providers, as with any in-home care. No license or special regulation is required for the facility.

#### ■ RESIDENTIAL CARE APARTMENT COMPLEX (RCAC)

RCACs combine apartment housing with supportive, personal and nursing services. Residents have their own apartments, including full bath and kitchen facilities, and retain control over their personal space, care decisions and daily routines. Services are individually tailored to each resident's capacities and preferences and are adjusted as necessary to avoid requiring people to move when their condition deteriorates with age. Facilities may provide up to 28 hours of service per resident per week. RCACs are either registered or certified. Certified facilities will be monitored by the state and eligible to receive Medical Assistance waiver funding, registered facilities will not.

#### ■ ADULT FAMILY HOME

An adult family home is a residence where one to four unrelated adults live and receive meals, supervision, and personal care. Many adult family homes, especially those with only one or two paying residents, are private homes where elder or people with disabilities live with a foster family. Others are staffed homes. Adult family homes caring for one or two unrelated adults are certified by the county; homes caring for three or four residents are licensed and regulated by the state.

## ■ COMMUNITY BASED RESIDENTIAL FACILITY (CBRFS)

Community Based Residential Facilities (CBRFs) are staffed group living arrangements that provide room, board, supervision and other supportive services to five or more unrelated adult residents. Typically, residents have either a private or shared sleeping room and share living, dining and bathroom space with other residents of the facility. CBRFs are intended for people who cannot live independently but are neither acutely ill nor need extensive amounts of nursing care. Facilities vary in size from five residents to over 100. Some are houses, others are facilities. Some serve a frail elder population; others serve people with disabilities, people with Alzheimer's disease, or a mixed group of residents. All CBRFs must be licensed by the state.

#### NURSING HOME

A nursing home is a health care facility which provides room, board, and 24 hour a day care. Residents may be admitted for short-term respite or recuperative stays or for long-term care for chronic conditions. Nursing homes are licensed by the state. Most are also certified for Medicare and Medicaid, which provide public funds to cover the cost of care for eligible residents.

#### ■ FOR ADDITIONAL INFORMATION

For additional information on licensed, registered or certified facilities, visit the Wisconsin Department of Health and Family Services web site at http://dhs. wisconsin.gov/bgaconsumer/AssistedLiving/AsLivindex.

For a listing of senior housing projects, see Federally Assisted Housing Inventory at www.wheda.com.

# **ASSISTED LIVING: DEVELOPMENTALLY DISABLED**

# **CONTINUED** from page 19

#### CLARITY CARE PINE STREET

359 Pine Street Manawa, WI 54949 920-596-2633

# **■** GUARDIAN ANGEL

N3535 Beat City Road New London, WI 54961

920-982-7348

#### ■ GUARDIAN ANGEL II FOSTER CARE

1416 Werner-Allen Road New London, WI 54961 920-284-2402

#### ■ MAPLECREST DAVIS AFH

E5753 North Water Drive Manawa, WI 54949 920-596-2417

#### ■ PARK LANE

207 Park Lane Clintonville, WI 54929 920-236-6560

#### PARTRIDGE

530 Partridge Drive New London, WI 54961 920-236-6560

#### ■ PHEASANT

531 Pheasant Drive New London, WI 54961 920-236-6560

## COMMUNITY BASED RESIDENTIAL FACILITIES (CBRF)

#### ■ BEACON HOUSE

307 W. Cook Street New London, WI 54961 920-982-7352

#### ■ MCKINLEY HOUSE

75 N. Park Street Clintonville, WI 54929 715-823-3032

#### STRONG HAVEN

N3501 Hwy. 110 Weyauwega, WI 54983 920-867-2801

#### **■** WHISTLING PINES NORTH LLC

125 Hwy. QQ, Building K Waupaca, WI 54981 715-256-9193

# **BRAIN INJURY** & DISABILITY SERVICES

#### ■ BRAIN INJURY RESOURCE CENTER OF WISCONSIN INC.

P.O. Box 808 Muskego, WI 53150 262-770-4882

Fax: 262-436-1747

Email: Admin@bircofwi.org http://www.bircofwi.org

# **BENEFIT ASSISTANCE**

#### ACCESS

This is a fast, easy-to-use Internet tool that can help you or someone you know to:

- Find out which low or no-cost health, nutrition and other programs they might be eligible for.
- Apply online for FoodShare, Medicaid/BadgerCare and the Family Planning Waiver Program.
- Get up-to-date information about the status of his/her FoodShare, Medicaid/BadgerCare and Family Planning Waiver Program.
- Get answers to common questions about benefits.

https://access.wisconsin.gov/access

#### ASK MEDICARE

#### www.medicare.gov/caregivers

Provides easy access to Medicare information

#### ■ DISABILITY BENEFIT SPECIALIST

Waupaca County Department of Health & Human Services Aging & Disability Resource Center 811 Harding Street Waupaca, WI 54981

715-258-6400

\*Serves people ages 18-59

See Benefit Assistance.

"The measure of who we are is what we do with what we have."

Vince Lombardi

#### ■ ELDER BENEFIT SPECIALIST PROGRAM

An Elder benefit specialist is a person trained to help persons, age 60 or older, who are having a problem with their private or government benefits. They receive ongoing training and are monitored by attorneys knowledgeable in elder law.

See Elder Benefit Specialist Program below.

#### ■ GOVERNMENT BENEFITS

www.govbenefits.gov

Free Web site to find government benefit and assistance programs you may be eligible to receive.

# ELDER BENEFIT SPECIALIST PROGRAM

#### ■ WHAT IS AN ELDER BENEFIT SPECIALIST?

An Elder Benefit Specialist is a person trained to help persons aged 60 and older who are having a problem with their private government benefits.

Benefit Specialists are continually trained and monitored by attorneys knowledgeable in elder law issues.

#### ■ HOW CAN AN ELDER BENEFIT SPECIALIST HELP?

An Elder Benefit Specialist can help by providing you with accurate and current information on your benefits; by advocating on your behalf with other parties involved; and by explaining other possible solutions; and if necessary, by referring you to an appropriate attorney.

#### ■ WHAT CAN AN ELDER BENEFIT SPECIALIST HELP YOU WITH?

- Medicare Supplemental Insurance
- Legal Benefits and other concerns affecting people 60 and older
  - · Homestead Tax Credit or Referral
  - Medical Assistance
  - · Medicare Part A, B and D
  - Food Share
  - Housing and Utility Issues
  - Social Security
  - Medicare Advantage Plans (Part C)
  - Wisconsin SeniorCare

Elder Benefit Specialist for Waupaca County Contact: Peggy Strey Waupaca County Department of Health and Human Services

715-258-6400

# DISABILITY BENEFIT SPECIALIST PROGRAM

#### ■ WHAT IS A DISABILITY BENEFIT SPECIALIST?

A Disability Benefit Specialist is trained to counsel persons 18 years to 59 with physical disabilities, developmental disabilities, mental illness and/or substance use disorders about private or public benefits. They are experts at helping persons with extensive paperwork that is often required in benefit programs. Disability Benefit Specialists are continually trained by Disability Rights Wisconsin attorneys knowledgeable in disability benefits. They work closely with other state and local professionals.

# ■ WHO SHOULD SEEK HELP FROM A DISABILITY BENEFIT SPECIALIST?

- Persons who want to know more about private or public benefits
- Persons who need help in organizing their paperwork and applying for benefits
- Persons who have been denied a benefit they think they are entitled to

# ■ WHAT CAN A DISABILITY BENEFIT SPECIALIST HELP YOU WITH?

- Medicaid (Medical Assistance)
- Social Security Disability (SSDI)
- Supplemental Security Income (SSI)
- Medicare, including Part D
- Prescription Drug Assistance
- FoodShare
- Low-Income Tax Credits
- Insurance Issues
- Housing and Utility Issues
   (as they relate to disability)

For Disability Benefit Specialist assistance in Waupaca County, call the Aging and Disability Resource Center -Waupaca County branch (ADRC)

> 715-258-6400 866-739-2372 – toll free

7-1-1 www.youradrcresource.org

#### ■ LONG-TERM CARE OMBUDSMAN PROGRAM

715-345-5229 • 800-815-0015

#### http://longtermcare.wi.gov

Responds to complaints and problems of nursing home and community based residential facility residents and their families.

#### SOCIAL SECURITY ADMINISTRATION

607 W. Northland Avenue Appleton, WI 54911

877-694-5495

#### www.ssa.gov

Addresses questions and concerns relating to Social Security including retirement, survivors and dependents, disability, Medicare, Medicare Part D and Supplemental Security Income (SSI) benefits.

# ■ STATE OF WISCONSIN BOARD ON AGING AND LONG-TERM CARE

1402 Pankratz Street, Suite 111 Madison, WI 53704

# 800-815-0015 • MEDIGAP HELPLINE: 800-242-1060 http://longtermcare.wi.gov

8 a.m. to 4:30 p.m. Mon-Fri

The Medigap Helpline provides insurance counseling to persons regarding Medicare, supplements, hospitals, cancer and long-term care insurance.

#### ■ TRICARE PROGRAM

888-363-5433

#### www.tricare.osd.mil

For Veterans and dependents.

#### ■ WAUPACA COUNTY VETERANS SERVICE OFFICE

811 Harding Street, Waupaca, WI 545981 **715-258-6475** 

www.co.waupaca.wi.us

Click on Departments and select Veterans Services

# ■ WISCONSIN HEALTH INSURANCE RISK SHARING PLAN (HIRSP)

800-828-4777

Offers health insurance to Wisconsin residents who are unable to find adequate health insurance coverage or who have lost their employer sponsored group health insurance.

# ■ WISCONSIN OFFICE OF THE COMMISSIONER OF INSURANCE)

Madison: 800-236-8517

www.oci.wi.gov/oci-home.htm

Provides current information regarding Wisconsin

insurance policies. Regulates and enforces Wisconsin insurance laws.

# **CAP SERVICES**

#### **FCONOMIC DEVELOPMENT:**

#### ■ SKILLS ENHANCEMENT PROGRAM

101 Tower Road Waupaca, WI 54981

waupaca, wi 3490 i

715-258-9575, Ext. 216

Provides education and updating of skills. Must meet income guidelines, work 20 hours a week and reside in one of the following counties: Waupaca, Waushara, Portage, Outagamie.

#### ■ WORK-N-WHEELS

CAP Services, Inc. 1608 West River Drive Stevens Point. WI

#### 715-343-7110

Auto loan program designed to help income eligible families/individuals with assistance in obtaining affordable and dependable vehicles. Car loans available at 0%. Maximum loan of \$5000.2 ½ years to repay. Autos must be needed for work related activity.



#### HEALTH:

#### ■ MINISTRY DENTAL CLINIC -DENTAL ASSISTANCE PROGRAM

3504 East Maria Drive Stevens Point, WI 54481

#### 715-342-8060

The Ministry Dental Clinic was developed in partnership with Delta Dental and St. Michael's Hospital in Stevens Point. Services are provided for Medical Assistance and BadgerCare recipients residing in Waupaca County.

#### **HOUSING:**

#### ■ FIRST-TIME HOME BUYERS ASSISTANCE

#### 715-343-7108

Deferred loans for down payment and closing costs are available to eligible first-time low- to moderate-income home buyers. Deferred loans for home rehabilitation are also available to participants.

#### HOUSING REHABILITATION

#### 715-343-7142

For information or to request application State-of-the-art weatherization to reduce the energy usage and rehabilitation to improve the living conditions of low-income home owners and renters.

# OWNER-OCCUPIED REHABILITATION ASSISTANCE

#### 920-343-7142

For information or to request application For individuals who already own a home.

#### WEATHERIZATION

#### 715-258-6820 • 715-343-7142

Assist with home weatherization, insulation, furnace repair, etc. Must apply for and receive energy assistance.

#### INTERVENTION SERVICES:

#### ELDER ABUSE

715-258-9575, Ext. 302

#### **FAMILY CRISIS CENTER**

#### 800-472-3377

Emergency shelter, counseling and legal advocacy are provided to victims of domestic abuse and their children and to runaway youth. Staff assists victims in identifying constructive alternatives to the problems they are experiencing.

#### SEXUAL ASSAULT VICTIM SERVICES

#### 715-258-9575, Ext. 240

Education and crisis intervention services are provided to victims of sexual assault and their families.

# Lakeland Care provides Family Care Supports throughout Northeastern Wisconsin, serving members since 2000.





Some of the services we manage for you include:

- Care Management
- Personal Care
- Medical Supplies & Equipment
- **Outpatient Mental Health**
- **Residential Care**
- In-Home Supportive Care

For more information about care management services available, contact the ADRC of Calumet, Outagamie and Waupaca Counties at 1-866-739-2372. They can also assist you with information about Family Care eligibility and enrollment.



www.lakelandcareinc.com

DHS Approval 11/1/16

#### ■ SUPPORT GROUPS

## Family Crisis Center: 715-256-1136, Ext. 215 DAAP: 715-256-1136, Ext. 20

Support groups for domestic abuse victims and for children of domestic violence. The Family Crisis Center also offers a 20-week domestic abuse alternatives program (DAAP) to abusers.

#### **■** TRANSITIONAL LIVING

#### 715-256-1136, Ext. 201

Short-term housing and supportive services are provided to domestic abuse victims who have chosen to live apart from their abuser until permanent, adequate and affordable housing can be found.

# **CARE MANAGEMENT**

#### **■** COMMUNITY CARE, INC.

102 Grand Seasons Drive Waupaca, WI 54981 715-258-2994

#### **■** GOOD PEOPLE

Milwaukee Office: 414-289-8373 Madison offices: 608-223-0073

800-608-8003

#### www.goodpeople.us

Provides live-in caregivers to enable person to stay in their home. Provides no cost, no obligation evaluation and assessment and place carefully chosen compatibility, and substitutes for caregiver's days off.

#### ■ LAKELAND CARE, INC.

500 City Center Oshkosh, WI 54901

877-227-3335

#### www.lakelandcareinc.com

Offers the care management services to help eligible elders and adults with disabilities live independently – at home or in their community through the Family Care Program.

#### ■ SENIOR OPTIONS ADVOCACY AND RESOURCES

420 E. Longview Drive, Suite E Appleton, WI 54911

920-490-8707 • 866-203-7449

#### www.comfortkeepers.com

Professional case management for individuals of all ages. Assistance includes assessment, care planning, ongoing support, advocacy and assistance with housing options.

# **CAREGIVER SUPPORT**

#### See RESPITE, SUPPORT GROUPS

### ALZHEIMER'S NATIONAL FAMILY CAREGIVER SUPPORT PROGRAM (NFCSP)

Waupaca County Department of Health & Human Services 811 Harding Street Waupaca, WI 54981

715-258-6400

#### ■ ARC ANGELS SENIOR HOME CARE

5733 Grande Market Drive, Suite C Appleton, WI 54913

920-832-8032 • 877-832-8032

#### www.arcangelscare.com

Non-medical personal care, home helper and companionship. Serve areas of Waupaca, Shawano, Outagamie, Calumet and Brown counties.

#### **■** BRIGHTSTAR

47 Park Place, Suite 375 • Appleton, WI 54914

920-882-7277 • 866-618-7827 www.brightstarcare.com

Provides in-home, private, medical and non-medical care.

#### ■ CAREGIVER SUPPORT GROUP FOR FAMILY CAREGIVERS AND FRIENDS

Aging and Disability Resource Center (ADRC) 715-258-6400

Several caregiver support programs are held throughout the area. Please call for the one most convenient for you. Information is also available for support groups for long distance caregivers.

The ADRC will help you to locate one nearest you. Funding may be available to help with respite and transportation to a support group or other caregiver support program. Just what you need to get the support and care for you.

#### ■ CAREGIVER SUPPORT NETWORK

866-843-9810

#### www.wisconsincaregiver.org

Are you caring for an older adult, relative, child or a person with a disability? We offer respite information, assistance, education and support.

#### COMFORT KEEPERS

420 E. Longview Drive, Suite E Appleton, WI 54911

920-882-5009 • 800-407-2588

#### www.comfortkeepers.com

Serving parts of Waupaca County. In-home care, homemaker, companion, personal care and private-duty nursing services., senior care, respite care, advance care needs.

#### **■ EARLY INTERVENTION PROGRAM**

Waupaca County Department of Health & Human Services - Health Services Division 811 Harding Street Waupaca, WI 54981

#### 715-258-6396

The Early Intervention Program provides developmental, educational and therapeutic services for families who have children between the ages of birth to three years old and have a delay in development (communication, movement, learning, social-emotional or self-help skills) or a diagnosed condition (Down's Syndrome, prematurity, autism, etc.). The Early Intervention Program offers service coordination, developmental, speech and language, occupational and physical evaluations, therapies and special instruction. All services are provided in the child's natural environment (home, daycare, Grandma's house, park, etc.). The Early Intervention Program is funded through county, state and federal funds, and insurance and parental cost share.

#### **■ FAMILY CARGIVER ALLIANCE**

FAMILY CARE NAVIGATOR 800-445-8106 www.caregiver.org

#### **■ FAMILY SUPPORT PROGRAM**

Waupaca County Department of Health & Human Services 811 Harding Street Waupaca, WI 54981

#### 715-258-6400

Provides individual support and services to families that include a child with severe disabilities. The Family Support Program was designed to relieve some of the stress, to preserve the child's place in the family and ensure that parents get the help they need without having to give up parental responsibilities and control.

The amount of Family Support dollars each family receives is based on the costs of the family's needs as identified in the service plan and the availability of resources from other programs and/or community resources. There is a maximum yearly amount of Family Support funding available per child.

While there are no limits on family income for the purposes of eligibility for the Family Support Program, families may be assessed a parental fee for services they receive. However, funding is limited and program eligibility is not a guarantee that the family will receive services.

#### ■ HOME HELPERS

2700 W. College Ave., Suite 9 Appleton, WI 54914 920-757-9610 • 866-311-1154 Non-medical in-home care.

#### ■ INDEPENDENCE FIRST

V/TTY: 414-291-7520:

#### www.independencefirst.org

A nonprofit agency directed by, and for the benefit of, persons with disabilities. We effectively facilitate empowerment of individuals with disabilities through: education, advocacy, independent living services and coalition.

"No matter what people tell you, words and ideas can change the world."

-Robin Williams

#### ■ LUTHERAN SOCIAL SERVICES OF WISCONSIN AND UPPER MICHIGAN

**Thompson Community Center** 820 W. College Avenue Appleton, WI 54914

#### www.thompsoncenter.org

920-225-1709

Offers support, expertise, resources and hope for older adults suffering from a variety of issues. Individual, couple and family counseling services available. Rates based on a sliding-fee donation scale.

## ■ NORTHEAST REGIONAL CENTER FOR CHILDREN & YOUTH WITH SPECIAL HEALTH CARE NEEDS (CYSHCN)

Children's Hospital of Wisconsin--Fox Valley Concorde Building 325 Commercial Street, Suite 400 Neenah, WI 54956 920-969-5325 • 877-568-5205 www.northeastregionalcenter.org

#### ■ RECOVER HEALTH

124 N. Oborn St., Suite A Waupaca, WI 54981 715-258-2130

#### www.recoverhealth.org

8:00 a.m. to 5 p.m., Mon-Fri RN on call 24 hours a day, 365 days a year.

Eligibility requirements based on medical necessity. Provides the following: skilled nursing; physical, occupational, speech and respiratory therapies; personal care, homemaker and companion services.

#### ■ RIGHT AT HOME

2100 Omro Road, Suite H Oshkosh, WI 54904 920-651-9400

#### www.rahhomecare.com

Covering the entire Waupaca county. Meal preparation, laundry, light housekeeping, hygiene, bathing, grooming, safety supervision, transportation and medication reminders. Serve both the elder and disabled people. On-call 24/7.

#### ■ TAKING CARE OF YOU: POWERFUL TOOLS FOR CAREGIVING

Aging and Disability Resource Center

715-258-6400: information on future sessions.

This is a 6-week program that is offered at least two times a year. If you need respite or supervision for your loved one so that you can attend, please call for arrangements.

#### **■ TOY LENDING LIBRARY**

36 Broad Street, Suite 120 Oshkosh, WI 54901

920-424-4071 • 800-261-1895

#### www.cpmideastwis.com/toy.html

Sponsored by Cerebral Palsy of Mideast Wisconsin. For children of all ages. A child with a disability may need modifications or adapted toys in order to interact with the environment intellectually. Toys are available, at no cost, for children with developmental delays, special needs or physical disabilities.

#### ■ WISCONSIN FIRST STEP HOTLINE

800-642-7837 (24/7, 365 days a year.)

(During business hours, line is answered by parent specialists who have children with special needs).

#### www.mch-hotlines.org

Does your child, ages 0-21, have special needs? Do you have questions and don't know where to get answers? We provide specialized information and referral services in the following areas: financial assistance, early intervention, advocacy, support groups, medical/health counseling, transportation and assistive technology.

## ■ WAUPACA COUNTY DEPARTMENT OF HEALTH AND **HUMAN SERVICES - AGING AND DISABILITY RESOURCE** CENTER (ADRC)

715-258-6400

#### www.co.waupaca.wi.us

Under Health & Human Services select ADRC and/or Aging/Disability Newsletter

#### www.co.waupaca.wi.us

Under Health & Human Services, click on ADRC

#### www.youradrcresource.org

Connects older adults, their families and caregivers with much needed information, services and programs in the community. Even if an older family member lives outside of the county or state, the department will help families access the services and agencies needed. The Aging & Disability Resource Unit also publishes a quarterly newsletter - The ADRC Connection.

#### ■ WISCONSIN FAMILY CAREGIVER SUPPORT

866-843-9810 • 800-449-4481

#### www.wisconsincaregiver.org

Providing information, assistance, respite, support and education.

"It does not matter how slowly you go as long as you do not stop."

Confucius

# CONSUMER INFORMATION AND PROTECTION

#### ■ BETTER BUSINESS BUREAU

Northeast Wisconsin Regional Office 1047 N. Lynndale Drive, Suite 1A Appleton, WI 54914 920-734-4352 • 800-273-1002 wisconsin.bbb.org

#### **■ CONSUMER CREDIT COMPLAINT HOTLINE**

800-452-3328 www.wdfi.org

#### ■ DISABILITY BENEFIT SPECIALIST

Waupaca County Department of Health & Human Services Aging & Disability Resource Center 811 Harding Street Waupaca, WI 54981 715-258-6400

\*Serves people ages 18-59.

See Benefit Assistance.

# ■ DEPARTMENT OF AGRICULTURE, TRADE & CONSUMER PROTECTION

Bureau of Consumer Protection: 800-422-7128 www.datcp.state.wi.us Wisconsin's No Call List: 866-966-2255 nocall.wisconsin.gov

#### **■ ELDER BENEFIT SPECIALIST PROGRAM**

An elder benefit specialist is a person trained to help persons, age 60 or older, who are having a problem with their private or government benefits. They receive ongoing training and are monitored by attorneys knowledgeable in elder law.

See Elder Benefit Specialist Program on Page 24.

#### **■** IDENTITY THEFT

Medicare: 800-633-4227

HHS Office of the Inspector General: 800-447-8477 Federal Trade Commission ID: 877-438-4338

To report misuse of personal information or identity theft. www.ftc.gov/idtheft

#### ■ LONG-TERM CARE OMBUDSMAN PROGRAM

715-345-5229 • 800-815-0015

#### http://longtermcare.wi.gov

Responds to complaints and problems of nursing home and community based residential facility residents and their families.

#### **■** TENANT RESOURCE CENTER

1202 Williamston Street, Suite A Madison, WI 53703 9 a.m. to 6 p.m. Mon-Fri

Rental rights questions (Toll-free, outside of Dane

County): 877-238-RENT (7368)
UW-Madison office: 608-216-2321
www.tenantresourcecenter.org

The Tenant Resource Center is a nonprofit, membership organization dedicated to promoting positive relations between rental house consumers (tenants) and providers (landlords) throughout Wisconsin. By providing information and referrals, education about rental rights and the responsibities, and access to conflict resolution, we emplower the community to obtain and maintain quality affordable housing.

# ■ WISCONSIN CONSUMER PROTECTION DIVISION 800-422-7128

# ■ WISCONSIN OFFICE OF THE COMMISSIONER OF INSURANCE)

Madison: 800-236-8517

www.oci.wi.gov/oci\_home.htm

Provides current information regarding Wisconsin insurance policies. Regulates and enforces Wisconsin insurance laws.

# **COUNSELING**

#### ■ AFFINITY BEHAVIORAL HEALTH OUTPATIENT SERVICES

1531 s Madison St., Appleton 920-730-4411 www.affinityhealth.org

## ■ AFFINITY BEHAVIORAL HEALTH PSYCHOLOGIST

5150 South Washburn Street, #104 Oshkosh, WI 54904 **920-236-8570** 

#### CATHOLIC CHARITIES

N2845 Shadow Road Waupaca, WI 54981

920-734-2601 • 920-680-7450

#### www.gbdioc.org

Counseling for adults, children, families, and couples regardless of religious background, race or nationality. Fee paid by insurance, Medicaid or Medicare sliding fee scale.

#### CHRISTIAN FAMILY COUNSELING

1011 N Lynndale Dr., Appleton **920-731-9798** 

#### **■ FAMILY COUNSELING ASSOCIATES**

315 Burton Street New London, WI 54961 920-982-3660 • 800-457-8668 www.familycounseling-mca.org

## ■ HELPING OTHERS PREVENT AND EDUCATION ABOUT SUICIDE (HOPES)

National Suicide Prevention Lifeline 800-273-8255 • TTY: 800-79TTY (4889) www.hopes-wi.org

#### ■ MINISTRY BEHAVIORAL HEALTH

190 Grand Seasons Drive Waupaca, WI 54981 715-258-8459 Outpatient, mental health and AODA

#### ■ NAMI FOX VALLEY INC

211 E. Franklin St.. Appleton, WI 54911 920-954-1550

#### www.namifoxvalley.org

Provides advocacy, education and support to persons with brain disorders and mental illness

#### ■ SEXUAL ASSAULT CRISIS CENTER

35 Park Place, Suite 100 Appleton, WI 54914 920-733-8119 • 800-722-7797 www.sacc-foxcities.org

#### **■ THE SAMARITAN COUNSELING CENTER**

Menasha: 1478 Kenwood Drive, Suite 1,

920-886-9319

New London: 709 W Pine St., United Methodist Church,

920-982-7863

Oshkosh: 110 Church Avenue, 920-235-1678

www.samaritan-counseling.com

#### ■ THEDACARE BEHAVIORAL HEALTH

902 Riverside Drive, Suite 204 Waupaca, WI 54981 715-256-1475 www.thedacare.org

## ■ WAUPACA COUNTY DEPARTMENT OF HEALTH & HUMAN SERVICES – COMMUNITY BEHAVIORAL HEALTH PSYCHIATRIC & COUNSELING SERVICES

811 Harding Street Waupaca, WI 54981 715-258-6304

# **CRISIS HOTLINE:**

## ■ WAUPACA COUNTY MENTAL HEALTH CRISIS 24-HOUR EMERGENCY 800-719-4418

#### ■ SUICIDE PREVENTION HOTLINE

800-273-8255

# **DENTAL**

#### AFFORDABLE DENTURES

1317 Lombardi Access Road, Suite 102 Green Bay, WI 54304 920-499-7159 • 800-336-8873 www.affordabledentures.com

#### ■ DONATED DENTAL SERVICES

6737 W. Washington St. Ste. 2360 West Allis, WI 53214-0173 866-812-9840 • 888-338-6852

## www.wda.org

Must be disabled, chronically ill or age 65+ (or be the dependent of someone in listed categories) and either have no insurance or are not able to find dentist that accepts Medical Assistance insurance. There is a waiting list. Services provided at various locations.

#### ■ FAMILY HEALTH MEDICAL & DENTAL CENTER/LA CLINICA

400 S. Townline Road Wautoma, WI 54982

920-787-5514

A community and migrant health center that provides primary medical and dental services to the area's underserved population. All people, all ages needing care are welcome - we are not limited to who we can serve. We accept Medical Assistance patients and have fees based on income for those without insurance.

#### ■ FOX VALLEY TECHNICAL COLLEGE

Dental Hygienist Student Clinic 920-735-4884

Offering cleanings, which include x-rays and fluoride treatments. Will mail records, x-rays to a dentist. BadgerCare and Medical Assistance cost share: \$3.00 Children 12 and under: \$20.00, adults: \$25.00, 55+ seniors: \$10.00

"To be the best, you must be able to handle the worst."

-Wilson Kanadi

#### ■ MARQUETTE DENTURE PROGRAM

1801 W. Wisconsin Avenue Milwaukee, WI 53201

#### 414-288-6790 • 414-288-6508

Participants must be able to attend up to eight Wednesday morning appointments beginning in June each year and must have no remaining teeth. Cost is \$220. There is a waiting list.

#### MARSHFIELD DENTAL CENTER

1307 N Saint Joseph's Avenue Marshfield, WI 54449

715-221-5600

Monday - Friday, 8am. - 5pm Serves all patients regardless of ability to pay or insurance status. Those who lack dental care are priority.

#### ■ MINISTRY DENTAL CLINIC

Medical Arts Plaza 3504 East Maria Drive Stevens Point, WI 54481

715-342-8060

The Ministry Dental Clinic was developed in partnership with Delta Dental and St. Michael's Hospital in Stevens Point. Services are provided for Medical Assistance and BadgerCare recipients residing in Waupaca County. Serves individuals with ForwardHealth benefits.

#### ■ WISCONSIN DENTAL ASSOCATION (WDA)

6737 W Washington St Ste. 2360 West Allis, WI 53214

414-276-4520

www.wda.org

Call for Reduced-rate dental clinics through the state

# **DISABILITY RESOURCES**

See ADAPTIVE & Medical Equipment

#### **■ KATIE BECKETT PROGRAM**

608-266-3236

#### www.dhs.wisconsin.gov/kbp

The Katie Beckett Program is a special eligibility process that allows certain children who are residents of Wisconsin with long-term disabilities or complex medical needs, living at home with their families, to obtain a Wisconsin Medicaid card. Certain criteria must be met.

#### ■ LARSEN-WINCHESTER LIONS – LOAN LOCKER

**Used Medical Equipment: 920-427-3244** 

Store open on Tuesdays 10 a.m. to 2 p.m. and 6 p.m. to 7 p.m. No appointment required.

#### **32** The Source 2017

#### ■ MEDICAL ASSISTANCE PURCHASE PLAN (MAPP)

Waupaca County Department of Health & Human Services 811 Harding Street, Waupaca, WI 54981

For individuals with disabilities who have some type of employment. Contact the pre-screener for economic

# NORTHEAST REGIONAL CENTER FOR CHILDREN 4 YOUTH WITH SPECIAL HEALTH CARE NEEDS (CYSHCN)

Children's Hospital of Wisconsin--Fox Valley Concorde Building 325 Commercial Street, Suite 400 Neenah, WI 54956

920-969-5325 • 877-568-5205 www.northeastregionalcenter.org

#### OPTIONS FOR INDEPENDENT LIVING

555 Country Club Road Green Bay, WI 54313 P.O. Box 11967, Green Bay WI 54307 - mail

888-465-1515

715-258-6368

and employment support.

#### www.optionsil.com

Committed to empowering people with disabilities to lead independent and productive lives by providing advocacy, peer support, information and referral, independent living skills training and community education.

#### ■ SPECIAL OLYMPICS INC

202-628-3630 • 800-700-8585 www.specialolympics.org

Athletes with intellectual disabilities compete

#### **■ TOY LENDING LIBRARY**

36 Broad Street, Suite 120 Oshkosh, WI 54901

920-424-4071 • 800-261-1895

#### www.cpmideastwis.com/toy.html

Sponsored by Cerebral Palsy of Mideast Wisconsin. For children of all ages. A child with a disability may need modifications or adapted toys in order to interact with the environment intellectually. Toys are available, at no cost, for children with developmental delays, special needs or physical disabilities.

"Whatever you are, be a good one."

- Abraham Lincoln

## ■ WAUPACA COUNTY DEPARTMENT OF HEALTH & HUMAN **SERVICES AGING & DISABILITY RESOURCE UNIT**

811 Harding Street Waupaca, WI54981

715-258-6400

#### www.co.waupaca.wi.us

Aging and Disability Resource Centers (ADRCs) are the first place to go to get accurate, unbiased information on all aspects of life related to aging or living with a disability. ADRCs are friendly welcoming places where anyone -- individuals, concerned families or friends, or professionals working with issues related to aging or disabilities -- can go for information specifically tailored to their situation. The ADRC provides information on a broad range of programs and services, helps people understand the various long term care options available to them, helps people apply for programs and benefits, and serves as the access point for publicly-funded long term care. These services can be provided at the ADRC, via telephone, or through a home visit, whichever is more convenient to the individual seeking help.

#### ■ WAUPACA COUNTY ARC – FOR DEVELOPMENTALLY DISABLED INDIVIDUALS

715-823-2823

#### **■ WISCONSIN FIRST STEP HOTLINE**

#### 800-642-7837: 24/7, 365 days a year.

(During business hours, line is answered by parent specialists who have children with special needs).

## www.mch-hotlines.org www.northeastregionalcenter.org

Does your child, ages 0-21, have special needs? Do you have questions and don't know where to get answers? We provide specialized information and referral services in the following areas: financial assistance, early intervention, advocacy, support groups, medical/health counseling, transportation and assistive technology.

#### RESOURCES FOR THE DEVELOPMENTALLY DISABLED

# ■ THE ARC – WISCONSIN DISABILITY ASSOCIATION

www.arc-wisconsin.org

Information about the history and current goals of the association.

#### ■ AUTISM SOCIETY OF WISCONSIN

1477 Kenwood Dr., Menasha, WI 54952

920-558-4602

Toll Free: 888-428-8476 www.asw4autism.org

Provides information and links regarding autism.

#### ■ BRAIN INJURY ASSOCIATION OF WISCONSIN

262-790-9660

#### www.biaw.org

No brain injury is too mild to ignore or too severe to lose hope.

#### ■ CEREBRAL PALSY OF MIDEAST WI INC

800-261-1895

www.cpmideastwi.com

#### ■ DISABILITY RIGHTS WISCONSIN

#### www.disabilityrightswi.org

Protection and advocacy for people with disabilities.

#### ■ DOWN SYNDROME ASSOCIATION OF WISCONSIN

414-327-3729 • 866-327-DSAW (3729) www.dsaw.org

#### **■ INDEPENDENCE FIRST**

414-291-7520 Main Office

#### www.independencefirst.org

Covers current disability laws on accessibility, education, housing, etc. and tells you how to protect your rights.

#### **■** SOCIAL SECURITY

#### www.ssa.gov

Good information on disability benefits.

#### ■ WAISMAN CENTER - MADISON

800-532-3321

#### www.waisman.wisc.edu

Specialty clinics in conjunction with the University of Wisconsin Hospital for those with developmental disabilities. This site is also helpful for those with severe and multiple disabilities. The Waisman Center is very involved with research.

#### ■ WISCONSIN BOARD FOR PEOPLE WITH DEVELOPMENTAL **DISABILITIES**

608-266-7826 • 888-332-1677

TTY/TDD: 608-266-6660

#### www.wi-bpdd.org

Provides information on advocacy and legislative issues important to those with developmental disabilities. Click on "Links" at the top of the page and you will find connections to many other interesting sites. BPDD also created a way for people to be informed of upcoming legislative issues and gives recommendations on how to respond to legislators.

## ■ WISCONSIN DEPARTMENT OF HEALTH SERVICES -**BUREAU OF LONG-TERM SUPPORT, DEVELOPMENTAL DISABILITIES SECTION**

www.dhs.wisconsin.gov/bdds

Links to all services available to Wisconsin residents.

# EMPLOYMENT: ELDER & DISABLED

#### ■ DIVISION OF VOCATIONAL REHABILITATION (DVR)

State of Wisconsin: 800-442-3477,

www.dwd.wisconsin.gov/dvr

Waupaca County: 811 Harding St., Waupaca,

715-258-6421 • 800-848-4355

Oshkosh: 315 Algoma Blvd, Oshkosh, 54901,

920-232-6250

#### ■ GOODWILL INDUSTRIES OF NORTH CENTRAL WI INC

815 W Fulton St, Waupaca

715-942-0574

Helps persons with disabilities and other barriers to employment. Programs create jobs, offer training, and match assistive technology. Addresses education and developmental or diversity issues.

#### ■ SENIOR SERVICE PROGRAM

920-593-3557 • 800-636-1161, x 3557

www.newcurative.org

Provides job training for low-income persons who are age 55 or older.

#### VETERANS EMPLOYMENT SERVICES

Menasha Job Center 920-968-6306 Waupaca Job Center: 1979 Godfrey Drive

715-258-8832

www.jobcenterofwisconsin.com

Eligibility requirements: Military veterans with other

than dishonorable discharges.

# "Turn your wounds into wisdom." – Oprah Winfrey

#### ■ WISCONSIN JOB CENTER

1979 Godfrey Drive • Waupaca

715-258-8832

www.wisconsinjobcenter.org www.waupacaiobcenter.com

Fox Cities Workforce Development Center

# FINANCIAL ASSISTANCE

#### ACCESS

## This is a fast, easy-to-use Internet tool that can help you or someone you know to:

- Determine if you may be eligible for help for FoodShare, BadgerCare Plus, Medicaid, SeniorCare, Medicare Part D, The Emergency Food Assistance Program, Wisconsin Home Energy Assistance Program, and the State Life Insurance Fund.
- Apply online FoodShare, BadgerCare Plus, Family Planning Only Services, and Medicaid
- Get up-to-date information about the status of his/ her FoodShare, Medicaid, Badger Care Plus and Family Planning Services.
- Get answers to common questions about benefits.

www.access.wi.gov

#### ■ AT & T - LIFELINE SERVICE

## 800-440-9853 (to sign up for Lifeline Wisconsin.) www.att.com/lifeline

For Residential Customers Only.

Not to be confused with emergency lifeline services. for more detailed information on eligibility and discounts. Now phone service is even more affordable.

Because phone service is so important in today's world, AT&T believes everyone should have access to it. They offer two discounted telephone service plans to make basic phone service even more affordable for qualified customers.

- Regular Lifeline Wisconsin makes basic phone service even more affordable for qualified customers with discounted phone service and the ability to add additional services and features.
- Enhanced Lifeline Wisconsin offers a deeper discount to qualified Wisconsin customers who live on current or former reservation or tribal land, as defined in Title 25 - Code of Federal regulations, Section 20.1, Paragraph (v).

To qualify, a household must participate in one of the following: Food Stamps, Low-income Home Energy Assistance Program (LIHEAP), Medical Assistance (Title 19, including BadgerCare), Supplemental Security Income (SSI), WI Homestead Property Tax Credit, Wisconsin Works, Childcare.

#### ■ WISCONSIN LIFELINE INFORMATION

www.phone-bill-assistance.com/lifeline/WI. Lists all the phone companies that offer Lifeline Programs in Wisconsin.

#### ■ COMMUNITY OPTIONS PROGRAM/FAMILY CARE

Waupaca County Department of Health & Human Services

#### 715-258-6400

Community Options help people who need long-term care to stay in their own homes and communities. If you need services to remain in your home, are being admitted to a Community Based Residential Facility (CBRF) or are already in a nursing facility and want to return home, you can request an assessment at no cost to you. The assessment determines the feasibility of remaining home by taking into account capabilities, special needs and the availability of caregivers to help.

#### **■** EMERGENCY ASSISTANCE

Forward Service Corp.
811 Harding Street • Waupaca, WI 54981
715-258-6325

Emergency Assistance is designed to meet the immediate needs of eligible persons facing a current emergency. The emergency must be due to fire, flood, natural disaster, energy crisis or homelessness. Must have children to qualify.

#### ■ ENERGY SERVICES FOR WAUPACA COUNTY

1300 Royalton Street • Waupaca, WI 54981 715-258-6820

#### ■ ENERGY ASSISTANCE PROGRAM

#### For appointment: 800-506-5596

The Energy Assistance Program helps households once each heating season to supplement heating and electric costs. Households with heat and/or electric included in their rent are also eligible if they do not receive rental assistance. Households must complete a simple application and interview and must provide income verification for the three months prior, recent utility bills and social security cards for household members. Energy Services staff may assist with the application. Home visits may be scheduled for persons unable to leave their home to apply due to physical limitation.

• FEMA PROGRAM - One month rent (full or partial) or mortgage emphasis on homeless, evictions, etc. Utility grant in arrears with emphasis on disconnects or pending disconnection. Funding is limited, therefore, aid is not always available.

- **HOMETOWN** Alliant Utility customer income eligibility requirements. Grant to apply to utility bill up to \$400.00. Funds are limited and based on availability.
- **KEEP WISCONSIN WARM** One-time grant of up to \$700 to assist with heating costs and some electric. Funds are limited and based on availability.

#### **■** FOUNDATIONS FOR LIVING

1421 Churchill St. Waupaca, WI 54981

715-942-2725

Fax # 715-942-2727

#### www.foundationsforlivingwaupaca.com

Hours 9am-4pm M-F

A non-profit ministry offering emergency overnight shelter, residential and non-residential transitional living housing, a Community Clothes Closet, some furniture, a Share and Care closet with non-food essential household goods for people in need, financial assistance through Salvation Army, St. Vincent de Paul, and the Veterans Assistance Foundation, educational opportunities and support so that people in Waupaca County can be healthy in mind, body, and spirit, living independent and productive lives to the best of their ability.

# Lynn M. Tank Insurance Agent

# OFFERING THE

FOLLOWING PRODUCTS:

 Individual Health Insurance/ "Obamacare"

- Medicare Supplements with top rated carriers
- Medicare Part D Prescription Plans
- Medicare Advantage Plans
- Life Insurance

Office: (920)250-6051 lynntins@hughes.net 221 W. North Water St • New London



0340660

#### SALVATION ARMY

Clintonville: Police Department (transients),

715-823-3117

Manawa: Police Department,

920-596-3390

New London: St. John's Community Resource Center,

209 South Pearl Street

Monday Noon to 2:00 p.m. and Thursday 11:30 a.m. to 1:30 p.m. Jerry Lebakken: 920-570-2225

Barb Krueger: 920-982-2075, Ext. 2813

Waupaca:

Wayne Becker: 920-924-8653(leave message)

Deb Walker: 715-258-6820

Police Department: 715-258-4400

(After hours emergency)

Sheriff's Department: 715-258-4466

(After hours emergency)

Limited vouchers for emergency situations: shelter, heat and utilities, food, clothing, medical and transportation. Funds are limited and there are maximum amounts for each category and maximum amounts of assistance available per year.

#### ■ WEATHERIZATION - ENERGY CONSERVATION

CAP Services, Stevens Point: 715-343-7142 Information Call Center: 866-432-8947 www.weccusa.org/homeenergy\_plus/ www.capserv.org - Click on Weatherization.

Assists with home weatherization: insulation, furnace repair, etc. Must meet income guidelines. CAP Services Weatherization works with Energy Assistance offices in Marquette, Portage, Waupaca, and Waushara counties to make your home more energy efficient and to assist with heating costs. Call your local Energy Assistance office.



#### ■ FINANCIAL INFORMATION & SERVICE CENTER (FISC) CONSUMER CREDIT COUNSELING SERVICE

800-366-8161

Waupaca Branch: 715-942-1599

Goodwill Industries:

Menasha: 1800 Appleton Road,

920-886-1000

Waupaca: 805 W. Fulton Street,

715-942-1599

Oshkosh: 1600 W. 20th Avenue,

920-966-1200 www.fisc-cccs.org

FISC helps people of all income levels with a wide variety of financial concerns. FISC offers proven workshops and practical counseling that have helped thousands of people find increased financial security. When money concerns seem overwhelming, talk with a certified counselor who can help you gain control over your money and remove tension and stress. We can show you how to get out of debt and reach your financial goals.

Our mission is to help families and individuals improve the quality of their lives through the teaching and application of sound financial principles. FISC does not make loans, offer insurance or sell investment products.

## Here are a few of the reasons why people come and see us:

- When people are getting by but cannot seem to save money.
- When people experience major lifestyle changes.
- When an employer has downsized people.
- When people are worried or concerned about money.
- When people are planning for retirement.
- When people are considering bankruptcy.
- When financial issues are affecting relationships.

As a Consumer Credit Counseling Service, we offer affordable debt repayment plans for those clients with creditor issues. FISC is the Financial Information Service Center, Inc., a program of Goodwill Industries of North Central Wisconsin, Inc.

#### GOOD SAMARITANS

Waupaca, WI 54981

715-256-9124 • 715-412-2044

Non-profit organization that offers assistance to needy people who have no other source of assistance. No assistance for rent, utilities or medications.

#### **■** GOVERNMENT BENEFITS

#### www.govbenefits.gov

Free Web site to find government benefit and assistance programs you may be eligible to receive.

#### ■ HOME ACCESSIBILITY ASSISTANCE LOAN PROGRAM **OPTIONS FOR INDEPENDENT LIVING**

Home Program Coordinator 555 Country Club Rd. P.O. Box 11967

Green Bav, WI 54307-11967

888-465-1515, Ext. 122

#### www.optionsil.com

For more information, contact Steve LaFrombois: SteveL@optionsil.org

Program provides deferred payment no interest loans to low- and moderate-income level persons with disabilities for the purpose of making accessibility modifications and general home repairs to their owner-occupied home. The loan must be paid when the property is sold, transferred or ceases to be the borrower's principle place of residence. Types of projects eligible to receive a grant include ramp construction, bathroom, kitchen and bedroom modifications and additions. Must meet criteria for eligibility.

#### ■ HOMESTEAD TAX CREDIT PROGRAM

Waupaca County Department of Health & Human Service - Aging & Disability Resource Center (ADRC) 811 Harding Street Waupaca, WI 54981

715-258-6400

#### www.dor.state.wi.us

Elder Benefit Specialist: Peggy Strey

This program provides cash benefits to homeowners and renters who meet eligibility requirements. To qualify the applicant must have an annual income of less than \$24,680, rent or own Wisconsin property in which one lives and be a legal resident of Wisconsin.

#### ■ HOUSING REHABILITATION PROGRAM

**CAP Services** 

#### For information or application: 715-343-7142

Low interest repair loan to income-eligible homeowners deferred to sale of home. Funds available for repair or replacement of things like roof, windows, furnace, well, septic, etc. Not for mobile homes.

#### LEAVEN

1475 Opportunity Way • Menasha, WI 54952 920-738-9635

Provides emergency financial assistance on a short-term

basis to needy persons who do not qualify for or whose needs cannot be met by existing agencies. Available to people in Outagamie (including all city of New London residents), Calumet and Northwest Winnebago Counties.

#### ■ LIFELINE AND LINK-UP PUBLIC ASSISTANCE PROGRAMS

Lifeline offers qualified, low-income customer's discounts on their basic monthly telephone bills either land line or wireless. Contact your local telephone provider for more information and tell them you would like to apply for this type of assistance.

#### ■ LUTHERAN SOCIAL SERVICE (LSS) FINANCIAL **COUNSELING:**

Serving Wisconsin and Upper Michigan 33 N 25th St. E • Superior, WI 64880

715-394 2054 • 888-577-2227

#### www.conqueryourdebt.org

Email: mkrivinc@lsswis.org

#### LSS is a non-denominational, non-profit certified by the NFCC to provide counseling services:

- Free Budget and Credit Counseling
- **Debt Management Plans**
- Required Bankruptcy Pre-Filing Counseling and Bankruptcy Pre-Discharge Education
- **Credit Report Reviews**
- Access by Phone, internet and In-Person (in Superior)

#### ■ NATIONAL FOUNDATION FOR CREDIT COUNSELING

800-388-2227 www.nfcc.org

#### **■ PROPERTY TAX DEFERRAL LOAN PROGRAM**

#### For application: 800-755-7835

If you are age 65 or older, own your own home in Wisconsin, have an annual household income below \$20,000 and meet other qualifications, you may apply to Wisconsin Housing and Economic Development Authority (WHEDA) for a loan to pay your property taxes. The loan principle and interest does not have to be repaid until you transfer ownership of your property or you no longer live in it.

Only available from Jan. 1 to June 30. Maximum amount allowable is \$2,500 per year. Can apply annually, however, total deferral amount cannot exceed 50% of home's value as assessed on current property tax bill. Interest rate is subject to annual changes and is set Oct. 15 of each year.

#### RURAL HOUSING INC.

608-238-3448 888-400-5974

Limited amount of Wisconsin Housing and Economic Development Authority (WHEDA) funding available to fix broken pipes, pumps, hot water heaters, etc. To be eligible the client must be elder or disabled. Funding is limited, therefore, aid is not always available.

#### ■ ST. VINCENT DE PAUL OF APPLETON, INC

920-739-1679 Ext.4

Appleton office will forward client information to the local contact person. St. Vincent de Paul is a Catholic church based charity but clients do not have to be Catholic to benefit. They are able to help with crisis funds for living and medical expences, etc in emergency situations.

#### ■ TELECOMMUNICATIONS EQUIPMENT PURCHASE PROGRAM (TEPP)

**Public Service Commission** P O Box 7854, Madison Voice: 800-231-3305

TT: 800-251-8345

http://psc.wi.gov/consumerinfo/

assistanceprograms/tepp/tepp-ind.htm

Helps persons with disabilities buy equipment they need in order to use basic telephone services.

#### **■ TENANT RESOURCE CENTER**

1202 Williamston Street, Suite A Madison, WI 53703 Office: 608-257-0143

**Outside Dane County, Housing Counselor:** 877-238-7368

9 a.m. to 6 p.m. Mon-Fri

#### www.tenantresourcecenter.org

The Tenant Resource Center (TRC) offers free counseling for tenants and landlords interested in learning more about their rental rights and responsibilities. Information on state and local rental laws and regulations and lease screening services are available. The TRC may also refer clients to other agencies, when appropriate, to assist them with their needs.

#### ■ WAUPACA COUNTY DEPARTMENT OF HEALTH **& HUMAN SERVICES**

Division of Economic and Employment Support 811 Harding Street Waupaca, WI 54981

715-258-6368

Medical Assistance, FoodShare (food stamps). BadgerCare Plus and Child Care Assistance. Provides public assistance programs for low-income individuals and households who meet program requirements. May also apply online, check benefits, and submit reviews at www.access.wi.gov.

To contact the Call Center for the East central Income Maintenance Consortium, 1-888-256-4563. Fax verification of information and changes to: 1-855-293-1822.

#### ■ WEATHERIZATION - ENERGY CONSERVATION PROGRAM -**ENERGY SERVICES FOR WAUPACA COUNTY**

1300 Royalton Street Waupaca, WI 54981

715-258-6820

CAP Services, Stevens Point: 715-343-7142 Information Call Center: 866-432-8947 www.weccusa.org/homeenergy plus/ www.capserv.org - Click on Weatherization.

Assists with home weatherization: insulation, furnace repair, etc. Must meet income guidelines. CAP Services Weatherization works with Energy Assistance offices in Marquette, Portage, Waupaca, and Waushara counties to make your home more energy efficient and to assist with heating costs. Call your local Energy Assistance office.

#### ■ WISCONSIN DEPARTMENT OF REVENUE

265 W. Northland Avenue Appleton, WI 54911

920-832-2727

www.revenue.wi.gov

Provides information regarding filing of income tax returns, Homestead Credit claims, sales tax, withholding, etc.



Breaking News • Community News • Calendar • Local Sports • Special Sections • Obituaries



#### ■ WISPACT - WISCONSIN POOLED & COMMUNITY TRUST

For information on special needs trusts, call: 800-236-4940

Option 3, Ext. 201: Attorney Jack Longert, President and Executive Director

#### www.wispact.org

WisPact is a trust that holds and manages an individual's resources yet allows them to become eligible or remain eligible for public assistance benefits such as Medical Assistance (MA), Supplemental Security Income (SSI), Community Options Program (COP), Community Integration Program (CIP), Family Care, Katie Beckett and Medicaid Purchase Plan (MAPP).

#### ■ WISLOAN

Options for Independent Living 920-490-0500 • 888-465-1515

#### www.optionsil.com

Helps residents with disabilities purchase assistive technology or home modifications.

# TAX ASSISTANCE

#### AARP TAX ASSISTANCE

#### www.aarp.org/money/taxaide

Provides free tax counseling

#### ■ HOMESTEAD TAX CREDIT PROGRAM

Waupaca County Department of Health & Human Service - Aging & Disability Resource Center (ADRC) **CAP Services** 

101 Tower Road

Waupaca, WI 54981

715-258-6400

#### www.dor.state.wi.us

Elder Benefit Specialist: Peggy Strey

This program provides cash benefits to homeowners and renters who meet eligibility requirements. To qualify the applicant must have an annual income of less than \$24,680 rent or own Wisconsin property in which one lives and be a legal resident of Wisconsin.

#### ■ IRS – FREE TAX PREPARATION

www.irs.gov/individuals/free-tax-returnpreparation-for-you-by-volunteers

Free tax preparation for those 60 years of age or older.

#### ■ PROPERTY TAX DEFERRAL LOAN PROGRAM

#### For application: 800-755-7835

If you are age 65 or older, own your own home in Wisconsin, have an annual household income below \$20,000 and meet other qualifications, you may apply to Wisconsin Housing and Economic Development

Authority (WHEDA) for a loan to pay your property taxes. The loan principle and interest does not have to be repaid until you transfer ownership of your property or you no longer live in it.

Only available from Jan. 1 to June 30. Maximum amount allowable is \$2,500 per year. Can apply annually, however, total deferral amount cannot exceed 50% of home's value as assessed on current property tax bill. Interest rate is subject to annual changes and is set Oct. 15 of each year.

#### WISCONSIN VOLUNTEER INCOME TAX ASSISTANCE (VITA) PROGRAM

Wisconsin Department of Revenue

608-266-2772 - Choose 'Option 1

(individual income)'

#### www.revenue.wi.gov

Coordinated with Department of Revenue to provide income tax assistance to low-income individuals. Focus is on Homestead credit, earned income credit, and other state tax help. Volunteers trained by the Internal Revenue Service and the Wisconsin Department of Revenue prepare basic income tax returns free of charge at VITA sites. Some VITA sites offer free IRS electronic filing of tax returns.

#### ■ THE TAXPAYER COUNSELING FOR THE ELDER (TCE) **PROGRAM - INTERNAL REVENUE SERVICE**

800-829-1040

Ask for a location in your area that offers TCE, VITA or AARP tax assistance.

TCE offers free tax help to individuals who are age 60 or older. Trained volunteers from non-profit organizations provide free tax counseling and basic income tax return preparation for senior citizens. Volunteers who provide tax counseling are often retired individuals associated with nonprofit organizations that receive grants from the IRS.

# FOOD: PANTRIES, GROCERY DELIVERY, SENIOR DINING SITES, OTHER

#### **FOOD PANTRIFS:**

#### ■ BETHANY'S FIRESIDE GRILL "TO-GO"

1226 Berlin Street Waupaca, WI 54981

715-942-1428

7 days/week 8 am -6 pm, pick up Choose from a full restaurant menu and nutritious daily specials!

#### CHRISTIAN FOOD PANTRY

St. John's Community Resource Center 209 S. Pearl Street New London, WI 54961

920-982-0970

920-570-2225

920-446-2418 (Jerry, Manager)

Open Monday, Noon to 2:00 p.m. and Thursday, 11:30 a.m. to 1:30 p.m.

Proof of residency is required, will provide vouchers for St. John's Community Thrift Store and the Salvation Army.

#### ■ CLINTONVILLE AREA FOOD PANTRY

55 E. 12th Street (basement) Clintonville, WI 54929

715-823-5461

Monday, 11:00 a.m. to 1:00 p.m. and Thursday, 3:00 p.m. to 5:00 p.m.

Emergency food 24 hrs. No charge if you meet certain guidelines.

#### DALE FOOD PANTRY

N848 Industrial Drive Dale, WI 54931 **920-982-5141** 

920-779-6705

Wednesday, Noon to 1:30 p.m. and 5:30 to 6:30 p.m.

#### ■ IOLA AREA FOOD PANTRY

Our Savior's Lutheran Church 395 E. Iola Street Iola, WI 54945 715-445-3394

Church: 715-445-2666

Hours as needed

#### MANAWA FOOD PANTRY

114 2nd Street, P.O. Box 181 Manawa, WI 54949

920-596-3744

Monday: 9:00 a.m. to Noon

#### ■ MAMA'S HOUSE OF HOPE FOOD PANTRY

St. John's Church 318 E. Garfield Avenue Marion, WI

715-754-5201

Every 1st and 3rd Thursday, 3:00 to 4:00 p.m. Marion school district residents only.

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#### ■ NEW LONDON COMMUNITY CUPBOARD

Located at the Washington Center 600 W. Washington Street New London, WI 54961 920-982-8522

Wednesday 9:00 a.m. to Noon

#### ■ RUBY'S PANTRY

717 10th St., Waupaca, WI

715-802-6050

#### Waupaca@rubyspantry.org

Program of Home and Away Ministries. \$20/bag of food. 3rd Saturday of month. Doors open at 8:00am, distribution 9-10:30am

#### ■ SCANDINAVIA LUTHERAN CHURCH

105 Church Street Scandinavia, WI 54977 715-467-2367 (Call in advance.)

#### ■ WAUPACA FOOD PANTRY

800 Churchill Streeet Waupaca, WI 54981

715-256-1645 (During hours of operation.) or 211 in emergency

Monday, Wednesday and Friday 9:00 to 11:00 a.m. Waupaca school district residents only.

#### ■ WEYMONT FOOD PANTRY

310 E. Main Street Weyauwega, WI 54983 **920-867-3026** 

Monday 9:00 to 11:00 a.m. and 5:30 to 7 p.m. Closed on holidays. Proof of residency and identification required each time. Will open on Tuesday, if Monday is a holiday.

#### **GROCERY DELIVERY:**

#### **■** ECONO FOODS

278 S. Main Street Clintonville, WI 54929

715-823-5147

Deliver Mon, Tue, Thur, & Fri until 3:30 p.m. Fee based on distance.

#### SENIOR DINING SITES: FELLOWSHIP-FOOD-FUN

#### ■ WAUPACA COUNTY NUTRITION PROGRAM

715-258-6277

For nutrition site questions and information.

www.co.waupaca.wi.us

Click on Senior Meal Sites under Health/Human Services.

Seniors age 60 and older and their spouses are invited to attend congregate meals at any of the following seven sites. Information of interest to seniors and a variety of social activities are scheduled on a regular basis at each dining site.

Meals are served at the Senior Centers/Nutrition Sites, Monday through Friday - see serving times below. Please make reservations by Noon the day before by calling the senior dining site.

#### ■ CLINTONVILLE SENIOR CENTER

Clintonville Community Center 30 S. Main Street

715-823-7667

Monday through Friday, 11:30 a.m.

#### ■ IOLA SENIOR CENTER

Living Oaks 505 W. Iola Street

715-445-2548

Monday through Friday, 11:00 a.m.

#### ■ MANAWA SENIOR NUTRITION CENTER

Little Wolf Town Hall E6325 County Road N

920-596-3320

Monday through Friday, 11:30 a.m.

#### **■** MARION SENIOR CENTER

Lions Point 325 W. Garfield Avenue

715-754-2482

Monday through Friday, 11:30 a.m.

#### ■ NEW LONDON SENIOR CENTER

Washington Center 600 W. Washington Street

920-982-8522

Monday through Friday, 11:30 a.m.

#### ■ WAUPACA SENIOR NUTRITION CENTER

Trinity Lutheran Church 206 E. Badger St.

715-258-9598

Monday through Friday, 11:30 a.m.

#### ■ WEYAUWEGA NUTRITION CENTER

First Presbyterian Church 200 S. Pine Street

920-867-3213

Monday through Friday, 11:30 a.m.

#### OTHER:

#### **■ THE BREAD BASKET**

First United Methodist Church 720 Demarest Street Waupaca, WI 54981

715-258-3400

Tuesday evening, 4:45 to 6:00 p.m. - FREE community meal. City of Waupaca residents can call a taxi for paid transportation to and from the hall.

#### **■ FOOD SHARE PROGRAM**

- ALSO KNOWN AS FOOD STAMPS.

811 Harding Street Waupaca, WI 54981

715-258-6368

Waupaca County Department of Health & Human Services - Division of Economic and Employment Support

#### **■** COMMUNITY MEAL

First Presbyterian Church 200 S. Pine Street Weyauwega, WI 54983

920-867-2880

Free meal offered on the 1st Monday of every month, 5:00 to 6:00 p.m.

#### **■ HOME DELIVERED MEALS**

Aging and Disability Resource Center

715-258-6400

Available to people who are confined to their homes because of illness. An assessment is done to determine eligibility.

"Imagination is greater than detail."

Albert Einstein

#### ■ SHARE (SELF HELP AND RESOURCE EXCHANGE) FOOD PROGRAM

Clintonville: Bethany Evangelical Church, 264 N. Main St.

715-823-5807 • 715-281-5102

Iola: Village Hall, 180 S. Main St.,

715-445-2290: between 9:00 a.m. and 5:00 p.m., 715-445-4244: other times.

Manawa: Little Wolf Town Hall, E6325 County N

920-596-3839

Waupaca: First United Methodist Church,

720 Demarest St.

715-256-1653

SHARE is food cooperative where people receive \$30 to \$35 worth of groceries for approximately \$14. Call the number of the site nearest you and tell them you wish to participate in SHARE. You will be asked to pledge two hours of community service for each SHARE package you receive. The contents of the food package varies each month, but always includes frozen meat, fresh fruits and vegetables and staples such as beans, rice and pasta.

# **FOOT CARE**

#### ■ IOLA LIVING ASSISTANCE

185 S. Chet Krause Drive Iola, WI 54945

#### 715-445-2412

As part of our Healthy Outreach Services we provide the following services: whirlpool bath or shower, nail care, blood pressure checks. Anyone, including the client requesting the service, family member or professional, may contact us and schedule an appointment. Payment is due on date of service. These services will not be billed to Medicare, Medicaid or private insurances.

#### ■ MANAWA COMMUNITY NURSING CENTER

400 E.4th Street Manawa, WI 54949

920-596-2566

Clinic for all ages.

1st Thursday of each month, 8:00 a.m. to Noon. First come, first served. Diabetics are welcome. (\$10 charge)

#### MARION SENIOR CENTER

Lions Point 325 W. Garfield Ave. Marion, WI 54950

715-754-2482

Nail care is offered at the senior center by appointment. Anyone is welcome. Blood pressure and blood sugar testing also offered the 3rd Wednesday of every month.

# NEW LONDON SENIOR CENTER

Washington Center 600 W. Washington Street New London, WI 54961

920-538-2974

Call Julie at Valley VNA Senior Services for appointment and cost.

Hosts a clinic for foot care for diabetic & non-diabetics the 2nd & 4th Friday of each month. *All ages are welcome*.

#### ■ WAUPACA SENIOR CENTER

407 School Street Waupaca, WI 54981

715-258-4437 (Call to schedule appointment.)

Foot care clinic held on 1st & 3rd Thursday of each month starting at 10:00 a.m. Free service provided. Diabetics/non Diabetics are served. Free will donations.

# **FUEL-HEAT ASSISTANCE**

#### ■ ENERGY SERVICES FOR WAUPACA COUNTY

1300 Royalton Street Waupaca, WI 54981 **715-258-6820** 

#### **■ ENERGY ASSISTANCE PROGRAM**

#### 800-506-5596 (Call to schedule appointment.)

The Energy Assistance Program helps households once each heating season to supplement heating and electric costs. Households with heat and/or electric included in their rent are also eligible if they do not receive rental assistance. Households must complete a simple application and interview and must provide income verification for the three months prior, recent utility bills and social security cards for household members. Energy Services staff may assist with the application. Home visits may be scheduled for persons unable to leave their home to apply due to physical limitation.

#### • FEMA PROGRAM

One month rent (full or partial) or mortgage emphasis on homeless, evictions, etc. Utility grant in arrears with emphasis on disconnects or pending disconnection. Funding is limited, therefore, aid is not always available.

#### HOMETOWN

Alliant Utility customer - income eligibility requirements. Grant to apply to utility bill up to \$400.00. Funds are limited and based on availability.

#### KEEP WISCONSIN WARM

One-time grant of up to \$700 to assist with heating costs and some electric. Funds are limited and based on availability.

#### SALVATION ARMY

Clintonville: Police Department (transients),

715-823-3117

Manawa: Police Department,

920-596-3390

New London: St. John's Community Resource Center, 209 South Pearl Street, Monday Noon to 2:00 p.m. and Thursday 11:30 a.m. to 1:30 p.m.

Jerry Lebakken: 920-570-2225

Barb Krueger: 920-982-2075, Ext. 2813

Waupaca: 920-924-2034

Sheriff's Department: 715-258-4466

(after hour's emergency)

Email: salvation 1690@att.net with your needs

Limited vouchers for emergency situations: shelter, heat and utilities, food, clothing, medical and transportation. Funds are limited and there are maximum amounts for each category and maximum amounts of assistance available per year.

#### ■ WEATHERIZATION - ENERGY CONSERVATION

CAP Services, Stevens Point: 715-343-7142 Information Call Center: 866-432-8947 www.weccusa.org/homeenergy plus/ www.capserv.org - Click on Weatherization.

Assists with home weatherization: insulation, furnace repair, etc. Must meet income guidelines. CAP Services Weatherization works with Energy Assistance offices in Marguette, Portage, Waupaca, and Waushara counties to make your home more energy efficient and to assist with heating costs. Call your local Energy Assistance office.

# **GAMBLING PROBLEMS**

■ WISCONSIN COUNCIL ON PROBLEM GAMBLING

1423 Kellogg Street Green Bay, WI 54303 800-426-2535 (800-GAMBLE-5) www.wi-problemgamblers.org

## **GRANDPARENT SUPPORT**

AARP - GRANDPARENT INFORMATION CENTER

202-434-2296

www.aarp.org/relationships/grandparenting

Provides information along with referrals to over 600 support groups.

#### ■ GREATER WISCONSIN AGENCY ON AGING RESOURCES

1414 MacArthur Road, Suite A • Madison, WI 53714

608-243-5670

#### www.gwaar.org

Robert Kellerman, Executive Director

The Greater Wisconsin Agency on Aging Resources provides advocacy, planning, coordination and information to multiple county and tribal aging departments and administers federal and state aging funding to counties.

#### ■ NATIONAL FAMILY CAREGIVER SUPPORT PROGRAM

Waupaca County Department of Health & Human Services Aging & Disability Resource Center (ADRC) 811 Harding Street Waupaca, WI 54981

715-258-6400 • 866-739-2372

#### ■ UNIVERSITY OF WISCONSIN EXTENSION

www.uwex.edu/ces/flp/grandparent **Grandparenting Today** 

### **GUARDIANSHIP**

**■** GUARDIANSHIP ISSUES

www.gwaar.org

#### ■ WAUPACA COUNTY DEPARTMENT OF HEALTH & HUMAN **SERVICES AGING & DISABILITY RESOURCE UNIT**

811 Harding Street • Waupaca, WI54981

715-258-6400

#### www.co.waupaca.wi.us

Aging and Disability Resource Centers (ADRCs) are the first place to go to get accurate, unbiased information on all aspects of life related to aging or living with a disability. ADRCs are friendly, welcoming places where anyone -- individuals, concerned families or friends, or professionals working with issues related to aging or disabilities -- can go for information specifically tailored to their situation. The ADRC provides information on a broad range of programs and services, helps people understand the various long term care options available to them, helps people apply for programs and benefits, and serves as the access point for publicly-funded long term care. These services can be provided at the ADRC, via telephone, or through a home visit, whichever is more convenient to the individual seeking help.

"If you want the rainbow, you gotta" put up with the rain."

Dolly Parton

#### ■ WISCONSIN GUARDIANSHIP SUPPORT CENTER

Greater Wisconsin Agency on Aging Resources, Inc. **855-409-9410** 

www.gwaar.org

# **HEALTH SERVICES & PROGRAMS**

#### ■ AIDS RESOURCE CENTER OF WISCONSIN

103 E. Washington Street Appleton, WI 54911

920-733-2068 • 800-773-2068

#### www.arcw.org

Provides aggressive HIV education and prevention, access to comprehensive services for persons affected by HIV disease and clinical research on HIV treatment. Anonymous HIV-antibody testing.

#### ■ AFFINITY NURSE DIRECT

920-738-2230 • 800-362-9900

#### www.affinityhealth.org

Twenty-four hour call in health services

#### **■ DIABETES EDUCATION**

Riverside Medical Center 900 Building - 800 Riverside Drive Waupaca, WI 54981

#### 715-258-1162

Provides diabetic education for improved diabetes management. American Diabetes Association recognized program.

#### ■ FAMILY HEALTH MEDICAL & DENTAL CENTER/LA CLINICA

400 S. Townline Road Wautoma, WI 54982

#### 920-787-5514

A community and migrant health center that provides primary medical and dental services to the area's underserved population. All people, all ages needing care are welcome - we are not limited to who we can serve. We accept Medical Assistance patients and have fees based on income for those without insurance.



#### **■ FOX CITIES COMMUNITY HEALTH CENTER**

1814 N. Appleton Road, Door #3 Menasha, WI 54952

920-731-7445

#### www.fcchc.org

Provides services to all people, regardless of their ability to pay, in the area of the state known as the Fox Valley: Appleton, Neenah, Menasha and neighboring communities. In addition to serving people with difficulty accessing high- quality health care due to geographic, financial or language barriers, the clinic also serves homeless individuals and individuals at imminent risk of homelessness.

#### HEALTHY CONNECTIONS

Waupaca County Reproductive Health & Testing Clinic Waupaca County Courthouse 811 Harding Street Waupaca, WI 54981

#### 715-258-6323

Tuesday: 9:00 a.m. to 5:00 p.m., appointment or walk-in. Wednesday: 9:00 a.m. to 2:00 p.m., appointment or walk-in. Friday: 8:00 a.m. to Noon, walk-in contraceptive refills only.

Contraceptive services, pregnancy and HIV testing, STD testing and treatment, emergency hormonal contraception (EHC).

#### ■ RURAL HEALTH INITIATIVE

100 County Road B Shawano, WI 54166

#### 715-524-1488

Sustain health and safety of farm families. (Shawano, Waupaca, Outagamie and Marathon counties)

#### ■ THEDACARE ON CALL

#### 920-830-6877 • 800-236-2236

Free phone service staffed by representatives and registered nurses to answer your health questions and help you find a physician. Available 24 hours a day, seven days a week.

#### ■ WAUPACA COUNTY DEPARTMENT OF HEALTH & HUMAN SERVICES - HEALTH SERVICES DIVISION

811 Harding Street Waupaca, WI 54981

715-258-6323

#### ■ WISCONSIN WELL WOMAN PROGRAM (WWWP)

811 Harding Street Waupaca, WI 54981

715-258-6387

Provides coverage for mammograms and pap tests for women ages 45 to 64. Must meet income eligibility quidelines.

### **HEARING RESOURCES**

#### ■ ABUNDANT LIFE HEARING & HEALTH

2525 Washington Street Manitowac, WI 54220 920-682-4990 www.abundantlife-hearing.com

#### ■ AMERICAN ACADEMY OF AUDIOLOGY

To find an audiologist in your area. 800-222-2336 www.audiology.org

#### ■ AVADA AUDIOLOGY & HEARING

102 Grand Seasons Drive, Waupaca, WI 888-680-4939 • 715-256-1400 www.avada.com

#### **■ BETTER HEARING INSTITUTE HOTLINE**

800-327-9355 www.betterhearing.org

#### **■ DIVINE SAVIOR HEALTHCARE**

2817 New Pinery Road Portage, WI 53901 608-745-6213 www.dshealthcare.com

#### ■ FOUNDATION FOR SIGHT AND SOUND

888-580-8886 www.foundationforsightandsound.org

#### ■ OFFICE FOR THE DEAF & HARD OF HEARING

PO Box 7851 1 West Wilson Street, Room 558, Madison, WI 53707-7851 855-359-5252 www.dhs.wisconsin.gov/sensory

#### ■ HEAR NOW

6700 Washington Avenue South Eden Prairie, MN 55344 800-648-4327 (800-648-HEAR)

Hear Now is a national nonprofit program committed to

assisting deaf and hard-of-hearing persons with limited financial resources who permanently reside within the U.S. to acquire hearing aids. Call Hear Now to discuss your eligibility.

#### ■ MIRACLE EAR

1439 Churchill Street., Suite 201B Waupaca, WI 54981 715-718-4350

See your local Miracle Ear Center to see if you meet eligibility requirements for the Miracle Ear foundation program.

#### ■ SPEECH-LANGUAGE, PATHOLOGY & AUDIOLOGY RESOURCES

American Speech-Language Hearing Association (ASHA) 2200 Research Blvd.

Rockville, MD 20850

800-638-8255

#### www.asha.org

Contact for more information about hearing loss, disorders of speech, language or swallowing or referral to an ASHAcertified audiologist or speech-language pathologist.

#### ■ SPEECH, LANGUAGE, HEARING CLINIC

University of Wisconsin Stevens Point College of Professional Studies 1901 4th Avenue Stevens Point, WI 54481

715-346-3667

#### ■ STARKEY HEARING FOUNDATION

800-328-8602

#### ■ TELECOMMUNICATIONS EQUIPMENT PURCHASE PROGRAM (TEPP)

**Public Service Commission** P O Box 7854 Madison, WI

Voice: 608-231-3305 TTY: 800-251-8345

http://psc.wi.gov/consumerinfo/

assistanceprograms/tepp/tepp-ind.htm

Helps persons with disabilities buy equipment they need in order to use basic telephone services.

#### ■ WISCONSIN LIONS HEARING AID PROGRAM

Referral: 877-463-6953 www.wlf.info

Provides hearing instruments for adults and children who cannot afford them.

# ■ WISCONSIN TELECOMMUNICATIONS RELAY SYSTEM (WTRS)

The WTRS is an important public service available for everyone, including the thousands of people who are deaf, hard-of-hearing, deafblind or speech disabled. The service works by providing a link between text telephone users and conventional telephone users. Callers can access the relay 24 hours a day through either a toll free number or by dialing 711. Operator's process calls by voicing everything the text telephone user types and typing everything they hear from the conventional telephone user.

#### **How do I connect to WTRS?**

Dial 7-1-1 from any phone in Wisconsin or the appropriate WTRS toll free number below to connect to the Wisconsin Relay System. Give the operator the area code and number you want to call. During a relay call, the operator will voice everything typed by the TTY user and type everything said by the telephone user.

#### **Dial 711 or**

TTY: 1-800-947-3529 Voice: 1-800-947-6644

Speech to Speech: 1-800-833-7637 Spanish to Spanish: 1-800-833-7813

# **HOME CARE:** HEALTH AND/OR HOME SERVICES

#### ■ AFFINITY VISITING NURSES

Home Health & Hospice Services 816 W. Winneconne Avenue Neenah, WI 54956

920-727-2000 • 866-236-8500 www.affinityvisitingnurses.org

As a member of Ministry Home Care, the interdisciplinary team provides comprehensive home health and hospice services including skilled nursing care, physical therapy, speech/language pathology, occupational therapy, home health aides, grief support services, social work support and spiritual support. Specialty programs include home telemonitoring and PATH™ (Palliative Approach to Treatment at Home). With their partners in Affinity Home Care Plus, they also offer home infusion services, respiratory therapy services, home medical equipment and services.

#### AGING & DISABILITY RESOURCE UNIT

WAUPACA COUNTY DEPT OF HEALTH & HUMAN SERVICES 811 Harding Street Waupaca, WI54981

#### **46** The Source 2017

# 715-258-6400 • 866-739-2372 www.co.waupaca.wi.us www.youradrcresource.org

Aging and Disability Resource Centers (ADRCs) are the first place to go to get accurate, unbiased information on all aspects of life related to aging or living with a disability. ADRCs are friendly welcoming places where anyone — individuals, concerned families or friends, or professionals working with issues related to aging or disabilities — can go for information specifically tailored to their situation. The ADRC provides information on a broad range of programs and services, helps people understand the various long term care options available to them, helps people apply for programs and benefits, and serves as the access point for publicly-funded long term care. These services can be provided at the ADRC, via telephone, or through a home visit, whichever is more convenient to the individual seeking help.

#### ■ ARC ANGELS SENIOR HOME CARE

5733 Grande Market Drive, Suite C Appleton, WI 54913

920-832-8032 • 877-832-8032

#### www.arcangelscare.com

Non-medical personal care, home helper and companionship. Serve areas of Waupaca, Shawano, Outagamie, Calumet and Brown counties.

#### ■ BETHANY COMMUNITY BATHING SERVICE

1226 Berlin Street Waupaca, WI 54981 **715-942-1444** 

#### **■** BRIGHTSTAR

47 Park Place, Suite 375 • Appleton, WI 54914 920-882-7277 • 866-618-7827 www.brightstarcare.com

Provides in-home, private, medical and non-medical care.

#### **■** CARING ANGELS LLC

920-882-8435 www.caringangelshomecare.com

#### CLARITY CARE INC.

424 Washington Ave. Oshkosh, WI 54901

920-236-6560 • 877-674-2273

#### www.information@claritycare.org

Provide services to persons with developmental disabilities and the Elder. Services include residential, home health, vocational employment, Respite, CBRF and day services.

#### COMFORT KEEPERS

420 E. Longview Drive, Suite E Appleton, WI 54911

920-882-5009

800-407-2588

#### www.comfortkeepers.com

Serving parts of Waupaca County. In-home care. Homemaker, companion, personal care and private duty nursing services.

#### DEN SERVICES

P O Box 206, 7 S Main St., Clintonville 715-823-3360

888-523-3367

#### ■ HEARTLAND HOME HEALTH CARE & HOSPICE

1145 West Main Avenue, Suite 205 DePere, WI 54115

866-216-5708

www.heartlandhomehealth.com

#### **■ HOME HELPERS**

2700 W. College Ave., Suite 9 Appleton, WI 54914 920-757-9610 866-311-1154

Non-medical in-home care, CNA personal care.

#### ■ LUTHERAN SOCIAL SERVICES - SENIOR CONNECTION

820 W. College Avenue Appleton, WI 54914 920-225-1705

Fax: 920-734-2824 Email: srcon@lsswis.org

An Information, Assistance & Referral program of Lutheran Social Services, for older adults and their families. Providing information regarding: Housing, Meal Programs, Caregiver Resources, Medical Alert, Legal Services. As well as both Agency and Private Hire options relating to Home Health Care, Errands, Handyman and Yard Services.

#### **■ MANOR HEALTH SERVICES - APPLETON**

1335 S. Oneida Appleton, WI 54915 920-731-5177 920-731-6646 for Hospice care

"If you can dream it, you can do it."

Walt Disney

#### **■** LINCARE

1760 Prospect Ct. Unit 12 Appleton 54914

920-735-1261 • 877-735-1261 (Toll Free)

#### www.lincare.com

The mission of Lincare is to set standards of excellence for providing respiratory care, infusion therapy and medical equipment to patients in the home. Our company's success, which is characterized by responsiveness and clinical excellence, has been founded on the dedication of our professionals to quality care. Physicians, caregivers and patients trust Lincare to provide the quality care they expect and deserve.

#### ■ RECOVER HEALTH

801 W. Fulton St., Suite A Waupaca, WI 54981

715-258-2130

#### www.recoverhealth.org

8:00 a.m. to 5 p.m., Mon-Fri, RN on call 24/7, 365 days a year.

Eligibility requirements based on medical necessity. Provides the following: skilled nursing; physical, occupational, speech and respiratory therapies; personal care, homemaker and companion services. Medicare certified.

#### ■ RESCARE SOUTHERN

920-729-6165

www.rescare.com

Non-medical home care.

#### ■ REST ASSURED

877-338-9193

#### www.restassuredsystem.com

Rest Assured is a web-based "Telecare" system that connects you with real people using the latest wireless technology over the internet. It's secure. It gives you freedom. It lets you stay in your own home.

Rest Assured offers in-home support services as you need them provided by specially trained caregivers, who you get to know personally. Rest Assured Telecaregivers communicate face-to-face, through our Live Interactive Network Companiion (LINC; a 15-inch touch screen). Family members can also use the system to check in and chat face-to-face with their loved ones from anywhere in the world.

#### ■ RIGHT AT HOME

2100 Omro Road, Suite H Oshkosh, WI 54904

920-651-9400

#### www.rahhomecare.com

Covering the entire Waupaca county. Meal preparation, laundry, light housekeeping, hygiene, bathing, grooming, safety supervision, transportation and medication reminders. Serve both the elder and disabled people. On-call 24/7.

#### **■ SYNERGY HOMECARE**

204 S. Main Street Waupaca, WI 54981 (715) 942-8100

24 hour hotline: (715) 942-8102

email:kevinbaker@synergyhomecare.com

#### www.synergyhomecare.com

Synergy HomeCare provides non-medical home healthcare services to all age groups. Our dependable caregivers are experienced and matched to your specific needs. They are thoroughly screened, continually trained and background checked to ensure your safety and quality of service. Synergy is an affordable, compassionate and respected choice for families who want to keep their family members at home. Let us be that perfect puzzle piece to help your family improve the quality of life for your loved ones. Our services are offered hourly, daily, 24 hour (continuous) and live-in. We can be reached 24 hrs - 7 days a week.

#### Some of our services:

- Companionship
- Meal Planning/Prep
- · Light Housekeeping
- Transportation/Errands
- Medication Reminders
- Respite Care for Family
- Surgery/Cancer Recovery
- Personal Care
- Alzheimer's/Dementia Care
- Help with Bills/Pets
- Showering and Bathing
- Errands and Doctor Appointments

#### **■ THEDACARE AT HOME**

920-969-0919 • 800-984-5554

www.thedacare.org

Waupaca: 710 Riverside Dr., 715-256-3151,

8:30 a.m. to 5 p.m., Mon—Fri

**Appleton:** 3000 E. College Ave., Suite A, 920-969-0919,

8:30 a.m. to 5 p.m., Mon, Tue, Wed, Fri and

8:30 a.m. to 7 p.m. Thur.

New London: 1405 Mill Street, 920-531-2140,

8:30 a.m. - 5:00 p.m., Mon-Fri

Oshkosh: 2100 Omro Road, 920-237-5690,

8:30 a.m. to 5 p.m., Mon-Fri

**Shawano:** 100 County Road B, 715-524-1500,

8:30 a.m. to 5 p.m. Mon-Fri

#### ■ VALLEY VNA SENIOR SERVICES

315 Burton Road, Suite 106 New London, WI 54961

920-538-2974

Contact: Julie Hert (Covers the New London Area)

www.valleyvna.org

Non-medical supportive home care

# **HOSPICE**

#### ■ AFFINITY VISITING NURSES

Home Health & Hospice Services 816 W. Winneconne Ave. • Neenah, WI 54956

920-727-2000 • 866-236-8500

#### www.affinityvisitingnurses.org

As a member of Ministry Home Care, the interdisciplinary team provides comprehensive home health and hospice services including skilled nursing care, physical therapy, speech/language pathology, occupational therapy, home health aides, grief support services, social work support and spiritual support. Specialty programs include home telemonitoring and PATH™ (Palliative Approach to Treatment at Home). With their partners in Affinity Home Care Plus, they also offer home infusion services.

#### ■ HEARTLAND HOME HEALTH CARE & HOSPICE

1145 West Main Avenue DePere, WI 54115

920-336-6455

www.heartlandhomehealth.com

#### **■ HOSPICE ADVANTAGE**

3237 Riverside Dr. • Green Bay, WI 54301 920-321-2005

Provides hospice care, comfort and compassion for the whole family.

#### **■** MINISTRY HOME CARE

Home Health & Hospice Services 2501 Main Street Stevens Point, WI 54481

Home Health: 800-397-0270 Hospice: 800-398-1297 www.ministryhomecare.org

The interdisciplinary team provides comprehensive home health and hospice services including skilled nursing care, physical therapy, speech/language pathology, occupational therapy, home health aides, grief support services, social work support and spiritual support. Specialty programs include home telemonitoring and PATH™ (Palliative Approach to Treatment at Home). With their partners in Ministry Home Care Plus, they also offer home infusion services, respiratory therapy services, home medical equipment and services.

#### ■ SOUTHERN CARE HOSPICE SERVICES

932 Furman Drive Waupaca, WI 54981

715-942-8201

#### www.southerncarehospice.com

Our mission is to honor life and offer compassion to individuals and their families when facing a life-limiting illness.

#### **■ THEDACARE AT HOME HOSPICE**

920-969-0919 • 800-984-5554

www.thedacare.org

Provides hospice services in the home or in facilities for Waupaca and some surrounding counties.

### ■ UNITY - LEADERS IN HOSPICE AND PALLIATIVE CARE

920-338-1111 • 800-990-9249

A caring not-for-profit partnership of Bellin Health, St. Mary's and St. Vincent Hospitals. Serving portions of Waupaca County.

www.unityhospice.org

# **HOSPITALS & SPECIALTY CLINICS**

#### **■ THEDACARE REGIONAL MEDICAL CENTER - APPLETON**

1818 N. Meade Street • Appleton, WI **920-731-4101** 

www.thedacare.org

#### ■ CHILDREN'S HOSPITAL OF WISCONSIN

8915 W. Connell Ct. • Milwaukee, WI 53226 Main switchboard: 877-266-8989

Clinic appointments: 877-607-5280

www.chw.org

Autism behavior, communication evaluation program for children with complex developmental problems, comprehensive multi-specialty team evaluations for young children with autism, pervasive developmental delay, atypical developmental patterns, behavioradjustment problems, communication delays and disorders. The multi-specialty team includes: developmental pediatrician, pediatric psychologist, pediatric social worker, speech-language pathologist. Services provided: family centered, coordinated diagnostic evaluation by a multi-specialty team, recommendations regarding treatment and educational programs, counseling parents about diagnosis, intervention, prognosis, referral to other specialists as needed, e.g. audiology, child psychiatry, genetics, neurology and ophthalmology. Follow-up evaluations to monitor child's progress.

#### ■ CHILDREN'S HOSPITAL OF WISCONSIN – FOX VALLEY

130 Second Street • Neenah, WI 54956

920-969-7970

Pediatric Unit: 920-969-7900

**Neonatal Intensive Care Unit: 920-969-7990** 

www.chw.org\foxvalley

#### ■ MARSHFIELD CLINIC - PEDIATRIC DEPARTMENT

Developmental and Behavioral Pediatrics 1000 N. Oak Avenue Marshfield, WI 54449

715-387-5251

#### www.marshfieldclinic.org

Marshfield Clinic Children's developmental and behavioral pediatrics program specializes in the diagnosis and treatment of common childhood behavioral problems including: parenting difficulties, aggressive-acting out behavior, Attention Deficit Hyperactivity, Disorder (ADHD), school-related problems and tic disorders. We also evaluate and treat children with the less common developmental disorders including: autism, mental handicaps, developmental delays, cerebral palsy and fetal alcohol syndrome.

#### ■ THEDACARE MEDICAL CENTER - NEW LONDON

1405 Mill Street New London, WI 54961 920-531-2000 • 888-982-5330 www.thedacare.org

#### **■ THEDACARE MEDICAL CENTER - WAUPACA**

800 Riverside Drive Waupaca, WI 54981 715-258-1000 www.thedacare.org

#### ■ ST. ELIZABETH HOSPITAL

1506 Oneida Street Appleton, WI 54915 920-738-2000 www.affinityhealth.org

#### ■ ST. JOSEPH'S HOSPITAL

611 Saint Joseph Avenue Marshfield, WI 54449 715-387-1713 • 800-221-3733 www.stjosephs-marshfield.org

#### ■ ST. MICHAEL'S HOSPITAL

900 Illinois Avenue Stevens Point, WI 54481 General: 715-346-5000 Urgent Care: 715-343-3100 www.ministryhealth.org

#### **■ THEDACARE MEDICAL CENTER - SHAWANO**

309 N. Bartlette Street Shawano, WI 54166 715-526-2111 www.shawanomed.org

#### ■ THEDACARE REGIONAL MEDICAL CENTER - NEENAH

130 Second Street Neenah, WI 54956 920-729-3100 www.thedacare.org

#### ■ WAISMAN CENTER

University of Wisconsin Madison 1500 Highland Avenue Madison, WI 53705-2280

608-263-3301

#### www.waisman.wisc.edu

The Waisman Center has ten specialty clinics that provide services and support for people with developmental disabilities and their families.

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# **HOUSING: EMERGENCY & OTHER**

#### **EMERGENCY**:

#### **■** HARBOR HOUSE

Domestic Abuse Shelter Appleton, WI 54914 **920-832-1666** 

Toll free: 800-970-1171

#### **■** HOMELESS CONNECTIONS

400 N. Division Street
Appleton, WI 54911
920-734-9192
Homeless shelter for adult or family.

,

#### ■ HOPE CENTER - SALVATION ARMY

1600 Briggs Street Stevens Point, WI 54481 715-341-2437 www.sastevenspoint.org

#### ■ NEW COMMUNITY SHELTER

301 Mather Street Green Bay, WI 54303 920-437-3766

#### ■ WARMING SHELTER - FOUNDATIONS FOR LIVING

1421 Churchill Street Waupaca, WI 54981 **715-942-2725** Open October through April. Accepting guests at 6:30pm.

#### **OTHER**

#### ■ ENERGY SERVICES FOR WAUPACA COUNTY

1300 Royalton Street Waupaca, WI 54981 **715-258-6820** 

Assistance for temporary crisis situations only and Low Income Energy Assistance Program (LIEAP). Funding is limited.

#### HOUSING AND URBAN DEVELOPMENT, U.S. DEPARTMENT OF

310 Building 310 West Wisconsin Avenue Milwaukee, WI 53203-2289 414-297-3214 • 800-225-5342 TTY: 800-877-8339 www.hud.gov

#### LEAVEN

1475 Opportunity Way Menasha, WI 54952

#### 920-738-9635

Provides emergency financial assistance on a short-term basis to needy persons who do not qualify for or whose needs cannot be met by existing agencies. Available to people in Outagamie (including all city of New London residents), Calumet and Northwest Winnebago Counties.

#### RURAL HOUSING INC.

4510 Regent Street, # 2C Madison, WI 53705

608-238-3448

888-400-5974

#### www.wisconsinruralhousing.org

Offers assistance with back taxes and mortgages to prevent homelessness. Limited funds also available for emergency water repairs. Must spend 30% of gross income on housing costs and be low-income.

#### ■ TOMORROW'S HOME FOUNDATION

202 State St. #200 Madison, WI 53703

608-255-3131

#### www.tomorrowshomefoundation.org

The Tomorrow's Home Foundation was created in 2000 for several purposes:

- Provide emergency assistance grants designed to provide critical repairs so that individuals and families can stay in their manufactured or mobile home.
- Create a method and mode for disposing of old, uninhabitable mobile homes that were blighting the countryside.
- Educate the manufactured and modular housing industry.

#### ■ USDA RURAL DEVELOPMENT

5417 Clem's Way Stevens Point, WI 54481

715-345-7600

Low interest home loans and home repair loans. Repair grants are available to those ages 62 and older. Eligibility is based on income and county residency.

"Love yourself first and everything else falls into place."

Lucille Ball

# **HOUSING: RENTAL ASSISTANCE**

Eligibility for a rental voucher is based on family income and size.

#### ■ HORIZON MANAGEMENT GROUP INC. – SECTION 8 VOUCHERS

224 N. 6th St.

LaCrosse, WI 54602-2829

#### 800-944-4866 • 608-784-2935

- Subsidized housing is when a peson lives in an apartment unit/complex where your rent is based on your income.
- Section 8 is a voucher that allows you to live in an apartment, duplex, etc. of your choice, but still received help with your rent. Again, it is based on your income. Section 8 moves with you.
- It is very popular because of the freedom it offers. Because of this, it has a very long waiting list.

**New London area:** Apply at Franklin House Apartments (up to a five mile surrounding radius).

**The rest of Wauapca County:** Contact Allegiant Property Management, LLC.

www.allegiantpropertymgmtllc.com/about-us.html

#### HOUSING AUTHORITY

505 Division Street • New London 920-982-8509

#### **■** ELIZABETH MANOR

951 Elizabeth Street, Shawano 715-524-2132

# **HOUSING:** SUBSIDIZED OR LOW-INCOME ELDER

Rent is based on 30% of adjusted income

#### CAMELOT APARTMENTS

210 W. Garfield Avenue Marion, WI 54950

920-835-5150

Subsidized housing for elder, handicapped or disabled. If there are no vacancies, applicants will be put on a waiting list. Rents are based on 30% of tenant's adjusted yearly income for rent and utilities.

#### **■ FRANKLIN PARK APARTMENTS**

505 Division Street New London, WI 54961

920-982-8509

Public housing for low income, elder and disabled.

#### ■ MAPLE LEAF APARTMENTS

451 Grove Street Manawa, WI 54949

Manager: 920-596-2570

Subsidized housing for all households, including elder and disabled.

#### MARILOT APARTMENTS

01 Riverview Drive Marion, WI 54950

920-835-5150

Subsidized housing for elder, handicapped or disabled. If there are no vacancies, applicants will be put on a waiting list. Rents are based on 30% of tenant's adjusted yearly income for rent and utilities.

#### ■ MEADOW VIEW APARTMENTS

210 Frogner St., Iola 625 Pleasant St., Scandinavia 800-944-4866 (Horizon Management Group, Inc.)

#### ■ PINEWOOD APARTMENTS

120 High Street • Embarrass, WI 54933 **715-823-2866** 

#### ■ ROBERT OLEN APARTMENTS

20 Wilson Street Clintonville, WI 54929

715-823-5443

Subsidized housing for the elder, handicapped or disabled only, regardless of age.

#### ■ SENIOR CONNECTION - WASHINGTON CENTER

500 W. Washington St New London, WI 54961

920-538-1511

We will meet with you to discuss housing options and information.

#### SUN VALLEY MANOR APARTMENTS

25 N. 12th Street Clintonville, WI 54929

715-823-3541

Low income housing for elder and disabled.

#### ■ VALLEY CREST APARTMENTS

151 Morning Glory Drive Clintonville, WI 54929

715-823-5443

Office hours: 9:00 a.m. to 3:00 p.m. Mon.-Thur. Subsidized housing for all households, including elder and disabled.

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#### ■ WAUPACA COUNTY APARTMENTS

Manager: 715-258-0335 (Bobbi Stiebs)

Iola: Whispering Pines Apartments,

420 Water Street

Manawa: Robinway Center Apartments,

400 Center Street

New London: Oaklawn Apartments,

315 Oshkosh Street

Waupaca: Alpine Haven West,

400 Western Avenue

Weyauwega: Riverbend Manor Apartments,

402 N. East Street

#### **■** WOODLAND HILLS

500 High Street Waupaca, WI 54981

608-348-7755 (Carlson Property Management)

Subsidized housing for all households, including elder and disabled.

#### ■ YE OLDE FIRE HOUSE APARTMENTS

222 N. Main Street Waupaca, WI 54981 **715-281-9555** 

# **HOUSING:** SUBSIDIZED OR LOW-INCOME DISABLED

Rent is based on 30% of adjusted income.

#### ■ CAMELOT APARTMENTS

210 W. Garfield Avenue Marion, WI 54950

#### 800-346-8581 (Wisconsin Management Company)

Subsidized housing for elder, handicapped or disabled. If there are no vacancies, applicants will be put on a waiting list. Rents are based on 30% of tenant's adjusted yearly income for rent and utilities.

#### **■** COUNTRYSIDE ESTATES

Clintonville: 350 Morning Glory Drive, 54929 Waupaca: 517 Wisconsin Street, 54981

Rental information:

Volunteers of America of Wisconsin, 825 Pleasant St.

Waukesha, WI 53186

262-446-9144

#### www.voawi.org - click on WI for applications

Housing for people with disabilities

#### **■ FRANKLIN PARK APARTMENTS**

505 Division Street New London, WI 54961

920-982-8509

Public housing for low income, elder and disabled.

#### ■ MAPLE LEAF APARTMENTS

51 Grove Street • Manawa, WI 54949

Manager: 920-596-2570

Subsidized housing for all households, including elder and disabled.

#### **■** MARILOT APARTMENTS

101 Riverview Drive • Marion, WI 54950

920-835-5150

Subsidized housing for elder, handicapped or disabled. If there are no vacancies, applicants will be put on a waiting list. Rents are based on 30% of tenant's adjusted yearly income for rent and utilities.

#### ■ MEADOW VIEW APARTMENTS

210 Frogner St., Iola 625 Pleasant St., Scandinavia

800-944-4866 (Horizon Management Group, Inc.)

#### ■ ROBERT OLEN APARTMENTS

20 Wilson Street • Clintonville, WI 54929

715-823-5443

6Subsidized housing for the elder, handicapped or disabled only, regardless of age.

#### ■ SUN VALLEY MANOR APARTMENTS

25 N. 12th Street Clintonville, WI 54929

715-823-3541

Low income housing for elder and disabled.

#### ■ VALLEY CREST APARTMENTS

151 Morning Glory Drive Clintonville, WI 54929

715-823-5443

Office hours: 9:00 a.m. to 3:00 p.m. Mon.-Thur. Subsidized housing for all households, including elder and disabled.

#### ■ WAUPACA COUNTY APARTMENTS

715-258-0335

Bobbi Stiebs, Manager

Iola: Whispering Pines Apartments,

420 Water Street

Manawa: Robinway Center Apartments,

400 Center Street

New London: Oaklawn Apartments,

315 Oshkosh Street

Waupaca: Alpine Haven West,

400 Western Avenue

Weyauwega: Riverbend Manor Apartments,

402 N. East Street

#### **■** WOODLAND HILLS

500 High Street Waupaca, WI 54981

#### 712-580-5360 (Carlson Management)

Subsidized housing for all households, including elder and disabled.

## **HOUSING: SENIOR INDEPENDENT**

#### ■ ANGELUS RETIREMENT COMMUNITY

38 North Main Street Clintonville, WI 54929

715-823-4344

www.angeluscommunities.com

#### ■ BETHANY SHADOW WOODS

1226 Berlin Street Waupaca, WI 54981

715-258-5521

#### **■ BUTTERNUT RIDGE APARTMENTS**

185 Chet Krause Drive Iola, WI 54945

715-445-2412

Eligibility requirements: age 55 and over.

#### **■ CAP SERVICES SENIOR HOUSING**

877-377-1434

#### www.caprentals.org

#### rentals@capmail.org

Iola Senior Village: 110 S Townline Rd., Iola

Olen Park Senior Village: 72 East 7th Street, Clintonville

Waupaca and Fox Fire Senior Village:

2830 Otter Drive, Waupaca Weyauwega Senior Village:

202 S. Lincoln St., Weyauwega

Wolf River Senior Village: 615 Depot Street, Manawa

Units are for ages 55 and better. Income restrictions may apply.

Wheelchair accessible. Equal Housing Opportunity.

#### ■ IOLA SENIOR VILLAGE

110 S Townline Rd. Iola, WI 54945

877-377-1434 (CAP Services)

#### ■ MARIAN HEIGHTS APARTMENTS

101 E. Beckert Road New London, WI 54961

920-982-5354

#### ■ MIDSTATE INDEPENDENT LIVING CONSULTANTS

3262 Church Street, Stevens Point, WI 54481-5321

800-382-8484

#### www.milcinc.net

Email: milc@milc-inc.org

Assists individuals who are disabled to remain in their homes and live as independently as possible.

#### OLEN PARK

72 East 7th St. Clintonville, WI 54929 877-377-1434 (CAP Services)

#### ■ ROSEWOOD GLEN APARTMENTS

409 Partridge Drive New London, WI 54961

920-982-9602

Eligibility requirements: Age 55 and over. Income limits.

#### ■ WAUPACA SENIOR VILLAGE

N2830 Otter Drive Waupaca, WI 54981 877-377-1434 (CAP Services)

#### ■ WEYAUWEGA SENIOR VILLAGE

202 S Lincoln St Weyauwega, WI 54983 877-377-1434 (CAP Services)

#### ■ WOLF RIVER APARTMENTS

615-627 Depot St Manawa WI 54949 877-377-1434 (CAP Services)

## INFORMATION ASSISTANCE

For connection to community services, dial 2-1-1 - Get the information you need with just one phone call.

#### AGING AND DISABILITY RESOURCE CENTER

Waupaca County Courthouse, 2nd Floor 811 Harding Street Waupaca, WI 54981

715-258-6400 • 866-739-2372

#### www.co.waupaca.wi.us • www.youradrcresource.org

Aging and Disability Resource Centers (ADRCs) are the first place to go to get accurate, unbiased information on all aspects of life related to aging or living with a disability. ADRCs are friendly welcoming places where anyone -- individuals, concerned families or friends, or professionals working with issues related to aging or disabilities -- can go for information specifically tailored to their situation. The ADRC provides information on a broad range of programs and services, helps people understand the various long term care options available to them, helps people apply for programs and benefits, and serves as the access point for publicly-funded long term care. These services can be provided at the ADRC, via telephone, or through a home visit, whichever is more convenient to the individual seeking help.

#### SENIOR CONNECTION

The Washington Center 500 W Washington Street New London, WI 54961 920-538-1511

#### ■ UNITED WAY 211 INFORMATION & REFERRAL

A Community Service of United Way, Fox Cities, Inc. 1455 Midway Road Menasha, WI 54952

920-954-7200 www.211now.org

#### ■ UNITED WAY OF NEW LONDON

920-982-4089

## **INFUSION THERAPY**

#### **■** LINCARE

1750 Prospect Ct. #103 Appleton, WI 54914 5009 Cove Drive, Stevens Point, WI 54481

920-735-1261

#### www.lincare.com

The mission of Lincare is to set standards of excellence for providing respiratory care, infusion therapy and medical equipment to patients in the home. Our company's success, which is characterized by responsiveness and clinical excellence, has been founded on the dedication of our professionals to quality care. Physicians, caregivers and patients trust Lincare to provide the quality care they expect and deserve.

#### OPTION CARE

888-256-7234

#### ■ WALGREENS RESPIRATORY & INFUSION SERVICES

Appleton: 2500 N. Lynndale Drive, Suite E, 54914 Stevens Point: 5525 Clem's Way, Lot #48, 54481,

866-931-5926 • 866-752-0139 www.walgreenshomecare.com

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# **LEGAL SERVICES**

#### AARP - ADVOCACY ORGANIZATION FOR SENIORS 888-687-2277

www.aarp.org

#### **■ ELDER BENEFIT SPECIALIST PROGRAM**

An elder benefit specialist is a person trained to help persons, age 60 or older, who are having a problem with their private or government benefits. They receive ongoing training and are monitored by attorneys knowledgeable in elder law.

See Elder Benefit Specialist Program on Page 24.

#### GREATER WISCONSIN AGENCY ON AGING RESOURCES(GWAAR)

608-243-5670

#### www.gwaar.org

Answers questions about the law in Wisconsin relating to guardianships, protective placements, conservatorships, powers of attorney for health care and finances, living wills and DNR orders. Gwwar also provides Legal information, specialized in Elder- Law, Case Consultation and referrals.

#### ■ FAMILY AND MEDICAL LEAVE ACT

Federal: 608-441-5221

# ■ LAWYER REFERRAL AND INFORMATION SERVICE - STATE BAR OF WISCONSIN

P.O. Box 7158

Madison, WI 53707-7158

Nationwide: 800-728-7788

608-257-3838 www.wisbar.org

#### ■ LEGAL ACTION OF WISCONSIN

404 N. Main St., Oshkosh

920-233-6521

800-236-1128

Legal assistance to low income persons in non-criminal matters.

#### NATIONAL ACADEMY OF ELDER LAW ATTORNEYS, INC. (NAELA)

1577 Spring Hill Road, Suite 310 Vienna, VA 22182

703-942-2511

Email: naela@naela.org

www.naela.org

#### SENIOR CONNECTION

at the Thompson Community Center 820 W. College Avenue Appleton, WI 54914

920-225-1705

Fax: 920-734-2824 Email: srcon@lsswis.org An Information, Assistance & Referral program of Lutheran Social Services. for older adults and their families. Providing information regarding: Housing, Meal Programs, Caregiver Resources, Medical Alert, Legal Services. As well as both Agency and Private Hire options relating to Home Health Care. Errands, Handyman and Yard Services.



#### ■ STATE BAR OF WISCONSIN

Wisconsin lawyers, expert advisors, serving you.

www.wisbar.org/am/template.

cfm?section=Wisconsin Legal Services Agencies

#### ■ STATE PUBLIC DEFENDER

1025 Clark Street, Room 302 Stevens Point, WI 54481

715-345-5382

#### www.wisspd.org

Legal representation for indigent persons charged with a state crime.

#### **■ TENANT RESOURCE CENTER**

1202 Williamston Street, Suite A Madison, WI 53703

Office: 608-257-0143

Mediation: 608-257-2799

Outside Dane County: 877-238-7368

(Housing Counselor)

#### www.tenantresourcecenter.org

9 a.m. to 6 p.m. Mon-Fri

The Tenant Resource Center (TRC) offers free counseling for tenants and landlords interested in learning more about their rental rights and responsibilities. Information on state and local rental laws and regulations and lease screening services are available. The TRC may also refer clients to other agencies, when appropriate, to assist them with their needs.

#### ■ WISCONSIN JUDICARE, INC

715-842-1681 • 800-472-1638

#### www.judicare.org

Judicare has expanded its Telephone Helpline to assist callers with their Landlord-Tenant, Social Security Disability Insurance, Supplemental Security Income, security deposit, and utilities questions. Eligible individuals calling the Telephone Helpline will receive legal information, telephone counsel and advice, brief services, or referrals to other organizations for assistance.

### **LIBRARIES**

#### www.infosoup.org

Library system access and to request books, etc. to be put on hold and sent to library location of your choice.

#### ■ CITY OF CLINTONVILLE PUBLIC LIBARARY

75 Hemlock Street Clintonville, WI 54929

715-823-4563

#### **■ CITY OF MARION PUBLIC LIBRARY**

120 N. Main Street Marion, WI 54950

715-754-5368

#### ■ CITY OF NEW LONDON PUBLIC LIBRARY

406 S. Pearl Street New London, WI 54961

920-982-8519

#### **■** CITY OF WAUPACA PUBLIC LIBRARY

107 S. Main Street Waupaca, WI 54981

715-258-4414

#### **■ CITY OF WEYAUWEGA PUBLIC LIBRARY**

301 S. Mill Street Weyauwega, WI 54983 920-867-3742

#### **■ IOLA VILLAGE LIBRARY**

180 S. Main Street Iola, WI 54945 **715-445-4330** 

#### ■ NEUSCHAFER COMMUNITY LIBRARY

317 Wolf River Drive Fremont, WI 54940

920-446-2474

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#### ■ SCANDINAVIA PUBLIC LIBRARY

349 N. Main Street Scandinavia, WI 54977

715-467-4636

#### ■ STURM MEMORIAL LIBRARY

130 N. Bridge Street Manawa, WI 54949

920-596-2252

# **LIFELINE:** PERSONAL EMERGENCY RESPONSE SYSTEMS

#### ADVANCE SECURITY SOLUTIONS

2210 Pinehurst Dr.

Middleton, WI 53562

888-860-8098, Ext. 206

In-home personal emergency reporting systems used in the case of not only medical emergencies, but also fire or burglary emergencies.

#### ■ AFFINITY LIFELINE

Appleton: St. Elizabeth's

920-738-2711

Oshkosh: Mercy Medical Center

920-223-1564

#### **■ DIRECT LINK**

2700 W. College Ave. Appleton, WI 54914

920-757-9610 • 866-311-1154

#### **■** FIRST CALL

Central Wisconsin Electric Cooperative P O Box 100, Rosholt WI 54473

715-677-2211 • 800-377-2932

#### ■ LIFELINE DIRECT SERVICES

Ministry Home Care 2501 Main St., Suite B Stevens Point, WI 54481

715-346-5371

Or Critical Signal Technologies 888-557-4462

#### ■ SHAWANO MEDICAL CENTER

309 N. Bartlette Street Shawano, WI 54166

715-526-7257

#### **■ THEDACARE LIFELINE**

920-729-2221 • 920-738-6391

- Appleton Medical Center
- · Theda Clark Neenah
- **New London Family Medical Center**
- Riverside Hospital Waupaca

#### ■ THE RED CROSS

515 S. Washburn Road Oshkosh WI, 54904 800-733-2767 or 920-231-3590 www.redcross.org

# **MEDICAL EQUIPMENT** FOR LOAN AND/OR PURCHASE

#### See ADAPTIVE EQUIPMENT

#### **■** LINCARE

1760 Prospect Ct. Unit 12 Appleton 54914 920-735-1261

877-735-1261 (Toll Free)

#### www.lincare.com

The mission of Lincare is to set standards of excellence for providing respiratory care, infusion therapy and medical equipment to patients in the home. Our company's success, which is characterized by responsiveness and clinical excellence, has been founded on the dedication of our professionals to quality care. Physicians, caregivers and patients trust Lincare to provide the quality care they expect and deserve.

#### ■ ERICKSON HOME MEDICAL EQUIPMENT

8 S. Main Street Clintonville, WI 54929 715-823-2106 800-342-3085

### MEDICARE RESOURCES FOR WISCONSIN RESIDENTS

Medigap Part D and Prescription Drug Helpline (For people ages 60+): 1-855-677-2783 Disability Drug Benefit Helpline (For people under age 60): 1-800-926-4862

Medigap Helpline (Medicare supplement and Medicare Advantage information for all ages):

#### 1-800-242-1060

Benefit specialists in your county or tribe (Medicare and other benefits issues):

https://www.dhs.wisconsin.gov/benefitspecialists/counties.htm

# Medicare **HOW TO GET DRUG COVERAGE**

Medicare offers prescription drug coverage to everyone with Medicare. If you decide not to join a Medicare Prescription Drug Plan when you're first eligible, and you don't have other creditable prescription drug coverage, or you don't get Extra Help, you'll likely pay a late enrollment penalty.

To get Medicare drug coverage, you must join a plan run by an insurance company or other private company approved by Medicare. Each plan can vary in cost and drugs covered.

#### ■ 2 WAYS TO GET DRUG COVERAGE

1. Medicare Prescription Drug Plan (Part D). These plans (sometimes called "PDPs") add drug coverage to Original Medicare, some Medicare Cost Plans, some Medicare Private Fee-for-Service (PFFS) Plans, and Medicare Medical Savings Account (MSA) Plans.

2. Medicare Advantage Plan (Part C) (like an HMO or PPO) or other Medicare health plan that offers Medicare prescription drug coverage. You get all of your Medicare Part A (Hospital Insurance) and Medicare Part B (Medical Insurance) coverage, and prescription drug coverage (Part D), through these plans. Medicare Advantage Plans with prescription drug coverage are sometimes called "MA-PDs."You must have Part A and Part B to join a Medicare Advantage Plan.

#### ■ HOW TO JOIN A DRUG PLAN

Once you choose a Medicare drug plan, here's how you may be able to join:

Enroll on the Medicare Plan Finder at www.medicare.gov/ find-a-plan/questions/home.aspx or on the plan's website.

- Complete a paper enrollment form.
- Call the plan.
- Call 1-800-MEDICARE (1-800-633-4227).

When you join a Medicare drug plan, you'll give your Medicare number and the date your Part A and/or Part B coverage started. This information is on your Medicare card.

#### ■ JOINING A MEDICARE DRUG PLAN MAY AFFECT YOUR MEDICARE ADVANTAGE PLAN

If your Medicare Advantage Plan (Part C) includes prescription drug coverage and you join a Medicare Prescription Drug Plan (Part D), you'll be disenrolled from your Medicare Advantage Plan and returned to Original Medicare.

For more information go to www.Medicare.gov

#### JERNEGAN'S HEALTH MART

1301 Mill Street New London, WI 54961

920-982-7670 800-924-7670

www.jerneganshealthmart.com

#### **EQUIPMENT FOR LOAN:**

#### ■ RED CROSS - GREATER WAUPACA AREA

1302 E Wisconsin Ave. Appleton, WI 54911 920-733-4481 800-727-0477

www.newredcross.org

8:00 a.m. to 4:30 p.m., Mon. through Fri.

#### ■ RELIANT REHAB SERVICES & SUPPLY

920 N. Westhill Boulevard Appleton, WI 54914 920-749-3777 800-924-8313 www.reliantrehab.com

#### ■ SHOPKO EXPRESS WAUPACA

800 Riverside Drive Waupaca, WI 54981 715-256-1115 800-378-9999 www.shopko.com

#### ■ SWEET MEDICINE PRESCRIPTIONS PLUS

155 S. Main St lola, WI 54945 **715-445-3117** 

Crutches available for rent; other equipment available for purchase.

#### **■ THEDACARE AT HOME**

800-984-5554

www.thedacare.org

Waupaca: 710 Riverside Dr., 715-256-3151,

8:30 a.m. to 5 p.m., Mon—Fri

Appleton: 3000 E. College Ave., Suite A, 920-969-0919,

8:30 a.m. to 5 p.m., Mon, Tue, Wed, Fri and

8:30 a.m. to 7 p.m. Thur.

New London: 1405 Mill Street, 920-531-2140

8:30 a.m. to 5 p.m., Mon-Fri

Oshkosh: 2100 Omro Road, 920-237-5690,

8:30 a.m. to 5 p.m., Mon-Fri

**Shawano:** 100 County Road B, 715-524-1500,

8:30 a.m. to 5 p.m. Mon-Fri

# **MEDICAL ENTITLEMENTS**

#### See ADVOCACY - Elder and Disability Benefit Specialist Services

#### **■** MEDICARE

#### www.medicare.gov

Medicare is a federal health insurance program for people age 65 or older, some disabled people and people with end stage renal disease. Eligibility is based on your entitlement to a Social Security benefit. Part A is hospital insurance and Part B is medical insurance. Application for Medicare should be made with the Social Security Administration. For more information on the Medicare Program contact your county Benefit Specialist.

Contact the ES Call Center at 1-888-256-4563 to apply for the following:

#### ■ QUALIFIED MEDICARE BENEFICIARY PROGRAM - QMB

The QMB program is available to help pay medical costs for persons who have low income and assets, but are above the Supplemental Security Income (SSI) eligibility limits.

#### For those who qualify, it can pay:

- 1. The Medicare part B premium.
- 2. The part A and part B Medicare deductibles.
- 3. The 20% co-insurance for part B if you are not currently receiving Social Security, but could purchase Medicare coverage, you may still be eligible and the program could pay both part A and part B premiums.

# ■ SPECIFIED LOW-INCOME MEDICARE BENEFICIARY PROGRAMS (SLMB AND SLMB+)

The SLMB programs pay the Medicare part B premium, but do not pay Medicare co-payments or deductibles.

#### ■ MEDICAID-MEDICAL ASSISTANCE (MA)

The Medicaid program is a cooperative federal and state program that provides medical care to individuals with low income and little or no assets. There are two basic types of MA benefits: those received in an institutional/long-term care setting such as a nursing home or hospital and those received in the community.

"We know what we are, but know not what we may be." – William Shakespeare

## **MEMORY SERVICES**

#### ASPIRUS MEMORY CLINIC

2720 Plaza Drive, Suite 1400B Wausau, WI 54401

715-847-2004

#### Toll free 866-236-1573

The Aspirus Memory Clinic targets its services to older adults in the north central Wisconsin area who are experiencing memory difficulties which may be the result of Alzheimer's disease or other forms of dementia. An important aspect of our care is assessing the needs of the families and caregivers, and linking them with the community support services that will help them deal with the diagnosis, and with immediate and future needs. The clinic is staffed by a physician, a nurse practitioner, and a clinical social worker. We are also thankful to have the Greater Wisconsin Chapter of the Alzheimer's Association working with us as a close consultant to provide ongoing support and education for patients, families and caregivers, and the clinic staff.

The clinic provides a comprehensive assessment of the patient including a complete physical exam and health history, a psycho-social evaluation, and neurobehavioral testing to help determine the diagnosis and etiology of the patient's presenting problems. Patients, families, and caregivers will be linked with appropriate medical and support services in the community > The patient's primary care provider will be provided a complete assessment report with treatment recommendations.

\*The Aspirus Memory Clinic is open Wednesdays. For more information, or to make an appointment, please contact the clinic.

#### ■ MARSHFIELD CLINIC

Memory Disorders Clinic 1000 N. Oak Ave., Marshfield

715-387-5350

800-782-8581

For more information, or to make an appointment, please contact the clinic.

#### ■ MEMORY CARE CENTER

**Neuroscience Group Memory Clinic** 1305 W. American Dr., Neenah

920-725-9373

For more information, or to make an appointment, please contact the clinic.

#### ■ PREVEA HEALTH MEMORY ASSESSMENT CLINIC

Prevea East DePere Health Center 3860 Monroe Rd.

De Pere, WI 54115

#### 920-272-3313 or 888-277-3832

Clinic is held on Tuesday afternoons from noon to 4:00 p.m. For more information, or to make an appointment, please contact the clinic.

#### ■ PREVEA HEALTH MEMORY ASSESSMENT CLINIC

Prevea St. Mary's Health Center 1715 Dousman St. Green Bay, WI 54303

920-272-3313 • 888-277-3832

Clinic is held Thursdays from 8:00 am to noon. For more information, or to make an appointment, please contact the clinic.

www.neurosciencegroup.com

"As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them." – John F. Kennedy

# LAKEVIEW MANOR Accepting Residents



#### LAKEVIEW MANOR

912 Manor Dr. Weyauwega, WI 54983

Phone: 920-867-2183 Fax: 920-867-2153

For more information or to schedule a tour please call or stop in to see us.





Providing The Following Services:

All Rooms Private at No Extra Charge Meals from Scratch Respite Care

#### Large, Modernly **Equipped Therapy Gym**

Physical Therapy Occupational Therapy Speech Therapy

Skilled Nursing Hospice Bariatric Services Psychiatric Services

HOUSING - SKILLED NURSING FACILITES								
FACILITY	# OF BEDS	PAYER SOURCE	THERAPIES	SPECIALTIES	OTHER			
Bethany Home 1226 Berlin Street Waupaca, WI 54981 715-258-5521	104 beds private rooms available	Private Pay, Medicare, Private Insurance, Medical Assistance	Physical Therapy, Occupational Therapy, Speech Therapy	IV, Wound Care, Bariatric, Trach	Hospice, Respite Care, Dementia Friendly with a Secured Unit including Memory Care			
Crossroad Care Center of Crystal River 1401 Churchill St. Waupaca, WI 715-258-8131	Licensed for 74 beds 14 private rooms	Private Pay, Medicare, Private Insurance, Medical Assistance	Physical Therapy, Occupational Therapy, Speech Therapy	TPN, IV Antibiotics, Wound Care, Bariatric, Ortho, Trach	Hospice, Respite, Dementia Friendly with a Secured Unit For Those With Wandering Issues, Smoking Outside the Facility Allowed			
Crossroad Care Center of Weyauwega 717 E. Alfred St. Weyauwega, WI 920-867-3121	Licensed for 60 beds Private rooms available	Private Pay, Medicare, Private Insurance, Medical Assistance	Physical Therapy, Occupational Therapy, Speech Therapy	Bariatric, IV, Wound Care, Peritoneal Dialysis, Trach	Hospice, Respite, Specialized in dementia with Music and Memory Programs without a Secured Unit but Wanger Guard Available			
Greentree Health Care Center 70 Green Tree Rd. Clintonville, WI 715-823-2194	Licensed for 60 beds Private rooms available	Private Pay, Medicare, Private Insurance, Medical Assistance	Physical Therapy, Occupational Therapy, Speech Therapy		Hospice, Respite, Dementia Friendly but does not have a secured unit for those with wandering issues, it is a locally controlled facility			
Iola Living Assistance 185 Chet Krause Dr. PO Box 237 Iola, WI 715-445-2412	Licensed for 50 beds Private Rooms Available	Private Pay, Medicare, Medicare Advantage Replacement Plans VA Benefits, Private Insurance, Medical Assistance	Physical Therapy, Occupational Therapy, Speech Therapy	Medically complex Wound care, IV antibiotic, Ortho	Hospice, Family Environment, Massage & Aroma Therapy Intergenerational Community Involvement, Weekly Entertainment			
Lakeview Manor 912 Manor Dr. Weyauwega,WI 920-867-2183	Licensed for 50 beds All rooms are large and private	Private Pay, Medicare, All advantage plans, Partnership Private Insurance, Medical Assistance	Physical Therapy, Occupational Therapy, Speech Therapy	Bariatric, Tube Feeding	Hospice, Respite, Specialized in dementia but does not have a secured unit, wander guard available, It's never 2 late program (starts in 2017) access to computers, free WiFi, Open Dining (meals are flexible) Aviary and Aquarium room, Chapel, Smoking Outside the Facility Allowed			
Manawa Community Nursing Center 100 E. 4th St. Manawa, WI 920-596-2566	Licensed for 15 beds All rooms are private but can do double	Private Pay, Medicare, Private Insurance, Medical Assistance	Physical Therapy, Occupational Therapy, Speech Therapy		Hospice, Respite, Dementia Specialist on staff With Music Therapy Programs, Facility Has an Intimate Feel, Great Life Enrichment Program and an Attached 10 Bed CBRF			
Pine Manor Health Care 1625 E. Main St. Clintonville, WI 715-823-3135	Licensed for 95 beds Private rooms available	Private Pay, Medicare, Private Insurance, Medical Assistance	Physical Therapy, Occupational Therapy, Speech Therapy	IV Therapy Wound care	Hospice, Respite, Long Term Care, Dementia Friendly with a Secured Unit, Admissions 24/7			

HOUSING - SKILLED NURSING FACILITES								
FACILITY	# OF BEDS	PAYER SOURCE	THERAPIES	SPECIALTIES	OTHER			
St. Joseph Residence 107 E. Beckert Rd. New London, WI 920-982-5354	Licensed for 97 beds Private Rooms Available	Private Pay, Medicare, Private Insurance, Medical Assistance Community Care	Physical Therapy, Occupational Therapy, Speech Therapy	Wound Care, IV, Ortho,Trach,TPN, Medically Complex	Out Patient Therapy, Hospice, Respite Care, Nurse practitioner, Specialized Post Acute Care Rehab Services			
Wisconsin Veterans Home - King N2665 County Rd. QQ King, WI 715-258-4256	721 beds private rooms available	Private Pay, Medicare, VA Benefits, Private Insurance, Medical Assistance	Physical Therapy, Occupational Therapy, Speech Therapy, Work Therapy	IV Antibiotics, TPS, Wound Care, Trach, Pic Lines, Catheter Care, Peritoneal	Hospice, Dementia Speicailist with a secured memory care unit, smoking shelter and credit union on campus, coffee shop, fishing and boating, bowling, theater, library, fitness room, Memory Café			





Wisconsin The Veterana Home at King Is a long term and rehabilitative care facility serving veterans and their eligible dependents. We offer quality medical and numing care to enhance quality of life. Our highly trained and dedicated staff states to meet the unique needs of veterans by providing compessionate care bulk on the foundation of Integrity, honor and respect. We also welcome qualified non-Whicensin residents.

Discover everything King can offer you. Cell us et 715.256.5027 for a tour.



715.258.5586 | 888.458.5586 www.WieVebs.com N2665 County Road QQ | King, WI 54946



## **NURSING HOMES**

A skilled nursing home is a health care facility that provides nursing services 24 hours a day. Persons needing extensive supervision, those with complex health plans needing rehabilitative services (occupational, physical or speech therapy) or those who do not have supportive living services available would benefit from nursing home care.

Costs vary according to the services and the level of care provided. The daily rate should include room and board, activities, social services and nursing care. Medications, personal items, therapy, and dental and foot care are typically not included in the daily rate. Nursing homes have admissions agreements that include information about the daily rate, policies regarding transfers, discharges and handling of resident funds, plus resident rights and responsibilities. Nursing homes are licensed and surveyed by state and federal regulators. There are a variety of ways to pay for nursing home costs. Medicare pays for limited nursing home stays as long as the stay meets their requirements. Long-term care or supplemental insurance may pay for some nursing home stays. Medical Assistance may cover unlimited stays once financial criteria are met. Private pay or veterans benefits may also be used. Discuss financial requirements and questions you have with the nursing home administrator and/or social worker.

#### **■** BETHANY HOME

1226 Berlin Street Waupaca, WI 54981 715-258-5521

#### ■ CROSSROADS CARE CENTER OF CRYSTAL RIVER

1401 Churchill Street Waupaca, WI 54981

715-258-8131

■ CROSSROADS CARE CENTER OF WEYAUWEGA

717 E. Alfred Street Weyauwega, WI 54983 **920-867-3121** 

#### **■** GREENTREE HEALTH & REHAB CENTER

70 Greentree Road Clintonville, WI 54929 715-823-2194

www.greentreehealthandrehabilitation.com

#### ■ IOLA LIVING ASSISTANCE

185 S.Chet Krause Drive - P.O. Box 237 lola, WI 54945
715-445-2412
www.iolalivingassistance.org

#### ■ LAKEVIEW MANOR

912 Manor Drive Weyauwega, WI 54983 **920-867-2183** 

#### ■ MANAWA COMMUNITY NURSING CENTER

400 E. Fourth Street Manawa, WI 54949 **920-596-2566** 

#### ■ PINE MANOR HEALTH AND REHABILITATION

1625 E. Main Street Clintonville, WI 54929 715-823-3135 866-825-9152

#### ■ ST. JOSEPH RESIDENCE

107 E. Beckert Road New London, WI 54961 **920-982-5354** 

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#### ■ WISCONSIN VETERANS HOME

N2665 County Road QQ King, WI 54946

715-258-5586

#### **■ WISCONSIN VETERANS HOME**

21425 G Spring Street Union Grove, WI 53182 262-878-6700 866-669-8387 (866-NOW-vets) www.dva.state.wi.us/homes\_ug.asp

# ■ NURSING HOME RELOCATION – COMMUNITY RELOCATION AGING AND DISABILITY RESOURCE CENTER (ADRC)

715-258-6400 866-739-2372

Or contact your nursing home social worker. www.youradrcresource.org

#### You may be eligible for Community Relocation.

Are you ready to move back home? With some help, you can manage on your own again. Through the Community Relocation Initiative, you may be able to live in an assisted living facility or your own home or apartment while still receiving the services you need. This initiative gives people a choice as to where they will receive long-term care. An individualized care plan will be developed to help you successfully transition back into your community.

#### This program is available to you if you:

- Currently reside in a nursing home and are expected to stay long term.
- Are 65 years of age or older or have a physical disability.
- Your nursing home care is currently paid for by WI Medicaid.
- You have an ongoing need for long-term care services.

If you are a Waupaca County resident living in a nursing home and are interested in this program, please contact the Aging & Disability Resource Center for more information.

#### ■ LONG-TERM CARE OMBUDSMAN PROGRAM

715-345-5229 • 800-815-0015

http://longtermcare.wi.gov

Responds to complaints and problems of nursing home and community based residential facility residents and their families.

# **NUTRITION & SENIOR DINING SITES**

See FOOD

# PHARMACIES, PRESCRIPTIONS, DRUG PROGRAMS

#### **CLINTONVILLE:**

#### SHOPKO PHARMACY

291 South Main Street Clintonville, WI 54929-1604 **715-823-2350 • 866-263-8098** 

#### IOLA:

#### **■ SWEET MEDICINE PRESCRIPTIONS PLUS**

155 S. Main Street Iola, WI 54945

715-445-3117

Mail service available. Delivery within city limits of Iola.

#### **NEW LONDON:**

#### **■ JERNIGAN'S HEALTH MART**

1301 Mill Street
New London, WI 54961
920-982-7670
800-924-7670
www.jerniganshealthmart.com

#### **■ WAL-MART PHARMACY**

1717 North Shawano Street New London, WI 54961 920-982-7906 • 800-735-6399 Mail service available.

#### SHAWANO:

#### **■** DRIER PHARMACY

117 S. Main Street Shawano, WI 54166 **715-526-2011** 

800-295-4231

Mail service available. Delivery within city limits.

#### **■ THEDACARE PHARMACY**

100 County Road B Shawano, WI 54166

715-526-3456 • 800-335-3456

Mail service available. Delivery within city limits.

#### **■** WALGREENS

401 East Green Bay Street Shawano, WI 54166-2541

715-524-5600

#### **■** WAL-MART PHARMACY

1244 East Green Bay Street Shawano, WI 54166-2208

715-524-5983

800-364-6805

Mail service available.

#### WAUPACA:

#### **■** K-MART PHARMACY

830 West Fulton Street Waupaca, WI 54981

715-258-4285

Mail service available.

#### PROFESSIONAL PHARMACY ASSOCIATES & RX CONSULTANTS

105 N. Western Avenue Waupaca, WI 54981

715-256-2880

888-590-5004

Mail service available.

#### **■ SHOPKO EXPRESS WAUPACA**

800 Riverside Drive Waupaca, WI 54981

715-256-1115

Mail service available. Free delivery within city limits.

#### **■ SHOPKO HOMETOWN PHARMACY**

825 W Fulton St, Waupaca

715-258-9000

#### ■ STRATTON'S DRUG STORE

107 N. Main Street Waupaca, WI 54981

715-258-7057

Mail service available.

#### **■** WALGREENS

925 W. Fulton Street Waupaca, WI 54981

715-258-9228

#### INCONTINENCE SUPPLIES

#### ■ J&B MEDICAL, INC.

50496 W. Pontiac Trail Wixom, MI 48393

**General Inquiries: 1-800-980-0047** 

Wisconsin Medicaid Members: 1-800-737-0045

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#### OTHER:

#### **■** BADGER RX GOLD

A prescription drug program that makes prescription medications accessible and affordable to people in Wisconsin who are uninsured or underinsured. The Badger Rx Gold Web site has information about the program, covered medications, how to apply, etc. www.badgerrxgold.com

#### ■ MEDICARE - PART D

Social Security Administration 607 W. Northland Avenue Appleton, WI 54911

877-694-5495

Your Benefit Specialists may assist you with enrollment of Part D

See Elder Benefit Specialist Program on Page 24.

#### ■ NEEDY MEDS

#### www.needymeds.org

Information on medicine and healthcare assistance programs to find help with cost of medicine.

#### ■ PARTNERSHIP FOR PRESCRIPTION ASSISTANCE

800-477-2669 www.pparx.org

#### ■ PRESCRIPTION DRUG HELPLINE

800-456-8211

For those 60 years of age or older.

#### **■** SENIORCARE

Contact your EBS – Elder Benefit Specialist See Aging & Disability Resource Center See Benefit Assistance

800-657-2038

#### www.dhfs.state.wi.us/seniorcare

SeniorCare is a Prescription Drug Assistance Program for Wisconsin residents who are 65 years of age or older who meet the eligibility criteria.

- What are the eligibility requirements? For
  Wisconsin residents age 65+ the annual
  enrollment fee of \$30 per person is required with
  the application form. In addition, participants are
  subject to certain annual out-of-pocket expenses
  depending on their annual income, as shown in
  the table.
- How do I apply? Contact either number listed above or check the Web site.

# ■ STATE OF WISCONSIN PRESCRIPTION DRUG RESOURCE CENTER

#### www.drugsavings.wi.gov

**Drugs from Canada** 

Just across the border and in many other countries citizens can walk into their corner drugstore and buy the same safe prescriptions we have here, but at a fraction of the price. But too many citizens of this country are forced to make unbearable choices between food and medicine. If the federal government isn't willing to take on the drug companies and fight for more affordable prices, states like Wisconsin will have to lead the way.

This Web site gives our citizens the ability to buy certain prescriptions at significantly lower prices from pharmacies that have been visited and found to be safe, reputable and reliable by inspection on behalf of several state governors. It also provides information about SeniorCare, the new Medicare drug benefit and other programs that may be an option for you.

The goal is to let consumers make an informed choice among all of the available options - including local pharmacies, lower price generics available domestically, safe Canadian pharmacies and through a pharmacy benefit manager who will find the lowest price from several countries.

866-732-0305 Fax Orders: 866-732-0306 www.CanadaWayDrugs.com

We are your one stop shop for getting your medications at affordable prices. We are dedicated to provide you with the best service. Your orders are processed and mailed within five days.

#### ■ WAUPACA COUNTY FREE PRESCRIPTION DISCOUNT CARD

NACo Prescription Discount Card Program
Through a partnership with the National Association
of Counties (NACo), the free Prescription Discount
Card program provides area residents with a card that
offers an average of 24% savings off the retail price of
prescription medications not covered by insurance.

The card can be used by those who do not have insurance or by those who have prescriptions not covered by insurance. The card can also be used on some pet medications and is accepted at most pharmacies throughout the county.

The free discount cards may be used by all Waupaca County residents, regardless of age, income or existing health coverage. The Waupaca County Prescription Discount Cards are available at the courthouse.

715-258-6201

## PHYSICAL THERAPY

#### ■ ORTHOPEDIC & SPINE THERAPY

www.ostpt.com

**Appleton:** 4000 N. Providence Ave.

920-968-0814

Clintonville: 114 E. Greentree Road

715-823-3336

New London: 1620 N. Shawano Street

920-982-3670

Shawano: 205 W. Green Bay Street

715-526-5433

Waupaca: E3277 Apple Tree Lane

715-526-0358

### **RECREATION**

The Waupaca County Senior Nutrition Program and the Senior Centers in Waupaca County provide a variety of senior activities including education, exercise, entertainment, birthday parties, card playing and other games, information and assistance, and internet access for seniors. See Nutrition - Senior Dining Sites and Senior Center sections for locations, etc.

# ■ AMERICA THE BEAUTIFUL - NATIONAL PARKS AND FEDERAL RECREATIONAL LANDS PASS

#### www.nps.gov/fees\_passes.htm

The America the Beautiful - National Parks and Federal Recreational Lands Pass - Senior Pass is a lifetime pass for U.S. citizens or permanent residents age 62 or over. The cost is \$10. The pass provides access to, and use of, federal recreation sites that charge an entrance or standard amenity. The pass admits the pass holder and passengers in a non-commercial vehicle at per-vehicle fee areas and pass holder plus 3 adults, not to exceed 4 adults, at per- person fee areas - children under 16 are admitted free. The pass can only be obtained in person at the park. The Senior Pass provides a 50 percent discount on some expanded amenity fees charged for facilities and services such as camping, swimming, boat launch and specialized interpretive services. In some cases where expanded amenity fees are charged, only the pass holder will be given the 50 percent price reduction. The pass is non-transferable and generally does NOT cover or reduce special recreation permit fees or fees charged by concessionaires.

#### ■ CLINTONVILLE HIGH SCHOOL RECREATION CENTER

330 N. Harriet Street Clintonville, WI 54929

715-823-7215, Ext. 7

All county residents welcome. Fee based on residency and age.

#### ■ IOLA-SCANDINAVIA FITNESS & AQUATIC CENTER

445 S. Jackson Street Iola, WI 54945

715-445-2411, Ext. 317

#### www.iola.k12.wi.us

#### Click on Fitness & Aquatic Center.

All county residents welcome. Fee based on residency and age. Discounts apply to students (ages 12 to 17) and seniors age 60 and over.

#### ■ WAUPACA COUNTY NUTRITION PROGRAM

811 Harding Street Waupaca, WI 54981

715-258-6275

## **RECREATION: FOR DISABLED**

#### ■ THE SOAR FOX CITIES

211 E Franklin Street, Suite A Appleton, WI 54911

920-731-9831

#### www.soarfoxcities.com

Email: info@soarfoxcities.com

For Individuals with Differing Abilities

Year-round social and respite programs.

Camps: Offered for youth and adults.

Special Olympics: Basketball, softball, swimming, bowling, gymnastics, power lifting, track and field, tee-ball and golf are offered throughout the year for athletes and teams to participate in.

#### CHALLENGE THE OUTDOORS INC

901 Anderson Dr.

Green Bay, WI 54304

920-593-6300

#### www.ctoforme.org

Challenge The Outdoors is dedicated to serving the recreational needs and desires of the physically challenged sportsperson. We offer special hunts and fishing events throughout the year.

#### ■ SPECIAL OLYMPICS - WISCONSIN - WAUPACA AREA

Waupaca Area Manager: 715-258-7320 715-258-4121

• Special Olympics offer sports programs for school age children and adults within the community.

- Track season starts the year off, beginning in April and ending in June. Practices are held at the Waupaca High School - schedule determined by coach. There are a variety of events to choose from.
- Golf starts in June and runs through August.
   Practices are held at two Waupaca golf courses:
   Royal Oaks and Hidden Waters. There is no fee for participants.
- Bowling starts in September and runs through early December.
- Basketball starts in early January and runs through March.

#### UNIVERSAL PLAYGROUND

Dept. contact: 920-832-5905

#### www.appletonparksandrec.org

Located at Memorial Park off Ballard Road in Appleton. Handicapped designed. Accessible to children of all ages. The field is located on the corner of Capital Dr. and Witzke Blvd.

# **RECREATION:** CAMP FOR CHILDREN AND ADULTS

#### WEEK LONG OVERNIGHT CAMPS:

#### CAMP AWESUM

1410 Birchwood Drive St. Germain, WI 54558

#### www.campawesum.org

Email: CampAwesum@yahoo.com

Welcomes eight to sixteen year olds who are on the Autism Spectrum for a fun-filled week at summer camp. The camp is located at beautiful Moon Beach Camp in St. Germain. Wl.

#### **■** CAMP SANDY WHEELS

36 Broad Street, Suite #120 Oshkosh, Wisconsin 54903

#### **WI RESIDENTS ONLY: 920-424-4071**

Two 1-week summer sessions are available for children age five and above and to those with physical and mental disabilities.

#### **■ LIONS CAMP**

3834 County Road A Rosholt, WI 54473

#### 715-677-4969

The Lions Camp offers specific summer programs for visually impaired, deaf and hard of hearing and cognitively disabled individual's ages 9-17 years. No cost to individuals enrolled in school programs with referral from teacher.

#### ■ SPECIAL TOUCH CAMP

P.O. Box 25 • Waupaca, WI 54981

715-258-2713

#### http://specialtouch.org

For those with physical and developmental disabilities ages 10 years and older. Held at Spencer Lake Christian Center in Waupaca. Children under age 10 can attend but must bring their own caregiver. Special Touch Ministry is a national organization.

#### **■ WISCONSIN BADGER CAMP**

P.O. Box 723 • Platteville, WI 53818

# 608-348-9689 MAIN OFFICE OPEN YEAR ROUND www.badgercamp.org

For children and adults with developmental disabilities. No age restrictions. Wisconsin Badger Camp's mission is to provide a positive natural environment where individuals with developmental challenges can learn about their surroundings and realize their full potential. Through a group living experience, campers develop friendships and expand their social skills. Everyone, regardless of the severity of their disability, is welcome at Badger Camp. Camp applications are processed as received, beginning in early February, with no geographic or age limitations. Badger Camp's primary objectives are program and safety related. In essence, Wisconsin Badger Camp provides safe, fun, and unique programming in a supportive outdoor environment that is available to all individuals with developmental disabilities.

# **RECREATION:** DAY CAMPS

#### ■ CAMP HOPE

920-882-3668

### Camphope@ymcafoxcities.org

Sponsored by the Appleton YMCA and held at Plamann Park in Appleton during the summer. Camp Hope is a day camp for children ages 5-16 years who are physically and cognitively challenged as well as deaf/hard-of-hearing children. Activities include swimming, arts and crafts, singing, games and more!

#### ■ KELLER'S LAKE DAY CAMP

715-823-2823

Cindy Carrick

For individuals ages 5 years and above with developmental and physical disabilities. Usually takes place the first week in August.

#### ■ STATE PARK CAMPING/CABINS

Wisconsin Department of Natural Resources 608-266-2621 • 888-936-7463 FOR GENERAL

#### QUESTIONS (7 DAYS • 7AM-10PM)

#### www.dnr.state.wi.us

There are seven cabins for people with disabilities in Wisconsin State Parks. There are rustic cabins at Copper Falls and Blue Mound state parks and cabins with more amenities at Mirror Lake, Buckhorn, High Cliff and Potowatami state parks and Kettle Moraine State Forest-Southern Unit. Call or visit the Web site to reserve.

#### ■ SUPERVISED VACATIONS FOR ADULTS

Allows adults to travel on day or overnight trips to instate or out-of-state attractions. Supervision is provided and all costs are usually included except personal spending. Local pick-up/drop-off may be available. Able Trek Tours

800-205-6713 • 608-524-3021

www.abletrektours.com

Lamers Tour and Travel and RCDD Tours

800-832-0807

www.lamerstourandtravel.com

Going Beyond Travel

414-536-0209

#### goingbeyondtravel.com

Search Beyond Adventures, Inc.

800-800-9979

www.searchbeyond.com

# **REHABILITATION**

#### **■** BETHANY HOME

1226 Berlin Street Waupaca, WI 54981 **715-258-5521** 

#### ■ CARDIAC MAINTENANCE PROGRAM

2401 Plover Road Plover, WI 54467 **715-295-3946** 

#### ■ CROSSROADS CARE CENTER OF CRYSTAL RIVER

1401 Churchill Street Waupaca, WI 54981 **715-258-8131** 

#### ■ GREENTREE HEALTH & REHAB CENTER

70 Greentree Road Clintonville, WI 54929 715-823-2194 www.greentreehealthandrehabilitation.com

#### ■ IOLA LIVING ASSISTANCE

185 S. Chet Krause Drive - P.O. Box 237 lola, WI 54945 715-445-2412 www.iolalivingassistance.org

#### ■ LIVING OAKS ASSISTED LIVING

505 W Iola Street Iola, WI 54945 715-455-2412

#### ■ MANAWA COMMUNITY NURSING CENTER

400 E. Fourth Street Manawa, WI 54949 920-596-2566 www.manawanursingcenter.com

#### ■ NEW LONDON FAMILY MEDICAL CENTER

1405 Mill Street New London, WI 54961 Main hospital: 920-531-2000 Rehabilitation Department: 888-982-5330 www.thedacare.org

#### OFFICE FOR THE DEAF & HARD OF HEARING OF NORTH EASTERN REGION

17 Park Pl. Suite 175
Appleton, WI 54914
920-659-7317 – TEXTNET/HYLRELAY: 888-241-9430
www.dhs.wisconsin.gov/sensory

#### ■ PINE MANOR HEALTH CARE CENTER

1625 E. Main Street Clintonville, WI 54929 715-823-3135 • 866-825-9152

#### ■ THEDACARE MEDICAL CENTER - WAUPACA

800 Riverside Drive Waupaca, WI 54981 715-258-1000 ThedaCare Aquatic Program – Rehab Services: 715-258-1053 www.thedacare.org

#### ■ ST. JOSEPH RESIDENCE

107 E. Beckert Road New London, WI 54961 **920-982-5354** 

#### ■ ST. MICHAEL'S HOSPITAL

Rehabilitation Services 900 Illinois Avenue Stevens Point, WI 54481

715-346-5190

- Lymphedema Program: This is not a support group; this is a treatment to assist in dealing with this issue.
- Low Vision Program: Occupational Therapist provides tips and techniques to help those with low vision issues manage their daily activities, etc.

#### ■ WEYAUWEGA HEALTH CARE CENTER

717 E. Alfred Street Weyauwega, WI 54983 **920-867-3121** 

#### ■ OFFICE FOR THE BLIND & VISUALLY IMPAIRED

Appleton: 920-831-2090 Madison: 888-879-0017

# **RENTAL ASSITANCE**

See HOUSING

# **REPRESENTATIVE PAYEE**

#### ■ HEARTLAND EMBRACE, INC

E3443 Appletree Lane Waupaca, WI 54981 Mailing Address: P O Box 384, Waupaca WI 54981 715-412-4957

#### OSHKOSH FAMILY, INC.

36 Broad St. #300 Oshkosh, WI 54901 **920-231-9520** 

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#### **■ PAYMENT PARTNERS**

1800 Appleton Road Menasha, WI 54952

920-968-6984

800-366-8161

#### www.paymentpartner.org

A service of Financial Information and Service, Inc. (FISC) offering representative payee services and Bill Pay Program

# **RESPIRATORY THERAPY**

#### **■** LINCARE

1760 Prospect Ct. Unit 112 Appleton, WI

877-735-1261

920-735-1261

#### www.lincare.com

The mission of Lincare is to set standards of excellence for providing respiratory care, infusion, therapy and medical equipment to patients in the home. Our company's success, which is characterized by responsiveness and clinical excellence, has been founded on teh dedication of our professionals to quality care. Physicians, caregivers and patients trust Lincare to profice the quality care they expect and deserve.

### RESPITE

# See ADULT DAY SERVICES, CAREGIVER SUPPORT, DISABILITY RESOURCES, NURSING HOMES and RECREATION.

Respite care for adults and children with developmental disabilities is designed to provide caregivers with a break from their 24-hour, 7-day-a-week responsibility. Respite not only gives the caregiver a break, but also gives the person with disabilities an opportunity for growth and socialization. If the person you care for is on the Community Integration Program, the Community Options Program or the Family Support Program, these programs would cover the cost of respite. The family can also privately pay for respite.

#### FOR ADULTS:

#### ■ COMMUNITY BASED RESIDENTIAL FACILITIES (CBRF)

Group homes that serve adults with developmental disabilities. There is a set rate for respite. A free-from-communicable-disease statement from a physician is also required. See Housing – Assisted Living – Elder, Adult Family Homes.

#### **■ LUTHERAN SOCIAL SERVICES**

Respite Care 820 W. College Avenue Ste. 1 Appleton, WI 54914 920-733-2860 www.lsswis.org

#### FOR CHILDREN AND ADULTS:

#### ■ CEREBRAL PALSY OF MIDEAST WISCONSIN

Respite House 1325 Eastman Street Oshkosh, WI 54901 920-424-4073

#### **■** WAUTOMA HOUSE

402 E. Division St. Wautoma, WI 54982

920-787-4354

#### www.cpmideastwis.com

Same criteria as community based residential facilities. Offers weekend and weeklong respite options.

# ■ EASTER SEALS RESPITE PROGRAM & CAMP WAWBEEK

800-422-2324, Ext. 124

For people with physical disabilities and little or no cognitive disabilities.

Camp Wawbeek: In Wisconsin Dells the program offers both weekend (Sept.-May) and weeklong (June-Aug.) respite. One-to-one staffing is available and individuals need not be able to communicate needs.

# **SENIOR CENTERS**

See FOOD - Senior Dining Sites

#### ■ CLINTONVILLE COMMUNITY CENTER

30 S. Main Street Clintonville, WI 54929 **715-823-7667** 

#### ■ MARION SENIOR CENTER

Lions Point 325 W. Garfield Avenue Marion, WI 54950

715-754-2482

#### ■ NEW LONDON SENIOR CENTER

Washington Center 600 W. Washington Street New London, WI 54961

920-982-8522

#### ■ WAUPACA SENIOR CENTER

407 School Street Waupaca, WI 54981

715-258-4437

## **SOCIAL SECURITY**

#### ■ SOCIAL SECURITY ADMINISTRATION

607 W. Northland Avenue Appleton, WI 54911 877-694-5495 www.ssa.gov

#### ■ SUPPLEMENTAL SECURITY INCOME (SSI)

Social Security Administration

The Supplemental Security Program is a needs-based program available to people whose monthly income falls below certain limits. It pays monthly checks to people who are 65 or older, blind or have a disability and who don't own much or have a lot of income. SSI isn't just for adults; monthly checks can also go to disabled and blind children. People who get SSI usually get food stamps and Medicaid. Medicaid helps pay doctor and hospital bills.

#### ■ WAUPACA COUNTY DEPARTMENT **OF HEALTH & HUMAN SERVICES**

811 Harding Street Waupaca WI 54981 Elder Benefit Specialist:

715-258-6400

Aging & Disability Resource Center, Disability Benefit Specialist:

715-258-6400

### SUPPORT GROUPS

#### ■ AFFINITY NURSEDIRECT

800-362-9900

Affinity Health System's NurseDirect not only answers medical questions, but can provide information about their practitioners and the support groups available in your area. In addition, they offer community classes which help people of all ages be proactive in leading a healthier lifestyle. From smoking cessation to heart disease screenings, babysitting instruction to cancer support groups, childbirth education to events for seniors, Affinity Health System is committed to caring for your health.

#### ■ ALZHEIMER'S SUPPORT GROUP FOR CAREGIVERS

Wisconsin Veterans Home - Ainsworth Hall N2665 County Rd. QQ King, Wisconsin 54946

705-258-2252

#### ■ BETHANY COMMUNITY CARE MINISTRY FOR SUPPORT & COUNSELING

1226 Berlin Street Waupaca, WI 54981

715-258-5521

#### ■ BETTER BREATHERS COPD (CHRONIC OBSTRUCTIVE **PULMONARY DISEASE)**

Support group meeting 6 times per years. Offers support and eduation for those with lung diseases. St. Elizabeth Hospital 1506 S. Oneida Street Appleton, WI 920-738-2558

#### ■ BRAIN INJURY SUPPORT GROUP(S)

**SOAR Fox Cities** 211 E. Franklin Street, Suite A Appleton, WI 54911 920-731-9831

www.SOARfoxcities.com

#### CAREGIVER SUPPORT GROUP FOR FAMILY **CAREGIVERS AND FRIENDS**

Area caregiver support information. 715-258-6400

#### ■ CAREGIVER SUPPORT GROUP (LED BY BETHANY HOME)

Waupaca Senior Center

715-258-4437

2nd Wednesday of each month, 1:30 – 3:00 pm For information call Hannah at 715-942-1440

#### ■ CEREBRAL PALSY OF MIDEAST WISCONSIN

www.cpmideastwis.com (click on "down to earth") 800-261-1895

#### **■ EPILEPSY SUPPORT GROUP**

**Epilepsy Foundation of Central Northeast Wisconsin** 4105 Parkridge Drive, Ste. C Stevens Point, WI 54481

715-341-5811

#### **■** GRIEF SHARE

Shepherd Of The Lakes 153 County Rd. QQ Waupaca, WI 54981

**Bonnie Anderson: 414-350-6771** 

Meets Thursdays 6:00-8:00pm (call ahead)

#### **■ HEALING HEARTS SUPPORT GROUP**

Patient run group offering help, support and encouragement. For persons recovering from a heart attach or other serious heart problems.

900 Illinois Avenue
Stevens Point, WI

#### ■ MULTIPLE SCLEROSIS SELF-HELP GROUP

Terri: 715-412-2064 Larry: 715-258-5933

715-346-5336

Meets the third Thursday of every month. Call for information.

#### **■ PARENT SUPPORT GROUP**

Thompson Community Center 820 W. College Avenue Appleton, WI 54911 920-832-0344 (Easter Seals)

#### 800-261-1895 (Cerebral Palsy of Mideast Wisconsin)

Meetings are held the second Monday of each month. Do you care for a child with a disability? Do you wish you could connect with others who understand disability-related issues? If yes, you need to join this group.

#### ■ REMEMBERING THROUGH SHARING

920-729-2087

A support group for parents who have experienced a miscarriage, ectopic pregnancy, stillbirth or newborn death. This is a wonderful environment for sharing and growth.

#### ■ SOAR FOX CITIES

For Individuals with Differing Abilities 211A East Franklin St. Appleton, WI 54911

920-731-9831

www.soarfoxcities.com

Email: info@soarfoxcities.com

#### **Program Descriptions:**

**Special Olympics:** Basketball, softball, swimming, bowling, gymnastics, power lifting, track and field, tee-ball and golf are offered throughout the year for athletes and teams to participate in. Ext. 109.

**Kids on the Block:** An educational puppet program, which performs for young children throughout the Fox Valley providing a fun twist to educating youth about differing abilities, medical concerns and social issues. Kids on the Block is available upon request for schools, youth groups and churches. Ext. 111.

**Advocacy:** The SOAR Fox Cities provides guardianship services as well as advocacy during the individual education process (IEP). Ext. 100.

#### **■ ST. ELIZABETH HOSPITAL**

1506 S. Oneida Street Appleton, WI **920-738-2558** 

#### **BRAIN INIURY SUPPORT GROUPS:**

#### ■ ABILITY RESOURCE CENTER

115 Washington Avenue Oshkosh, WI 54901 **920-236-9230** 

920-230-9230

Second Thursday 10:30 a.m. to Noon

#### MAKING NEW CONNECTIONS

2990 Voyager Drive Green Bay, WI 54311 **920-866-9493** 

Contact: Karen Feld

Fourth Wednesday - 7:00 to 9:00 pm

#### **■** CURATIVE CONNECTIONS

2900 Curry Lane Green Bay, WI 54311 **920-593-3536** Tuesday - 5:30 to 7 p.m..

# **SUPPORT PROGRAMS & SERVICES**

#### ■ ABILITY RESOURCE CENTER

115 Washington Ave., Suite A, Oshkosh

Email Bob Poeshci: <u>bob@arcwinnebago.com</u>
2nd Thursday (alternate months) 10:30am-12:00pm

#### ADDICTION INTERVENTION TEAM

Lutheran Social Services **920-450-3915** 

#### AMERICAN CANCER SOCIETY

Patient Services: 800-227-2345 www.cancer.org



#### ■ INFORMATION AND ASSISTANCE

AGING AND DISABILITY RESOURCE CENTER (ADRC) 715-258-6400

#### www.co.waupaca.wi.us

Under Health & Human Services select ADRC and/or Aging/Disability Newsletter

#### www.youradrcresource.org

Connects older adults, their families and caregivers with much needed information, services and programs in the community. Even if an older family member lives outside of the county or state, the department will help families access the services and agencies needed. The Aging & Disability Resource Unit also publishes a quarterly newsletter – the ADRC Connection.

#### ■ MIRACLE PT. BRAIN INJURY SOCIETY

St. Nicholas Hospital/Francis Room. Sheboygen, WI **920-459-4642** 

1st Monday 6:30-8:30pm (Sept.-May)

#### ■ SOAR FOX CITIES, INC.

211 E. Franklin St. Appleton, WI 54911 **920-731-9831** 

#### www.soarfoxcities.com

Email: info@soarfoxcities.org
For Individuals with Differing Abilities

#### **■ ST. ELIZABETH HOSPITAL**

1506 S. Oneida Street, Appleton 920-725-0943 x 111 Call for information.

#### ■ TBI SUPPORT GROUP OSHKOSH

Aurora Medical Center 855 N. Westhaven Dr., Oshkosh 920-233-3655 4th Thursday, 6:30-8:30pm

# ■ WAUPACA COUNTY ARC - FOR DEVELOPMENTALLY DISABLED

45 20th Street Clintonville, WI 54929 920-982-5084 Contact: Cindy Carrick

#### PROGRAM DESCRIPTIONS:

 Down Syndrome Family Network: Monthly family gatherings are held the second Thursday of each month from 6:30 to 8 p.m. at Prince of Peace Lutheran Church, 2330 Calumet in Appleton.

- Meetings offer parents information and support. Ext. 100.
- Special Olympics: Basketball, softball, swimming, bowling, gymnastics, power lifting, track and field, tee-ball and golf are offered throughout the year for athletes and teams to participate in. Ext. 109.
- Kids on the Block: An educational puppet program, which performs for young children throughout the Fox Valley providing a fun twist to educating youth about differing abilities, medical concerns and social issues. Kids on the Block is available upon request for schools, youth groups and churches. Ext. 111.
- Advocacy: The Arc Fox Cities provides guardianship services as well as advocacy during the individual education process (IEP). Ext. 100.

#### ALS ASSOCIATION

3333 North Mayfair Rd. Suite 213 Wauwatosa, WI 53222 920-288-7095 www.alswi.org

#### ARC WISCONSIN

2800 Royal Avenue Suite 202 Madison, WI 53713 **608-222-8907** 

#### www.arc-wisconsin.org

Information about the history and current goals of Arc Wisconsin.

#### ■ AUTISM SOCIETY OF THE FOX VALLEY

1800 Appleton Rd. Menasha, WI 54952 920-968-6829 www.autismfoxvalley.org

#### ■ BRAIN INJURY ALLIANCE OF WISCONSIN

N63 W23583 Main St. Suite A Sussex, WI 53089 262-790-9660 www.biaw.org

#### **■ CEREBRAL PALSY OF MIDEAST WISCONSIN**

36 Broad Street, Suite 120 P.O. Box 1241 Oshkosh, WI 54901 920-424-4071 • 800-261-1895 www.cpmideastwis.com

#### ■ AFFINITY NURSEDIRECT

#### 800-362-9900

Affinity Health System's NurseDirect not only answers medical questions, but can provide information about their practitioners and the support groups available in your area. In addition, they offer community classes which help people of all ages be proactive in leading a healthier lifestyle. From smoking cessation to heart disease screenings, babysitting instruction to cancer support groups, childbirth education to events for seniors, Affinity Health System is committed to caring for your health.

#### ■ DOWN SYNDROME ASSOCIATION OF WISCONSIN – **FOX CITIES**

211 East Franklin Appleton, WI 54912

920-460-9494

Email: info@arcfoxcities.com

- A parent-run group that works with the ARC Fox Cities to provide information, resources and opportunities for families of individuals with Down syndrome.
- Provides new parent information packets to three area hospitals – St. Elizabeth's Hospital, Appleton Medical Center and Theda Clark Medical Center.
- Maintains an e-mail network and mailing list to keep families informed of local and statewide resources, services, organizations and activities.
- If you wish to be added to the Down Syndrome Family Network e-mail group or mailing list, please contact us.

#### ■ MARION AREA FAMILY RESOURCE CENTER

120 N. Main Street Marion, WI 54950

715-754-2491

Information and access to needed services, monthly programming, etc.

#### ■ MUSCULAR DYSTROPHY ASSOCIATION

2670 S. Ashland Ave., Suite 101 Green Bay, WI 54304 920-499-4571

www.mda.org

#### SENIOR CONNECTION

**Washington Center** 500 W. Washington Street New London, WI 54961

920-538-1511

#### ■ SIDE BY SIDE

Older Adult Alcohol and other Drug Abuse Services **Lutheran Social Services** Thompson Community Center 820 W. College Ave., Suite 1 Appleton, WI 54914 920-225-1709

www.lsswis.org

#### ■ THE WISCONSIN PARKINSON ASSOCIATION (WPA)

Parkinson Diese Support Group ThedaCare - Riverside Medical Center 902 Building, Maasch Room A Waupaca, WI 54981

715-258-1119

www.thedacare.org

#### ■ UNITED WAY 211 INFORMATION & REFERRAL

A Community Service of United Way, Fox Cities, Inc. 1455 Midway Road Menasha, WI 54952

800-924-5514

www.211now.org

#### ■ UNITED WAY OF GREATER NEW LONDON

P.O. Box 104 New London, WI 54961 920-982-4089

#### ■ WAUPACA FAMILY RESOURCE CENTER

515 School Street Waupaca, WI 54981

715-256-1621

E-mail: waupacafrc@hotmail.com Facebook: Waupaca Family Resource Center

#### www.waupacafrc.com

Information and access to needed services, monthly programming, etc.

#### ■ WISCONSIN COUNCIL ON PROBLEM GAMBLING

1585 Allovez Ave. Green Bay, WI 54303 800-426-2535 (800-GAMBLE-5) www.wi-problemgamblers.org

#### **TRANSLATOR SERVICES:** INTERPRETING SERVICE AGENCIES

#### ALTAVISTA BABEL FISH

#### www.altavista.com

With AltaVista Babel Fish you can translate passages of text or entire Web pages.

#### ■ UNITED TRANSLATORS

3701 E. Evergreen Drive Appleton, WI 54912

920-968-0040

Professional interpreters and translators.

#### **TRANSPORTATION**

#### SENIOR:

#### ■ NEW LONDON TRANSIT

New London Senior Center 600 W. Washington Street New London, WI 54961

920-982-8523

9:00 a.m. to 4:00 p.m. Monday through Friday. Service area: City limits of New London. Transportation for seniors (60 and over) and individuals with disabilities.

#### ■ R&RTRANSPORT

715-281-4169 - 24/7

#### **■** TRUCK CITY TAXI

217 Industrial Avenue Clintonville, WI 54929

715-823-7888

Service area: City of Clintonville. M-F 7:30am-5pm

#### ■ WAUPACA TAXI

705 Redfield Street Waupaca, WI 54981

715-258-2880

Service area: 6-mile radius from city of Waupaca.

#### ■ WAUPACA COUNTY VOLUNTEER TRANSPORTATION PROGRAM

811 Harding Street Waupaca, WI 54981

715-258-6279

Call and leave full name and phone number. A request for transportation requires a 72-hour advance notice. Eligibility requirements: Elder - age 60 and over, disabled - regardless of age, on Medical Assistance and/ or working with approved agency programs.

#### ■ MTM

Medicaid (M.A.) consumers must contact MTM to arrange transportation.

5117 W. Terrace Suite 400, Madison

Hours: 7:00 am - 6:00 pm

866-907-1493

www.mtm-inc.net/wisconsin

#### ■ WORK-N-WHEELS

CAP Services, Inc. 1608 West River Drive Stevens Point, WI

715-343-7110

Auto loan program designed to help income eligible families/individuals with assistance in obtaining affordable and dependable vehicles.

Car loans available at 0%. Maximum loan of \$5000.2  $\frac{1}{2}$  years to repay. Autos must be needed for work related activity.

#### SPECIALIZED:

#### ■ KOEPPEN'S MEDICAL TRANSPORTS LTS

217 Industrial Avenue Clintonville, WI 54929 **715-823-5711** 

#### **■** METRO MEDICAL TRANSPORT

E9321 Crain Road New London, WI 54961

920-982-6059

Monday through Friday 7:00 a.m. to 5:00 p.m. Saturday: 7:00 a.m. to Noon

#### ■ NEW LONDON TRANSIT

New London Senior Center 600 W. Washington Street New London, WI 54961

920-982-8523

9:00 a.m. to 4:00 p.m. Monday through Friday.

**Service area:** City limits only of New London. Transportation for seniors (60 and over) and individuals with disabilities.

#### **VETERANS SERVICES**

#### ■ BLINDED VETERANS ASSOCATION OF WISCONSIN

125 N. West St., 3rd Floor Alexandria, VA 22314 202-371-8880

202-371-0000

800-669-7079

www.bva.org

#### ■ VETERANS ASSISTANCE PROGRAM

N2665 Cty. Rd. QQ King, WI 54946

715-258-6528

For homeless veterans and veterans that are in threat of becoming homeless due to a variety of reasons. Provide safe shelter and arrange programs suited to individual needs.

#### ■ VETERANS EMPLOYMENT SERVICES

Waupaca Job Center 1979 Godfrey Drive Waupaca, WI 54981

715-258-8832

#### www.dwd.wisconsin.gov/veterans

Eligibility requirements: Military veterans with other than dishonorable discharges.

#### ■ WAUPACA COUNTY VETERANS SERVICE OFFICE

811 Harding Street Waupaca, WI 54981

715-258-6475

#### www.co.waupaca.wi.us

Click on Departments and select Veterans Services Aids veterans or their dependents in securing benefits and presenting claims under federal and state regulations.

#### ■ WISCONSIN DEPARTMENT OF VETERANS AFFAIRS

201 W. Washington Ave. P.O. Box 7843 Madison, WI 53707 800-947-8387

#### **VISION RESOURCES**

#### ■ AMERICAN COUNCIL OF THE BLIND

2200 Wilson Blvd., Suite 650 Arlington, VA 22201 **800-424-8666** 

www.acb.org

#### **■ EYECARE AMERICA - VISION RESOURCES**

The foundation of the American Academy of Ophlhalmology

We offer two programs:

1. Seniors program, for people 65 or older, U.S> citizens or legal residents, who have not been seen by an ophthalmologist in 3 or more years. They receive a medical eye exam and care for up to one year at no out-of-pocket cost for the physician's services.

2. A glaucoma program, for people determined to be at increased risk by their age, race and glaucoma family history. Those eligible and uninsured receive a glaucome exam at no charge. Those eligible with insurance are billed (normal office procedure).

877-887-6327

#### ■ FOUNDATION FOR SIGHT & SOUND

888-580-8886

www.foundationforsightandsound.org/helpamerica

#### ■ OFFICE FOR THE BLIND AND VISUALLY IMPAIRED

3262 Church Street, Suite 1 Stevens Point, WI 54481

800-382-8484, Ext. 223

#### www.dhs.wisconsin.gov/blind

Contact: Marge Lebrick

Rehabilitation specialists provide in-home instruction on independent living skills and adaptive equipment, information, resources and referral for related services.

#### ■ WISCONSIN COUNCIL OF THE BLIND & VISUALLY IMPAIRED

754 Williamson Street Madison, WI 53703 **800-783-5213** 

www.wcblind.org

The Wisconsin Counsil of the Blind & Visually Impaired is aprivate, non-for-profit agency. Its mission is to promote the dignity and independence of the people in Wisconsin who are blind and visually impaired by providing services, advocating legislation and educating the general public. Through in-home evaluations, state-wide educational events, and the Sharper Vision Store, we werve those who are in need. WCBVI is funded through an annual drive, private grands and bequests.

#### ■ WISCONSIN DEPARTMENT OF PUBLIC INSTRUCTION

813 West Wells Street Milwaukee, WI 53233

Milwaukee: 414-286-3045

Elsewhere in Wisconsin: 800-242-8822

www.talkingbooks.wi.gov

Services: Recorded books, magazines, "talking books" and playback equipment loaned free of charge.



#### **VOLUNTEER OPPORTUNITIES**

Volunteer opportunities for all ages are also available at the Senior Nutrition Dining Sites to deliver meals to the Homebound and assist with the serving of the meals.

#### AFFINITY VISITING NURSES

Home Health & Hospice Services 816 W. Winneconne Avenue Neenah, WI 54956

920-727-2000 866-236-8500

Hospice is about living each day to the fullest. It's about helping individuals dying of terminal illnesses live each day to the fullest in a pain-free environment, with dignity and peace. As a hospice volunteer, you can be a part of this incredible journey. Volunteers serve in many ways.

#### **Duties vary, but volunteers most often:**

- · Perform household chores.
- Run errands.
- · Listen to concerns.
- Keep the patient company.
- · Provide a link to the hospice staff.
- Offer support and comfort.

While caring for others, you can find new meaning in your own life, gain greater self-knowledge, and experience satisfaction from making a difference in people's lives! Volunteers often become more focused on the parts of life that matter most. Complete training and ongoing support is provided for all volunteers.

#### ■ BETHANY HOME/BETHANY PINES/BETHANY OUTREACH

1226 Berlin Street Waupaca, WI 54981

#### 715-942-1412 - Sarah Halstead

Volunteers are needed in a variety of roles that enrich the lives of residents on our campus, help support the community and fit in volunteers' busy schedules. Training and support are provided. We welcome you to share your talents, build your skills and make a world of difference while doing so.

#### ■ MINISTRY HOME CARE

Home Health & Hospice Services 2501 Main Street Stevens Point, WI 54481 Home Health: 800-397-9685

Hospice: 800-398-1297 www.ministryhealth.org

#### **HOSPICE IS ABOUT**

Hospice is about living each day to the fullest. It's about helping individuals dying of terminal illnesses live each day to the fullest in a pain-free environment, with dignity and peace. As a hospice volunteer, you can be a part of this incredible journey. Volunteers serve in many ways. Duties vary, but volunteers most often:

- Perform household chores.
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- Keep the patient company.
- · Provide a link to the hospice staff.
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While caring for others, you can find new meaning in your own life, gain greater self-knowledge, and experience satisfaction from making a difference in people's lives! Volunteers often become more focused on the parts of life that matter most. Complete training and ongoing support is provided for all volunteers.

#### RMC AUXILIARY/HOSPITAL VOLUNTEERS

800 Riverside Drive Waupaca, WI 54981

715-258-1065

Sandy Crane, Volunteer Coordinator

#### **■ VOLUNTEER OMBUDSMAN**

Board on Aging & Long-Term Care 1402 Pankratz St., Suite 111 Madison, WI 53704

800-815-0015

#### http://longtermcare.state.wi.us

The Volunteer Ombudsman program is designed to protect the rights of elder & disabled people living in long-term care facilities such as health care centers and nursing homes. To be a Volunteer Ombudsman it takes commitment, caring and concern for our aging and disabled population.

#### ■ WAUPACA COUNTY VOLUNTEER PROGRAM

Volunteers for Waupaca County's Department of Health and Human Services 811 Harding Street Waupaca, WI 54981

715-258-6277

Kristine.Wiegman@co.waupaca.wi.us

#### WAUPACA COUNTY VOLUNTEER TRANSPORTATION PROGRAM

811 Harding Street, Waupaca, WI 54981

715-258-6279

We provide volunteer transportation for elder and disabled citizens of Waupaca County with prioritized medical and nutritional transportation as the primary mission.

#### **WEATHERIZATION**

#### WEATHERIZATION - ENERGY CONSERVATION PROGRAM -ENERGY SERVICES FOR WAUPACA COUNTY

1300 Royalton Street Waupaca, WI 54981

715-258-6820

#### www.capservices.org Click on Weatherization.

Assists with home weatherization: insulation, furnace repair, etc. Must meet income guidelines. CAP Services Weatherization works with Energy Assistance offices in Marquette, Portage, Waupaca, and Waushara counties to make your home more energy efficient and to assist with heating costs. Call your local Energy Assistance office.

# AT WHAT AGE SHOULD A PERSON QUIT DRIVING?

There is no specific age at which a person can be considered too old to drive, as long as he or she remains healthy and if the declines that take place in the senses and other capabilities are normal. However, because our driver's license carries the greatest responsibility that each of us will ever have, we need to ask ourselves some questions regardless of our age.

- Do I have memory problems? Am I sometimes afraid to drive?
- Do I feel aggressive when I drive? Do I have trouble with my vision? Especially at night?
- Do I have trouble hearing? Do I take mediation that causes drowsiness, or stimulates?
- Do others honk their horn at me for no reason?
   Do I have difficulty with heavy interstate traffic?
- How can I improve my driving skills?

You may wish to discuss this with a family member or medical provider.

Remember: If in doubt, DON'T DRIVE

# YOUR LOCAL AND STATE LEGISLATORS

If you are unsure who your local legislator is, go to www.legis. state.wi.us on the Internet. Click on the "Who are My Legislator's" link and enter your address for the answer.

To find your town and/or county government representation go to www.co.waupaca.wi.us on the Internet and click on the Directory of Public Officials link.

#### **COMMUNICATION TIPS**

#### ■ TIPS ON TELEPHONING YOUR LEGISLATOR

You can also reach federal legislators through the U.S. Capitol Switchboard at (202) 224-3121.

Staff members usually handle calls to the legislator's office. Therefore, it is important to ask to speak with the staff member who handles your issue of interest. Be sure to identify yourself and request to leave a brief message with the legislator that states the purpose of your call, e.g. "Please tell Senator/Representative (Name) that I support/oppose (S.\_\_\_/H.R.\_\_\_)."

Also, it is important to state the reasons why you support or oppose the bill. You may ask for your legislator's position on the bill if it is not known and you may also request a written response to your telephone call/message.

#### **■** TIPS ON WRITING YOUR LEGISLATOR

The letter is still one of the more widely used methods of communicating with a legislator's office. Writing a letter gives you, as a constituent, the opportunity to express and defend your position on an issue. Your letter will be most effective if you follow a few simple guidelines:

- 1.) Your purpose for writing should be stated in the first paragraph of the letter. If your letter pertains to a specific piece of legislation, identify it accordingly, e.g., House bill: H. R. \_\_\_\_\_, Senate bill: S.
- 2.) Be courteous. Even if the legislator has taken positions you disagree with, be respectful.
- 3.) Get to the point quickly, and address only one issue in each letter. As a rule of thumb, it is best to limit your letter to one page.
- 4.) Be sure to include information and your own personal reasons for supporting or opposing a piece of legislation. Legislators are not only influenced by who supports legislation, but also why.

#### **■ TIPS ON EMAILING AN ELECTED OFFICIAL**

In general, the same guidelines for writing a letter apply to email messages. With an email message to a legislator, however, it is very important to include your street address in the email. This is the only way a legislator has of knowing that you are a constituent. In some instances, emails without street addresses may not receive a response.

## What you should know before you apply for Social Security Disability Benefits

#### **■** HOW DOES SOCIAL SECURITY DECIDE IF I AM DISABLED?

By law, Social Security has a very strict definition of disability. To be found disabled:

- You must be unable to do any substantial work because of your medical condition(s); and
- Your medical condition(s) must have lasted, or be expected to last, at least 1 year, or be expected to end in death.

#### ■ MY DOCTOR SAYS I AM DISABLED. IS THAT **ENOUGH TO QUALIFY ME FOR DISABILITY BENEFITS?**

No. You cannot get disability benefits solely because your doctor says you are disabled.

#### ■ I AM GETTING DISABILITY PAYMENTS FROM MY JOB OR OTHER AGENCY, CAN I AUTOMATICALLY **GET SOCIAL SECURITY DISABILITY BENEFITS?**

No. Social Security disability laws are different from most other programs. For example, Social Security does not pay benefits for partial disability.

#### ■ HOW LONG DOES IT TAKE TO MAKE A **DECISION?**

It takes 3 to 5 months to get a decision. This depends on how much time it takes to get your medical records and any other evidence needed to make a decision.

#### ■ CAN I DO ANYTHING TO SPEED UP THE **DECISION?**

Yes. You can speed up the decision by being prepared for your interview. You can also speed things up by making sure you have the information Social Security requests of you regarding your work history and medical records.

#### ■ HOW DOES SOCIAL SECURITY MAKE THE **DECISION?**

Your application is sent to a state agency that makes disability decisions. The state has medical and vocational experts who will contact your doctors and other places where you received treatment to get your medical records.

The state agency may ask you to have an examination or medical test. You will not have to pay for any examination or test. If the state does request an examination, make sure you keep the appointment.

#### ■ IF SOCIAL SECURITY DECIDES THAT I AM DISABLED, WHAT TYPES OF BENEFITS CAN I RECEIVE?

Social Security pays disability benefits under two programs:

- Social Security Disability Insurance (SSDI) for insured workers, their disabled surviving spouses and children (disabled before age 22) of disabled, retired or deceased workers.
- Supplemental Security Income (SSI) for people with little or no income and resources.

#### CAN I APPLY FOR DISABILITY BENEFITS **ONLINE?**

Yes. Simply log on to: www.socialsecurity.gov/ applyfordisabilty/ for more information about applying online. Note: You cannot apply for SSI online.

#### ■ WILL MY PERSONAL INFORMATION BE KEPT SAFE?

Yes. Social Security protects the privacy of those they serve. As a Federal agency, they are required by the Privacy Act of 1974 (5U.S.C.522a) to protect the information they get from you.

#### ■ WHAT IF I AM MORE COMFORTABLE SPEAKING IN A LANGUAGE OTHER THAN ENGLISH?

Free interpreter services are provided to help you conduct your Social Security business.

#### ■ WHERE CAN I GET MORE INFORMATION?

You can visit their website at www. socialsecurity.gov, or call 1-800-772-1213 or TTY 1-800-325-0778 for deaf and hard of hearing.

Your local Aging & Disability Resource Center (715-258-6400) may also be able to provide assistance with other questions you may have if you are disabled.

Resource: Social Security Adult Starter Kit Fact Sheet

## **CONNECTIONS TO COMMUNITY LIVING**

## Are you ready to move back home?

If you are a Waupaca County resident and are interested in this program, please contact ADRC at 715-258-6400 or your nursing home social worker.

A community living specialists will set an appointment to meet with you and your family in the nursing home.

During the meeting, the community living specialists will assess whether you are eligible for the program by:

- Discussing your health care needs
- Discussing your preferences for the type of help you need
- Discussing your personal interests and availability of family and friends
- Discussing home care and residential options and preferences
- Explaining program policies and procedures
- Discuss financial eligibility for Medicaid services

# YOU MAY BE ELIGIBLE FOR COMMUNITY RELOCATION

This program, administered through county government, is available to you if you meet the following:

- Currently reside in a nursing home and are expected to stay longterm
- Are 65 years of age or older or have a physical disability
- Your nursing home care is currently paid for by Wisconsin Medicaid
- Have an ongoing need for longterm care services



## WITH SOME HELP, YOU CAN MANAGE ON YOUR OWN AGAIN

With Connections to Community Living you may be able to live independently with services in your own home or in an assisted living environment.

The Community Living Specialists works with you to develop an individualized service plan to ensure that you have a successful transition back to the community knowing any resources available to you.

#### DEVELOPING A RELOCATION PLAN

If you would like further information on the connections to Community Living Program, speak to your nursing home social worker and they will contact the Community Living Specialist, (or you may contact the ADRC yourself) who will work with you, your family and the nursing home to:

- Determine what your needs will be and what services are available for you.
- Develop a safe plan with services for you to return to the community.
- Have conduced contact during the relocation process.
- Continue to provide information on available resources to support your long term care needs.

We are committed to giving you a choice about where you live, while making sure you receive appropriate care.



For more information call 1-866-739-2372 or visit

www.yourADRCresource.org

#### Caregiving

#### **Powerful Tools for Caregivers**

Developed by Dr. Kate Lorig and her colleagues at Stanford University. Powerful Tools for Caregivers is a national program sustained by extensive collaborations with community-based organizations. In the six weekly classes, caregivers develop a wealth of self-care tools to: reduce personal stress; change negative self-talk; communicate their needs to family members and healthcare or service providers: communicate more effectively in challenging situations; recognize the messages in their emotions, deal with difficult feelings; and make tough caregiving decisions.

Powerful Tools for Caregivers is a 6 week evidencebased workshop that has been shown to prove:

- Self-Care Behaviors: (increased exercise, use of relaxation techniques and medical check ups.)
- Management of Emotions: (reduced guilt, anger, and depression.)
- Self-efficacy (increased confidence in coping with caregiving demands.)
- Use of Community Resources: (increased utilization of community services.)

#### **CarFit: Helping Mature Drivers Find Their Fit**

CarFit is an educational program that offers older adults the opportunity to check how well their personal vehicles "fit" them.

The CarFit program also provides information and materials on community-specific resources that could enhance their safety as drivers, and/or increase their mobility in the community.

**Bring CarFit to your community!** 



**Prevention** and Wellness

#### StrongWomen™(AKA Strong Bones)

Developed by Tufts University

This training program is designed to help women become or remain fit, strong, and healthy. The benefits of strength training for middle-aged to older women have been studied extensively and include:

- Increased muscle mass and strength
- Improved bone density and reduced risk for osteoporosis and related fractures
- Reduced risk of diabetes, heart disease, arthritis, depression, and obesity
- Improved self-confidence, sleep and vitality

#### Stepping On: Falls Prevention Workshop

Developed by Dr. Linda Clemson

One in three people aged 65 and older fall at least once a year. The good news is that falls CAN be prevented! Stepping On is a seven-week workshop using adult education to develop knowledge and skills to prevent falls in older adults. The Stepping On Program focuses on how strength and balancing exercises, medication management, home safety. footwear, vision and mobility are important in preventing

#### Living Well with Chronic Disease: Self-**Management Workshop**

Developed by Stanford University

Chronic conditions may cause you to lose physical conditioning and suffer problems over many years. Examples of chronic conditions include: arthritis, heart problems, asthma, stroke, chronic pain, cancer, osteoporosis, diabetes, obesity, high blood pressure and emphysema. Learn the skills to deal with your illness, continue your normal life, and handle your emotions.

#### **Healthy Living with Diabetes**

Developed by Stanford University Based on the principles of Living Well with Chronic Conditions, this program is designed to help adults with type 2 diabetes or pre-diabetes learn selfmanagement skills and increase their confidence level in managing their diabetes. The program will cover how to deal with symptoms, appropriate exercise, healthy eating, appropriate use of medication and communicating with your health care provider.

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## We're making a difference in our community!

Because we are a part of the neighborhood, we feel a strong commitment to our patients and their families & friends. At Crossroads, we provide excellent healthcare that aligns with your needs and supports your values.



- 24 Hour Skilled Nursing
- Short & Long Term Care
- Superior Rehabilitation Services
- Comprehensive Wound Care
- Infusion Therapy

#### Crystal River .

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